

# AL AMANAH COLLEGE

Success Through Knowledge

## NEWSLETTER

Issue 02

Thursday 29 March 2018

## Message from the Principal's Office

Dear Parents, Students, Staff and Friends of Al Amanah College;

Praise be to the Lord Allah, The One with whom we seek protection, sustenance and guidance, I ask Allah to raise the rank of Prophet Muhammad and protect his nation from that which he fears for it.

Welcome to our March newsletter for 2018. In this edition we continue to share with you the achievements of our students, as well as provide you with some important information about the 2018 academic year.

Term One always seems to be very busy and this year has been no exception. The SRC inductions, ceremonies, breakfasts, and parents' sessions were great successes. Student leaders enjoyed a beautiful breakfast with executives, teaching and non-teaching staff, I thank the SRC coordinators for making this event a successful one. A special *thankyou* to our parents and caregivers for your ongoing support of Al Amanah College. We value your commitment and look forward to working with you to help and support your child in 2018.

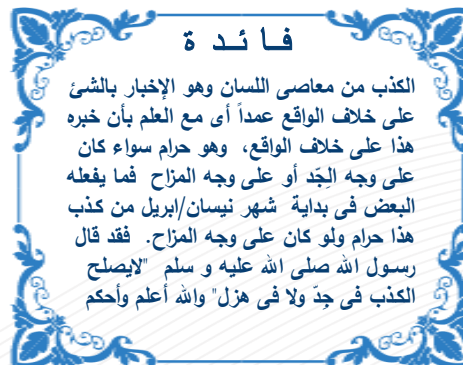
Al Amanah College has recorded outstanding results in the 2017 NAPLAN examinations, with some outstanding individual and group achievements in literacy and numeracy. Students have made the College and its community very proud. We have worked towards

continuous improvement and academic excellence in all areas of schooling. Congratulations to all the students of 2017 and good luck to the 2018 students.

Finally, on a special note, I would like to personally thank all parent helpers and volunteers for their continued support and for the time spent participating in reading groups, school assemblies and various school events. We look forward to working with all involved with Al Amanah to maintain and enrich the strong sense of community that has always set our school apart from the rest.

Regards,

Ayman Alwan  
Principal



### Dates to Remember

Friday 30 March - Monday 2 April  
PUBLIC HOLIDAY

Tuesday 3 April - Wednesday 11 April  
HEALTHY HAROLD INCURSION

Wednesday 4 April  
SECONDARY FUTSAL COMPETITION

Wednesday 4 April  
AL AMANAH/SALAMAH COLLEGE YEAR  
SIX GALA DAY

Thursday 5 April  
SECONDARY GIRLS ATHLETICS  
CARNIVAL

Tuesday 10 April  
YEARS 7 - 12 PARENT/TEACHER NIGHT  
4pm - 7:30pm

Wednesday 11 April  
SECONDARY BOYS ATHLETICS  
CARNIVAL

Thursday 12 April  
SRC EXCURSION

Friday 13 April  
AL-ISRA' WA AL-MI'RAJ  
CELEBRATION  
LAST DAY OF TERM ONE

Tuesday 1 May  
PUPIL FREE DAY

Wednesday 2 May  
TERM TWO STARTS



## الإسراء والمعراج : المعجزة الباهرة

بسم الله الرحمن الرحيم

الحمد لله رب العالمين والصلاة والسلام على سيدنا محمد وعلى إله وصحبه الطيبين الطاهرين

قال الله تعالى:

”سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا الَّذِي بَرَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ“  
سورة الإسراء

أجمع أهل الحق من سلف وخلف ومحدثين ومتكلمين ومفسرين وعلماء وفقهاء على أن الإسراء كان بالجسد والروح وفي اليقظة، لَيْلًا من المسجد الحرام إلى المسجد الأقصى.

