

Al Amanah College

Success Through Knowledge

NEWSLETTER

"Pursuing Academic Excellence: Al Amanah College is committed to pursuing academic excellence and nurturing the individual abilities in a caring, educational and Islamic environment."

From the Principal's Office



Dear Parents, Students, Staff and Friends of Al Amanah College;

Praise be to the Lord Allah, the One with whom we seek protection, sustenance and guidance, I ask Allah to raise the rank of Prophet Muhammad and protect his nation from that which he fears for it.

It has been a real privilege to welcome back our families. I hope all of you had a pleasant break and time for rest and relaxation. It was great to see so many during our orientation days. Every person I spoke to has talked about the positive vibe Al Amanah College has.

I would like to welcome all the new families to Al Amanah College and hope they feel at home here. We look forward to establishing a strong partnership by working towards an exciting and productive year ahead.

I would also like to welcome back our staff, they have returned from the long holiday break with full energy and enthusiasm for the new school year. A special welcome back to Ms Lata, our secondary Technology teacher. This year we have six new members on our staff. I would like to welcome Miss Baddah English teacher; Dr El-Hajje-Math/ Physics Teacher; Mrs Fryer-learning support teacher and Mr Mallitt-Music and ICT teacher, Miss Kurdi and Miss Mc Gahey-Primary teachers. I know that you join me in welcoming them. We are happy to have them as part of our school community.

Our priorities for this year are clearly focused on pedagogy and communication. In the area of pedagogy, our specific focus will be on embedding our school Pedagogical Framework into our lesson design and delivery. The teaching of reading and the improvement of reading outcomes for every student will be a number one priority. Com-

munication will focus on improved communication with parents.

Our 2017 Goals are:

1. To nurture students to become well rounded, responsible community citizens through academic and social programming.
2. A whole school collaborative approach.
3. To sustain an environment of growth for teachers and students.

Again, we emphasize on the partnership between school and home. We consider it vital in the learning journey of each child. It will also strengthen the communication between students, parents and school. Consequently we remind you to provide the following:

1. Your current email address so that we can send you the school newsletter or the like.
2. Inform the administration office in writing whenever your child is absent.
3. Inform the administration and the class teacher if there are any changes to your child's medical condition.
4. Update your contact phone numbers, address and employment details if there are any changes.
5. Approach our teachers, coordinator and principal if you have any concerns about your child.

Finally, all parents are again encouraged to approach me, our coordinators or the class teacher if they have any concerns about their child's progress. We look forward to vitalising supplemental partnership with the whole community of Al Amanah College.

I look forward to our journey ahead. If we can do our best and have integrity in the way we approach life's challenges, we will enjoy a positive and productive future.

Regards,
Ayman Alwan
Principal

Dates to Remember

Friday 3 March	Clean Up Day
Tuesday 7 March	Secondary NAPLAN Trials
Friday 10 March	SRC Breakfast
Tuesday 14 March	Secondary Girls' Swimming Carnival
Wednesday 15 March	Secondary Boys' Swimming Carnival
Monday 20 March	Primary NAPLAN Trials Secondary Girls' Athletic Carnival
Tuesday 21 March	Harmony Day
Thursday 23 March	Secondary Boys' Athletic Carnival
Friday 24 - Friday 31 March	Year Twelve Half Yearly Exams
Tuesday 28 March	Years 3 - 6 Athletic Carnival
Thursday 30 March	Kindy - 2 Athletic Carnival
Tuesday 4 April	Years 7 - 12 Parent/Teacher Night
Friday 7 April	Last Day of Term One
Monday 10 - Thursday 14 April	School Office Open 9:00am - 2:00pm
Friday 14 - Monday 17 April	Public Holiday
Monday 24 April	Term Two Starts Pupil Free Day
Tuesday 25 April	Public Holiday
Wednesday 26 April	Term Two Students Day One
Tuesday 9 - Thursday 11 May	NAPLAN Examinations

BACK TO SCHOOL

Al-Azhar



University

Since the fourth Hijry year

The oldest Islamic university in the world



Al Amanah College and Salamah College have been working in partnership with University of Al-Azhar Ash-Sharif of Egypt and Darulfatwa – Islamic High Council of Australia. Their aim is to develop Islamic Studies programmes to support and equip our Islamic studies teachers with the skills and knowledge needed for teaching in the 21st century. This will undoubtedly improve the Islamic professional standing of our schools' teachers and leaders.