### الإسراء

جاء جبريل عليه السلام إلى الرسول محمد صلى الله عليه وسلم فأخذه إلى المسجد الحرام وأركبه خلفه على البراق وهو دابة من دواب الجنة يضع حافره عند منتهى طرفه، ومرًّا بالمدينة وطور سيناء وبيت لحم حيث ولد سيدنا عيسى عليه السلام حتى أتيا بيت المقدس، وقد جمع الله للرسول عليه الصلاة والسلام جميع الأنبياء من آدم فمن بعده في المسجد الأقصى تشريفًا له فصلى بهم إمامًا.

من عجائب ما رأى الرسول في الإسراء:

**الذين يمشون بالغبية:** رأى قوما يخمشون وجههم وصدورهم بأطعار نحاسية قال له جبريل "هؤلاء الذين يفتابون الناس" **خطباء الفتنة:** ورأى أناسا تفرض السننهم وشفاهم بمقاريض من نار، قال له جبريل: "هؤلاء خطباء الفتنة". يعنى الذين يخطبون للشرك والفتنة أي يدعون الناس إلى الضلال والفساد والغش والخيانة. **تاركو الصلاة:** ورأى قوما ترضح رءوسهم ثم تعود كما كانت فقال جبريل: "هؤلاء الذين تتناقل رءوسهم عن تأدية الصلاة".

### المعراج

المعراج ثابت بنص الأحاديث الصحيحة وأما القرآن فلم ينص عليه نصا صريحا لكن ورد فيه ما يكاد يكون نصا صريحا. والقصد من المعراج هو تشريف الرسول بإطلاقه على عجائب في العالم العلوي وتعظيم مكانته. عرج النبي محمد صلى الله عليه وسلم ومعه جبريل عليه السلام إلى السماء الأولى فوجدا فيها آدم عليه السلام، وفي الثانية عيسى وفي الثالثة يوسف عليه السلام، وفي الرابعة إدريس عليه السلام، وفي الخامسة هارون عليه السلام، وفي السادسة موسى عليه السلام، وفي السماء السابعة إبراهيم عليه السلام. فائدة جليلة: إن الله خالق السموات السبع وخالق الأماكن وخالق كل شئ. كان الله موجودا قبل خلق الأماكن كلها وهو الذي لا يحتاج إلى شئ. قال الإمام علي رضي الله عنه: "كان الله ولا مكان وهو الآن على ما عليه كان." أي كان الله قبل خلق المكان بلا مكان وبعد أن خلق المكان هو موجود بلا مكان، وحسبنا قول الله تعالى: "لَيْسَ كَمِثْلِهِ شَيْءٌ" أي لا يشبه شيئا من مخلوقاته ولا يوصف بصفة من صفات المخلوقات. أما اعتقاد أن الرسول صلى الله عليه وسلم وصل إلى مكان في السموات أو فوق السموات هو مركز لله تعالى فهو ضلال وتكذيب لقوله تعالى: "لَيْسَ كَمِثْلِهِ شَيْءٌ" وقوله تعالى: "وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ" أي لا شبيه ولا مثل له.

من عجائب ما رأى الرسول في المعراج:

البيت المعمور: وهو بيت مشرف في السماء السابعة هو لأهل السماء، الملائكة، كالكعبة لأهل الأرض كل يوم يدخله سبعون ألف ملك يصلون فيه ثم يخرجون ولا يعودون أبدا. سدرة المنتهى: وهى شجرة عظيمة أصلها في السماء السادسة ثم تعلق إلى ما فوق السابعة. الجنة: وهى دار السلام والنعيم. وهى موجودة فوق السموات السبع.



## The Miracle of Al-Isra' and Al-Mi'raj

Praise be to Allāh, the Lord of the Worlds, the One Who exists without a place. May Allāh raise the rank of Prophet Muḥammad and his kind Al and Companions and protect his nation from what he fears for them. The miracle of al-Isra' is confirmed in the Qur'an. In Surat al-Isra', Ayah 1, Allāh said:

”سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا الَّذِي بَارَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ“

Which means: (Praise be to Allāh Who enabled His slave, Muḥammad to make the journey at night from Masjid al-Ḥaram in Makkah to Masjid al-Aqsa in Jerusalem, which is surrounded by a blessed land). This journey is also confirmed in the ṣaḥīḥ ḥadīth. As such, there is scholarly consensus (ijmā') Prophet Muḥammad journeyed in body and soul on the night of al-Isra' from Masjid al-Ḥaram in Makkah to Masjid AL-Aqsa in Jerusalem. Moreover, these scholars indicated the person who denies al-Isra' is a blasphemer for belying the explicit text of the Qur'an.

### Al-Isra'

Angel Jibrīl came to the Prophet with buraq one of the animals of Paradise. The buraq is very fast animal; the length of the buraq's stride is the farthest distance its eye can see Jibrīl and the Prophet mounted the buraq then it set forth.

The Prophet and Jibrīl arrived to al-Madinah then to Tur Sinā', then to Bayt Lahm, where Prophet ʿIsa (Jesus) was born, until they entered the city of Jerusalem. There the Prophet went to Masjid al-Aqsa where Allāh assembled for him all the Prophets-- from ʿĀdam to ʿIsa. Prophet Muḥammad moved forward to led them all in prayer. This is an indication the Prophet is higher in status than all the rest of the prophets and messengers.

On Prophet Muḥammad's journey from Masjid Al-Ḥaram to Masjid al-Aqsa, Allāh enabled him to see some of His wondrous creations. The Prophet saw people whose lips and tongues were clipped with scissors made of fire. Jibrīl told the Prophet "These are the speakers of sedition (fitna) who call people to misguidance."

The Prophet saw angels smashing some people's heads with rocks. These heads would return to the shape they had been, and then the angles would smash their heads again-- and so on. Jibrīl told the Prophet, "These are the ones whose heads felt too heavy to perform prayer--the ones who used to sleep without praying."

The Prophet saw people scratching their faces and chests with brass finger nails. Jibrīl said, "These are the examples of those who commit gossip (ghibah)."

### Al-Mi'raj

After the Prophet took this night journey from Masjid al-Ḥaram to Masjid al-Aqsa, he ascended to the upper heavens. There, Prophet Muḥammad saw Prophet Adam. Then Prophet Muḥammad ascended to the second heaven where he saw Prophets ʿIsa and Yahya then Prophet Yusuf in the third, Prophet Idris in the fourth. In the fifth heaven, the Prophet encountered Harun. On the sixth heaven he encountered Prophet Musa. And in the seventh heaven, saw Prophet Ibrahim.

Some of the wondrous creations Prophet Muḥammad saw in the Mi'raj:

Al-Bayt ak-Ma'mur: which is to the angels, is like the Ka'bah is to us. Every day 70,000 angles go there; then exit from it, and never return. This will continue until the Day of Judgment.

Sidrat al-Muntaha: a very big and extremely beautiful tree. Its beauty is beyond description.

Then the Prophet ascended to what is beyond the seven skies; he entered Paradise. In Paradise, the Prophet saw some of the bounties Allāh prepared for the inhabitants of Paradise.

We ask Allāh that we would all die as Muslims. We ask Allāh to bestow on us the bounty of entering Paradise without torture. And Allāh knows best.

## Term One Holidays

The College would like to remind all parents that the last day of Term One will be on Friday 13 April 2018. Classes will resume on Wednesday 2 May 2018.

## Uniform Expectations

Wearing school uniform provides a sense of pride and identification, as well as improving the tone and atmosphere. On some occasions and after many warnings we had to send students home to put on their uniform in full or to fix their hairstyle. However if some students arrive to school with a non-compliant school uniform or hairstyle they would be sent to the front office immediately and the parents would be contacted to pick them up and bring them back to school with the proper uniform and hairstyle. In order to avoid such situations, please make sure to check your child's hairstyle, uniform and shoes and have them arrive to school on time. The same follow-up and consequence will apply to female students who arrive to school wearing make-up and nail polish. They will be sent to the front office until the situation is rectified. A notice to the teacher must be provided if your child is out of uniform. Starting Term Two your child/ren are to wear winter uniform.