Al-Azhar University is today one of the most important religious universities in the Muslim world with as many as 90,000 students studying at any one time. It is arguably the chief centre for Islamic Studies and the greatest and the most influential in the Islamic world.

Our schools are pleased to announce that two of our dedicated Islamic Studies teachers have travelled to Egypt to undertake a two months professional development course to become accredited Azhary Imams. This will have a positive impact on our schools' communities as well wider Australian Community.

Our best wishes and a safe return to Mr Eid and Mr Alshafie from our Liverpool Campus.



Reminders - Reminders - Reminders

Student Attendance

School hours are from 8:15am - 3:30pm. All students must be at school at 8:15am and any pattern of continuous lateness even if a late note is obtained will result in the school calling the parents for an interview. Students need to be punctual to school in order for them to participate in the morning supplications and assembly. Lessons begin at 8:30. Students who arrive after roll call ends will need to obtain a late note from the office. These students will miss out on class time and this will affect their overall learning. It is also disruptive for the students who are punctual. We ask for your cooperation to ensure your child arrives on time in order to maximise their learning.

School Uniform

As a part of school policies, students are required to attend school with correct school uniform and proper haircuts. Teachers will be checking students' uniform every morning. Students found wearing incorrect uniform or having inappropriate haircuts will be sent to the office and parents will be contacted and asked to either bring the correct uniform or take the student home.

Please ensure your child labels all items of clothing. We have tables of lost property on display in the office area. Many of the items are new and very costly. We have numerous items such as jumpers and hats. Please ask your child to check through lost property carefully.

School Hats - 'No hat, play under the shelter'

The time has come!!! The sun's intensity is building and we need to protect the children's skin once again. For those who need a new hat, please visit the office on Tuesday to purchase one.

Student Fees

Student accounts for 2017 have been posted home. Information has been included on payment methods and options. Please visit the front office for assistance with payment.

Nut Aware School

We strive to be a 'nut-aware' environment in order to minimise risks to students. Staff members are trained to administer assistance when allergic reaction occurs. For some children an even the smallest trace of nut product can result in an allergic reaction. Please be careful with the food you send your child/ren to school with.



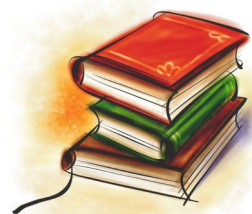
Parents/School Communication

Staff at Al Amanah College use emails together with the website for all forms of communication. The website is fast becoming a point of contact to receive an abundance of information together with all the home communication being accessible in the one place. We encourage all parents to update their details by providing us with their current email address and mobile phone numbers. Al Amanah College website enhancements include:

- Easier to navigate information about the school
- A link to our Facebook and Twitter pages
- A Calendar that gives you a full insight into the current academic year
- Online stories available through our latest News & Events
- Subscribe to our newsletter to receive our latest publications

Al Amanah College established a fast and easy communication link between teachers and parents to keep you updated and informed about class events and other important information. Therefore we ask parents and guardians to provide us with an email address which is checked on a regular basis. Some of the following will be the things communicated through email:

1. Al Amanah College - primary and secondary schools implemented a whole school token reward system. This reward system has been running successfully through an automated online 'Class Dojo.' Teachers reached the next phase of the programme, which is to provide parents with usernames and passwords to access the system. Through this system, you may monitor the behaviour of your child on a daily basis.
2. Important events reminders such as parent/teacher nights, P&C meetings and general school events.
3. Information that may not have reached you through a standard note sent home with your child.



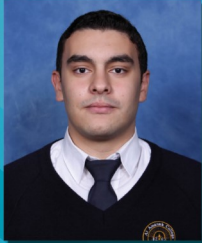
Tea and Tissues

On Wednesday 1 February, Al Amanah College invited all our 2017 kindergarten parents to a 'Tea and Tissues' morning event to commemorate the beginning of our new students' school journey. This event provided the parents with the opportunity to celebrate their child's first day of kindergarten as well as a supportive environment to say goodbye. It was an exciting day for all! Each student had an opportunity to take a special photo with their proud parent/s by a photographer, before saying goodbye and being escorted to their classroom. There were many delicious refreshments and of course plenty of tissues for those who needed it! Parents also received a special gift from the school to help with the goodbye process and mark their child's first full day at Al Amanah College. Mrs El Hawat, Ms Kurdi and Miss Mc Gahey were very impressed with the bright smiles and hard work of all of our newest students. The new students' first day went smoothly and after a few days we are very happy to see our newest students handling school life so well. A special *thankyou* goes to the Year Six students who helped make the day such a success. We are looking forward to watching all of these students learn and grow. Exciting times are ahead!