## NAPLAN Preparation Session and Parent Workshop

Al Amanah College held its first of four NAPLAN Saturday Preparation Sessions on Saturday 24 March 2018. These sessions are a valuable opportunity for students to practice a range of NAPLAN skills in a supportive small group setting with our knowledgeable teachers. Students worked through a program designed to show them a range of NAPLAN-style questions and strategies that can be used in the exams.

Parents also participated in a NAPLAN information workshop. The Primary and Secondary Coordinators Ms Sahyouni and Mrs Dabboussi both presented detailed presentations focused on key Literacy and Numeracy skills and NAPLAN success criteria.

The remaining sessions are as follows:

Term one: 7 April

Term two: 5 May and 12 May

## Food Allergies

Some students are allergic to the protein in common foods. Contact with the food can be life threatening and induce what is called an anaphylactic reaction, usually within minutes of exposure.

The most common triggers of anaphylaxis are:

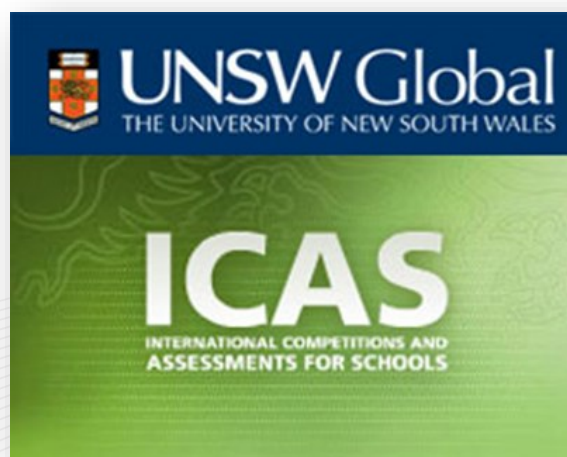
- Peanuts
- Tree nuts
- Cow's milk
- Egg
- Wheat
- Soy, and
- Fish and shellfish



## ICAS Competitions

The International Competitions and Assessments for Schools (ICAS) are independent skills-based assessments with a competition element. The ICAS is unique, being the most comprehensive generally available suite of academic assessments and school tests for primary and secondary school students. The assessments comprise tests in Digital Technologies, English, Maths, Science, Spelling and Writing. Each year, students at Al Amanah College sit for the ICAS and each year we are delighted with the results our students achieve.

A reminder to all parents to put your forms in to sign up for the ICAS tests at school this year. The forms were handed out earlier this year. They are a great opportunity to see how your child tests on a national scale across a variety of disciplines and the formal feedback after the tests is very informative, detailed and thorough.



## 2018 SRC Induction Ceremony

2018 SRC Induction Ceremony was held on Thursday 1 March 2018, at the school's Grand Hall. The induction ceremony was officially opened by the newly elected Year Eleven captains Ali Alaany and Tamineh Saboune. It was a ceremony dedicated to acknowledging the forty primary and the forty-two high school students who have been elected by their teachers and peers. These students will be effectively representing their respective cohort by communicating their diverse needs and demonstrating their leadership and communication skills within the school and wider community.

To further emphasise the importance of leadership skills, the school Principal Mr Alwan acknowledged and congratulated the newly elected SRC who will be working collaboratively with the school in initiating changes for the betterment of the school and the wider community. This was followed by an enlightening religious speech by Shaykh Samer Alshafie Al-Azhary who emphasized the importance of leadership for the betterment of the Muslim community in order to effectively spread the true call of Islam. This was followed by Year Six and Year Twelve school captains who each gave an insightful speech about the significance of upholding the school core values through their newly appointed leadership positions. Year Six school captain Maysa El Masri explained the importance of participating in school fundraising initiatives and embracing the values and the ethics of the school. Year Twelve school captain Israh Zahr provided a heartwarming speech, in which she focused on the role and values of women in Islam through the examples of honorable and pious Islamic women figures. Year Six captain school Nour Al Kasem stated his commitment to honouring the school rules and being an important role model to all primary students. In addition, Abdullah Rajab's speech in Arabic encompassed the importance of leadership and being a role model within the school and wider community.