Al Amanah College End of Year Events 2016

HSC Class of 2016 - Outstanding Results



Abdulrahman El Omari
96.3 ATAR

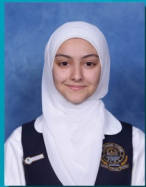


Rawan Abdo
91.9 ATAR

Congratulations to the HSC class of 2016



Aneesa Abdi-Rashid



Sana Sowaid



Sarah Alfartose



Hussam El Dana



Firas Noun



Malek El Shafie



Ali Srour



Mohammad Hazarvi

Distinguished Achievers 100% University Entries

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There were excellent achievements in 2016 for the students of Al Amanah College. The results have been outstanding and have made the college and its community very proud.

The college stakeholders have worked collaboratively to attain continuous improvement and academic excellence in all areas of schooling. Senior students of 2016 have been exemplary in carrying through the school's values with pride as well as reinforcing the academic tradition of the school. Six students were named on the Distinguished Achiever's list in various subjects including Arabic Continuers, Biology, Business Studies, Mathematics, Mathematics Extension 1 and Modern History. Congratulations to Abdulrahman El Omari, Rawan Abdo, Ali Srour, Aneesa Abdi-Rashid, Firas Noun, Hussam El Dana, Mohammad Hazarvi, Sarah Alfartose, Malek El Sahfie and Sana Sowaid for securing excellent results.

The HSC class will matriculate to university studies in 2017. A significant number of students received an offer of admission into their preferred courses in universities well before the release of the HSC results and ATAR. It is envisioned that all of our remaining students will receive offers of acceptance into various universities, in courses such as engineering, computing, sciences and various fields in humanities. Our HSC students in 2016 have carefully examined their selection of courses for studies at university in line with the dynamic nature of the changing job market especially in science, technology, finance and health care industries.

On a personal note, the Principal, Mr Alwan and staff members of the college would like to express their warmest congratulations to the Year Twelve graduates of 2016 and wish them well for all their future endeavours.

Arabic Poetry Competition

On Friday 2 December 2016, Al Amanah College Liverpool held its first Arabic Poetry Competition for grades Five and Six students. The competition focused on speaking emotively to entertain an audience. The fifteen participants spoke poetically and impressed the judges with their abilities and their fluency. The judges had a hard time choosing the best poetry presenters from both grades. After a short deliberation the Champion Presenters in each class were:

Year Six:

1. Unis Malas
2. Mohammad Al Masri
3. Lujane El Sayed

Year Five:

1. Samira Eid
2. Hadi Tabbara
3. Abdelrahman Eltayeb

Thankyou to all teachers, judges and students for a wonderful event! Congratulations to all students for their hard work in preparing their poems and representing themselves so well with confidence.

We would like to extend our thanks to parents who attended the occasion, as their support and presence is highly motivating to students. Even though three winners from each grade were chosen, all participants are winners for being selected to participate in the event. The competitors have shown superb sportsmanship with great enthusiasm.



مُباراة في إلقاء الشعر العربي

أقامت مدرستنا مدرسة الأمانة مُباراة في إلقاء الشعر العربي لطلاب الصف الخامس والسادس.

تقدّم إليها عددٌ من الطلاب، تمّ اختيارُ خمس عشرة تلميذ، تباروا أمام رفاقهم و الأهالي.

وفاز من الصفّ السادس في المرتبة الأولى الطالب يونس ملص

وفي المرتبة الثانية الطالب محمد المصري، وفي المرتبة الثالثة الطالبة لجين السيد.

وفاز من الصفّ الخامس في المرتبة الأولى الطالبة سميرة عيد

وفي المرتبة الثانية الطالب هادي طيّارة، وفي المرتبة الثالثة الطالب عبد الرحمن الطيب.

نشكُر جميع من ساهم في هذه المسابقة ونتمنى التوفيق لطلابنا الأعزاء.

المعلمة زينا دمياطي

Mawlid Celebration

Thursday 8 December 2016/9 Rabi^ul Awwal 1438

Al Amanah College – Liverpool Campus successfully held a Mawlid celebration on the occasion of the glorious birth of our Master and prophet Muhammad peace be upon him.

The celebration began with a most enchanting Nawba sequence (traditional drumming), followed by a recitation from the Holy Quran and a speech by the school's Principal, Mr Ayman Alwan.

Islamic chants were performed by both the school choir and the boys chanting band and an enlightening lesson relating the events around the Prophet's birth was delivered by the school's Imam Sheikh Amr Alshelh.

Captivating and deeply enthralling poems describing the Prophet and his great attributes were also powerfully expressed by our Year Six students. Sweets were offered to commemorate this great occasion, which had indeed delighted all.

We would like to extend our congratulations to the Muslim community on this great occasion.



Year Six Graduation

Year Six class of 2016 eagerly waited for the ceremony to begin on Monday 12 December, 2016. The hall was beautifully decorated with colourful decorations and balloons and there was a delectable dessert table abundant with delicious sweets. The students were ready to graduate! Students and their families listened to a variety of speeches from captains, executive staff and teachers before 6S, 6J and 6K presented an Islamic chant. The students also enjoyed receiving their graduation certificates/presents and cheering on their peers who were fortunate to earn a special award. The event concluded with light refreshments and a chance for families to enjoy some time together.

Year Six 2016 will be dearly missed and we wish them all the best in high school.

Miss Hall, Ms Kurdi and Mr Jamleoui
Year Six Teachers



Kindy - Year Five Presentation Day



PRINCIPAL AWARDS

Karima Alshelh	KH
Ibrahim Alshafie	KH
Saifan Ahmed	KK
Daniel Kassar	KK
Mohamad Al Boustani	1B
Sama Khashashneh	1B
Mariah El Bandar	1E
Samar Anis	1E
Iman Rifi	2H
Amar Khashashneh	2H
Ruqayah El Omari	2E
Lana Awad	2E
Aalia Najafi	3H
Omnia Abu Elhassan	3H
Mohamad El Zahab	3P
Mariam Mallah	3P
Zayan Ahmed	4R
Maheen Noman	4R
Jacob Al Sawafi	4S
Maysa El Masri	4S
Moustafa Al Hafedh	5K
Mohamad Abdo	5K
Hadi Tabbara	5N
Omar Alwan	5N
Amar Masri	5W
Ziyad Mohomed	5W
Khadija Abdallah	6J
Kamal Hassan	6J
Nabihah Siddiqui	6K
Mohamed Husseini	6K
Haniah Siddiqui	6S
Shorooq Khashashneh	6S

CONSISTENT EFFORT

Fatima El Baba	KH
Deyana Sabbagh	KH
Leena Alaany	KK
Wahib Rifi	KK
Najiyah Adnan Khan	1B
Inas Elsaj	1B
Abdullahi Jibril	1E
Lamar El Farran	1E
Zahra Sultan	2E
Tamineh Refaieh	2E
Aisha Bilajac	2H
Yousef Kandakji	2H
Danya Makouk	3H
Amaan Shah	3H
Rihanna Dib	3P
Hasan Hanon	3P
Yara Hammad	4R
Dounia El Masri	4R
Mohammed Kerdi	4S
Issra El Sayed	4S
Amani Ibrahim	5K
Ahmad Mihmid	5K
Hani Anis	5N
Phutima El Yassir	5N
Maysa Ibrahim	5W
Mustafa Al Khateeb	5W
Serene Dib	6J
Fawzi Abu Swireh	6J
Nancy Kandakji	6K
Mohamad El Masri	6K
Sherwan Khalil	6S
Muhammad Hussain	6S

VALUES

Aya Al Najar	KH
Hana Katovik	KH
Sarim Aamir	KK
Kenzie Ataia	KK
Muhammad Mouslimani	1B
Nour El Masri	1B
Azzam Krayem	1E
Angelina Abou Ali	1E
Aiyad Hassan	2E
Sedra Schanan	2E
Avan Rawanduz	2H
Mustapha Babti	2H
Gazi Awad	3H
Nadia Krayem	3H
Nadine Elmasri	3P
Dalia Diab	3P