The ceremony ended with students being officially inaugurated into the SRC by receiving their prestigious badges. This was closely followed by Year Three - Twelve Captains and SRC pledge, whereby they emphasised that they will uphold the values of Al Amanah College as young Australian Muslims.

The elected SRC students must be congratulated on their achievement of obtaining a prominent position within the most respected school student society and most importantly in becoming a leader of the school and wider community.



## Years Three - Six Leaders

<b>3A</b>	
<b>Class Captains:</b>	Zahra Al Sawafi Adem Bilajac
<b>Class Vice Captains:</b>	Noor Kfoury Khaled Bajouri
<b>3B</b>	
<b>Class Captains:</b>	Inas Elsay Sarim Aamir
<b>Class Vice Captains:</b>	Aliyah Kassem Malek Babi
<b>3H</b>	
<b>Class Captains:</b>	Mariah EL Bandar Mohamad Al Boustani
<b>Class Vice Captains:</b>	Mohammad Abduljabbar Lamar Eid
<b>4D</b>	
<b>Class Captains:</b>	Muhannad Muslemani Lana Awad
<b>Class Vice Captains:</b>	Douha El Wazze Hammam Maarbani
<b>4S</b>	
<b>Class Captains:</b>	Zaara Yasir Omar Hamdani
<b>Class Vice Captains:</b>	Salim Alwan Amar Khashashneh
<b>5K</b>	
<b>Class Captains:</b>	Omnia Abu El Hassan Abdullah Rajab
<b>Class Vice Captains:</b>	Adam Trad Danya Makou
<b>5I</b>	
<b>Class Captains:</b>	Noor Mouslemani Ali Zeinelabdein
<b>Class Vice Captains:</b>	Muhammad Khan Tippyhan Hassan
<b>6P</b>	
<b>Class Captains:</b>	Yara Hammad Daniyal Siddiqui
<b>Class Vice Captains:</b>	Abdullah Jirjees Alyssa El Masri
<b>6J</b>	
<b>Class Captains:</b>	Jibril El-Khatib Mariam Srouf
<b>Class Vice Captains:</b>	Adam Mazloum Dina Ahmed
<b>Primary School Captains:</b>	◆ Nour Al Kasem ◆ Maysa El Masri
<b>Primary School Vice Captains:</b>	◆ Adam Khashashneh ◆ Jana Moussa

## Years Seven - Twelve Leaders

<b>7B1</b>	<b>Captain:</b> Yousef Hakouz <b>Vice Captain:</b> Mohamad Abdo <b>SRC:</b> Liyana Kabbout	<b>9M2</b>	<b>Captain:</b> Iyad Mohamad <b>Vice Captain:</b> Halima Elzahab <b>SRC:</b> Ayah Awad
<b>7B2:</b>	<b>Captain:</b> Omar Hussein <b>Vice Captain:</b> Jowad Moussa <b>SRC:</b> Ziyad Mohammed	<b>10B</b>	<b>Captain:</b> Houssam Jamous <b>Vice Captain:</b> Numeer Imtiaz <b>SRC:</b> Mohammad Rawanduz
<b>7G</b>	<b>Captain:</b> Emma Rasool <b>Vice Captain:</b> Rabia Imtiaz <b>SRC:</b> Liyana Kabbout	<b>10M</b>	<b>Captain:</b> Rhyanna Hussein <b>Vice Captain:</b> Majeda Hawchar <b>SRC:</b> Balsam Chams
<b>8B</b>	<b>Captain:</b> Taha El Saj <b>Vice Captain:</b> Rayhan Shah <b>SRC:</b> Ismail Dabboussi	<b>11B</b>	<b>Captain:</b> Ali Alaany <b>Vice Captain:</b> Adel Kandakji <b>SRC:</b> Mohab Sidaoui
<b>8G:</b>	<b>Captain:</b> Khadija Abdullah <b>Vice Captain:</b> Levalia Moukhallatati <b>SRC:</b> Sarah Shwan	<b>11G</b>	<b>Captain:</b> Tamineh Saboune <b>Vice Captain:</b> Diana El Wazze <b>SRC:</b> Malak Ayash
<b>8M</b>	<b>Captain:</b> Mohammad Chamma <b>Vice Captain:</b> Fatima Azzahara <b>SRC:</b> Ahmad Sultan	<b>12B</b>	<b>Captain:</b> Abdullah Rajab <b>Vice Captain:</b> Yusuf Sabbagh <b>SRC:</b> Firas Hawat
<b>9 M1</b>	<b>Captain:</b> Ibrahim EL Sayed <b>Vice Captain:</b> Sabrina Kfoury <b>SRC:</b> Shereen Baltaji	<b>12G</b>	<b>Captain:</b> Israh Zahr <b>Vice Captain:</b> Sakena Alwan <b>SRC:</b> Zeinab Imtiaz