SPORTS AWARD

Muhammad Sabbagh	KH
Elias Halabi	KK
Haya Mhimid	1B
Raghd Mhmid	1E
Deen Beganovic	2E
Isayah Safi	2H
Urwah Ali	3H
Zackeria Moussa	3P
Nora Habra	4R
Adam Abdallah	4S
Aya Baba	5K
Hadi Baba	5N
Hana Malas	5W
Lujain El Sayed	6J
Nisrine Arnaout	6K
Tianna Hoblos	6S

OUTSTANDING ATHLETE

Muhammad Hussein	3H
Bassam Sadek	3P
Ahmad El Saj	4R
Rawan Mohammed	4S
Yousef Elmalhy	5K
Muhammad El Baba	5N
Jayhad Mosleh	5W
Sam Swayze	6J
Khalif Reigal	6K
Jaad Krayem	6S



NAPLAN Achievers

Year 3

Angelina Abou Ali
Omnia Abu Elhassan
Sara Al Jebori
Moustafa Chamma
Mohamad El Zahab
Hasan Hanon
Zackaria Khaled
Abdul Raheem Mohammed
Noor Mouslemani
Aalia Najafi
Abdullah Rajab
Adam Trad
Amaan Shah
Amira Kabbout
Ahmed Kandakji
Mariam Mallah
Muhammad Khan
Muhammad Arrfat

Year 5

Noah Abdullah
Mohomed Abdo
Moustafa Al Hafedh
Thu Al Fiqar Al Jebori
Sara Al Najar
Omar Alwan
Gazi Awad
Aya Baba
Reyan Baig
Ahmed Camdzic
Samira Eid
Muhammad El Baba
Akram El Bandar
Mohomed Elibaid
Yousef Elmalhy
Abdelrahman El Tayeb
Mohammad Gondal
Nour Gouda
Hussein Hage Obeid
Amani Ibrahim
Rouzhmelad Jaafar
Amar Masri
Amir Masri
Ziyad Mohomed
Siham Nachar
Emma Saman
Tazmeen Adnan Khan
Azizanaz Nisha
Hadi Tabbara

Achievement

Laith Eid KK
Diyana El Masri KK
Roukaya Alkinani KK
Huda Khan KH
Rahaf Hassan KH
Bilal Elhallah KH
Mohammad Abduljabbar 1B
Lammar Eid 1B
Aliyah Kassem 1B
Ahmad Abdullah 1E
Mohammad Kassem 1E
Malek Babti 1E
Elhan Katovik 2H
Maira Noman 2H
Bashir Muhannad 2H
Jude Eltayeb 2E
Zaara Yasir 2E
Ghazi Rifi 2E
Zackaria Khaled 3H
Muhammad Khan 3H
Noor Mouslemani 3H
Abdul Raheem Mohammed 3P
Abdullah Rajab 3P
Aseel Kanj 3P
Fouad Karime 4R
Adam Khashashneh 4R
Mariam Srouf 4R
Muhammad Bilal 4S
Daniyal Siddiqui 4S
Safaa Karich 4S
Abdelrahman El Tayeb 5W
Yasmin Taleb 5W
Mohamed Elibaid 5W
Rouzhmelad Jafaar 5N
Siham Nachar 5N
Kawthar Aldhalimi 5N
Maram Al-Atabi 5K
Akram Bandar 5K
Samira Eid 5K
Mariam El Yassir 6J
Zeeshan Ahmed 6J
Fariza Tanzim 6J
Abubakar Abdullah 6K
Maymona Arrfat 6K
Amal El Faki 6K
Sara Dhafer Alaany 6S
Fouad Maarbani 6S
Isha Shah 6S

SRC

Haniah Siddiqui
Fouad Maarbani
Isha Shah
Rayhan Shah
Sara Alaany
Jaad Krayem
Malaak Awad
Muhammad Hussain
Nabihah Siddiqui
Nancy Kandakji
Khalid Abdi-Rashid
Ayan Rashid
Javairyra Rajputbhatti
Kamal Hassan
Marwan Bajouri
Serene Dib



Years Seven - Nine Presentation Day



Al Amanah College held its Years Seven to Nine end of year presentation ceremony on Friday 9 December. The presentation ceremony acknowledged the academic performance and achievements of the students throughout the year. Our end of year presentation ceremony is not only to award students for their efforts throughout the year, but to congratulate all students who have tried their best and contributed positively to our School environment.