## Clean Up Australia Day

On Monday 5 March, Clean Up Australia 2018 the newly elected Al Amanah SRC members showed their commitment by cleaning up as part of the cleaning up Australia Day campaign. The female SRC members actively participated by cleaning up Nagle Street playground and the male SRC members and other volunteers cleaned the Speed Street playground and the park across the school.

Students were able to collectively understand the importance in preserving and conserving the local environment. The Clean up Australia Day initiative is an ongoing and long-term commitment that forms part of the SRC 'in the bin' campaign which enables students to actively throw their rubbish in the bin. We hope to see this initiative inspiring students to keep their local environment clean.

*Thankyou* to all the students who actively participated on the day.



## 2018 Senior Rugby League Gala Day

Al Amanah College participated in the Senior Rugby League Gala day which was held on Wednesday 14 March 2018.

Skills, speed and strength were on show at the rugby league gala day. The boys played four games winning two, drawing one and losing one.

The attitude of the team was outstanding as they progressed well throughout the day. Adam Chahine was a standout player from all schools receiving plenty of praise from the NRL officials present on the day.

Al Amanah continues to develop and produce terrific players in the west district. It was great to see the students also developing into young men with fantastic sportsmanship skills.



## Junior Rugby League Gala Day

At the 2018 NRL Gala Day, Thursday 15 March 2018, Al Amanah College demonstrated outstanding sportsmanship and a dominant performance.

The students took it upon themselves to help another school when they saw that they weren't as strong as other teams. We allowed them to score and enjoy a fun day at the competition.

We dominated the day and finished the competition undefeated. We won four games by scoring 13 tries in all games combined.

A massive thank you to Mr and Mrs Abdullah for supporting our players and providing them with plenty of water throughout both days.

We are proud to say the students have continued to develop into fine athletes and we hope to see them playing at a representative level in the future.





## Harmony Day – Al Amanah College Liverpool Campus

On 21 March, Al Amanah College celebrated Australian multiculturalism and cultural diversity based on the successful integration of migrants into our community. Harmony Day is about everyone having a sense of belonging, respect and inclusiveness. Al Amanah consists of people with different cultures from around the world. The colour orange signified communication and brought us all together with everyone's freedom of ideas and encouragement of mutual respect.

On this day, the high school SRC successfully held a fundraiser which consisted of a high school barbecue with options of lamb, kefta, chicken, sausages and drinks. Many students contributed with helping and cleaning on this harmonious day. The day really signified unity, inclusiveness to ensure 'everyone belongs'.

The primary SRC held a cake stall at recess and lunch. Students were asked to donate different cakes to sell on the day. These were accompanied by delicious orange spider drinks. Many SRC students assisted in setting up and selling food during this time. Students of Al Amanah worked together to construct a banner which consisted of different coloured hand prints of the students which was displayed in the school playground. Students wore orange shirts to support the idea of Harmony Day and participated in Harmony Day activities in class. Celebrating Harmony Day was a very important event and it was a day where students came together to acknowledge different diverse cultural backgrounds.