Congratulations to the Years Seven to Nine award recipients for their academic achievements. Wishing them all the best for the future educational endeavours.

Year 7 Consistent Effort Awards

Ahmad Khaled	7B
Issa Awick	7B
Heba El Saj	7G
Malak Kabbout	7G
Adam Chahine	7M
Munira Al Khateeb	7M

Year 8 Consistent Effort Awards

Ibrahim Moussa	8M
Rhyanna Hussein	8M
Ayman Baltaji	8B
Muhammad Rawanduz	8B

Year 9 Consistent Effort Awards

Shadi Khazaal	9B
Adam Baltaji	9B
Aiman Tariq	9G
Diana El Wazze	9G

Year 7 Achievement Awards

Majdaldeen Sidaoui	7B
Omar Mallah	7B
Muhammad Nachar	7B
Dyala Hammoud	7G
Alae Jamous	7G
Ayah Awad	7G
Aiyah Marabani	7M
Yassmin Kabbout	7M
Maryam Tariq	7M

Year 8 Achievement Awards

Nada Khaled	8M
Tia Saad	8M
Tehreem Warach	8M
Abdullah Qadri Rajputbhatti	8B
Houssam Jamous	8B
Mohamad Farhat	8B

Year 9 Achievement Awards

Abdullah Mohamed	9B
Bahaa Al Kasem	9B
Adam Taleb Hawchar	9B
Princess Zahab	9G
Selena Abu Lebdeh	9G

Year 7 Principal Awards

Muhammad Alwan	7B
Iyad Mohammed	7B
Halima Zahab	7G
Sabrina Kfoury	7G
Nadia Abdo	7M
Rossel Alobeidi	7M

Year 8 Principal Awards

Danna Rajab	8M
Mariam Abdullah	8M
Bilal El Omari	8B
Numeer Imtiaz	8B

Year 9 Principal Awards

Mohab Aldeen Sidaoui	9B
Ali Dhafer Alaany	9B
Rouhaifa Mariam Karime	9G
Kainaat Hameed	9G

NAPLAN Awards

Nadia Abdo	Y7
Rossel Alobeidi	Y7
Halima El-Zahab	Y7
Sabrina Kfoury	Y7
Majdaldeen Sidaoui	Y7
Kainaat Hameed	Y9
Muskan Pervaiz	Y9
Mohab Sidaoui	Y9
Ali Alaany	Y9

Values Award

7 B - Mohammad Bakir
7G - Ameera Kanj
7M - Rachid Trad
8B - Ahmad Walid Dabboussi
8M - Neha Khan
9B - Mohamed Hamid
9G - Tamineh Saboune



How to pack a healthy lunchbox

When packing a lunchbox for your child, you should feel confident that you are providing them with a nutritious supply of food that will get them through the day with energy they need to function.

Follow this rule to make packing a healthy lunchbox easy:
PACK THE CORE 4 (plus 1 for active and fast growing kids)

What are the CORE 4?

- 1** Main lunch item - a sandwich, roll, wrap or salad based on grains such as pasta, rice or quinoa.
- 2** Nutritious snack - choose a snack from, the five food groups such as a cold chicken drumstick, crackers with cheese, veggie sticks and hummus, or yoghurt.
- 3** Piece of fresh fruit - whatever is in season.
- 4** Drink - always include a water bottle. Add an additional small reduced fat milk drink (less than 300ml) or a 99% fruit juice drink (less than 200ml) once or twice a week.

PLUS 1 additional snack

Every child is different and depending on their activity level or rate of growth, they may need an additional snack in their lunchbox. If this the case, we recommend choosing a fifth item from the five food groups first, such as those listed in lunchbox item number 2 (the nutritious snack). This will provide the extra nutrients some kids need.

Occasionally...

For variety and enjoyment it is alright to include an occasional "extra" item in place of this fifth snack option. Extra foods include sweet biscuits, muesli bars, packets of chips, confectionary or dry noodle products. These kinds of items should not make a daily appearance in the lunchbox, but can be added once a week for variety and enjoyment and to teach balance.



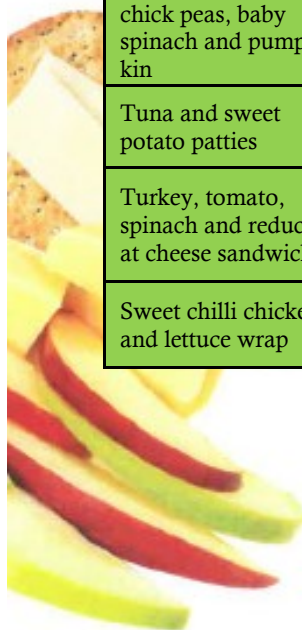


Need some inspiration?

Try these ideas for a nutritious lunch:



MAIN LUNCH	NUTRITIOUS SNACK	FRUIT	DRINK (in addition to water)	PLUS 1
Chicken, hummus and cucumber sandwich	Reduced fat cheese slices with wholegrain crackers	Apple	Chocolate flavoured reduced fat milk	Air popped popcorn
Lamb, reduced fat cream cheese and salad wrap	Sultana snack pack	Fruit salad	Water	Dry breakfast cereal
Pesto pasta salad with chicken and capsicum	Reduced fat yoghurt	Orange	99% fruit juice (22ml or less)	Vegetable sticks with dip
Egg, celery and reduced fat mayonnaise sandwich	Homemade pita chips with hummus	Frozen grapes	Reduced fat plain milk	Tinned fruit in juice
Tuna, corn, lettuce and reduced fat mayonnaise wrap	Reduced fat cheese with crackers	Fruit kebab	Water	Muesli bar (weekly extra)
Lamb and sweet corn frittata	Reduced fat custard	Banana	Water	Rice crackers or cakes with dip
Chicken salad with chick peas, baby spinach and pumpkin	Vegetable sticks with dip	Fruit salad	Strawberry flavoured reduced fat milk	Reduced fat yoghurt
Tuna and sweet potato patties	Reduced fat cheese stick	Frozen melon balls	Water	Fruit spice English muffin
Turkey, tomato, spinach and reduced fat cheese sandwich	Avocado, carrot and lettuce rice paper rolls	Apple	Reduced fat plain milk	Reduced fat custard
Sweet chilli chicken and lettuce wrap	Muesli and reduced fat yoghurt	Kiwi fruit and strawberries	99% fruit juice (200ml or less)	Small packet potato chips (weekly extra)



REMEMBER! Always pack an ice-pack or frozen water bottle with your child's lunch. This will help prevent the growth of bacteria and keep it cool until lunch time.

Healthy Kids Association
www.healthy-kids.com.au | p: 02 9876 1300 | e: info@healthy-kids.com.au

Welcome Back Assembly

On Tuesday 31 January 2017 Mr Alwan welcomed back all students with a very informative assembly on the first day back to school. The assembly included short Islamic advice, school vision and values. School formalities, 2017 important dates. Students were encouraged to approach Term One with confidence, focusing on their new learning experiences.

We wish all our students a happy and prosperous 2017.



Important Community Announcement

Al Amanah teachers provide a sufficient gate duty and they are concerned about parent driving and parking practices on Speed and Nagle Streets. The Liverpool City Council Bylaws are clearly signposted on both streets and we seek parent responsibility in regard to parking, pickup and U-turns in front of the school.

1. Before and after school: do not park or sit waiting in the pickup zone of the school. It is a no parking area. Your children will not exit the school until after 3:30pm so do not park and wait there between 3:00 pm and 3:30 pm. Arrive later if need be to give them time to come out from their classroom.
2. When arriving at the Pick Up Zone please move to the front most section of the zone so other cars can access the area safely behind you.
3. Never double park!
4. To those very few parents who cross the road from the convenience of their carpark – please model what we ask and expect students to do – use the school crossing.

Senior School BYOD and Skills of the Twenty First Century

The BYOD program was first initiated in 2015 at Al Amanah College Senior School and by the end of 2015, most of our senior students were enrolled in the program. It is hoped by the end of 2017 all senior students will bring a device every day to school. The classroom teachers are committed to using the devices in the classrooms so it is important that students who are enrolled bring them to school every day. Activities to use these devices will be planned every day. Information about the program has been previously sent to all senior students and their parents.

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