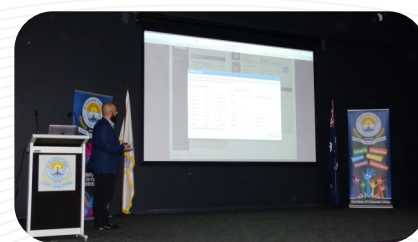


## Al Amanah College Liverpool Campus Principal - Parent Session

Al Amanah College held its Principal-Parent information session for all parents on Thursday 22 March 2018, week eight of term one.

The information session was very successful and informative. We thank all parents who attended the session. The information presented was vital regarding the parents' involvement with their children's education and outlined the school-parent communication methods used at Al Amanah College.

During the information session, we introduced the new school portal - Igloo and we explained its many functions in detail. All families are reminded to have their email addresses registered on the school's system in order to receive an email containing a username and password that can be used to log in to our new school parent portal - igloo. The portal will give all parents access to important information about their children, including attendance, excursions, assessment data and much more.





## Star Student of the Week



### K - 1

Week 3

Week 4

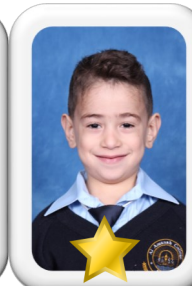
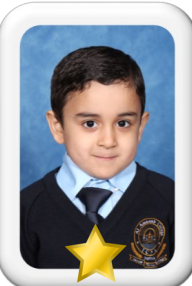
Week 5

Week 6

Week 7

Week 8

Week 9



Suraya Elmasri

Zerryn Mina

Noah Maarbani

Jad El Masri

Melek Abduljabbar

Jacob Adra

Laylah Alzubaydi

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### 2 - 6

Week 3

Week 4

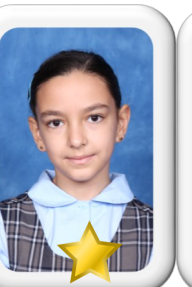
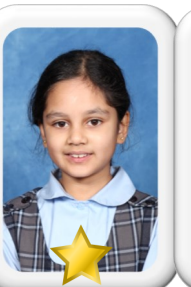
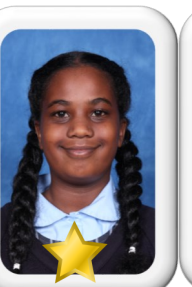
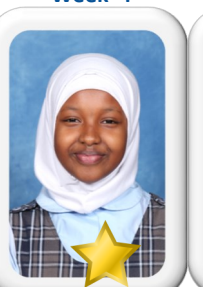
Week 5

Week 6

Week 7

Week 8

Week 9



Dalia Rawanduz

Dina Ahmed

Adam Trad

Tippyhan Hassan

Zaara Yasir

Ruqayah El Omari

Sherin El-Ghurani

6P

6J

5K

5I

4S

4D

3B



## National Day of Action against Bullying and Violence

### National Day Against Bullying

On Friday 16 March, Al Amanah College took part in the National Day Against Bullying. Teachers and students took part in activities that addressed and educated students about bullying. Knowing exactly what bullying is and understanding why it happens is critical to finding positive and lasting solutions for everyone involved. All primary students viewed various videos that educated them on different aspects of bullying including what bullying means, how to stop it from happening, ideas and strategies to prevent bullying, what you can do as a bystander and who to speak to if it continues. Teachers and students had class discussions about the topic, clarifying any enquiries or questions the students had.

BULLYING. NO WAY!

## Primary School Athletics Carnival

The Primary Athletics Carnival was held on Tuesday 20 March at Dwyer Oval. Students had a wonderful day and showed fantastic sportsmanship. Students participated in the field events and running races. *Thankyou* to our parent volunteers who helped make lunch for the students. It was a nice way to end the day.

Congratulations to the Newcombe team for coming first place.



## 2018 Premier's Reading Challenge

The PRC is back again at our School! The challenge is a great way of inspiring your children to read more books and promoting a love of reading for pleasure and leisure, and to enable them to experience quality literature. Please encourage your children to enter the challenge. They will receive the Challenge Competition Certificate if they can complete the Challenge before 31 August 2018.

Please return the permission notes by 30 March 2018. Those who have returned their permission notes to their class teachers can start the Challenge immediately. Passwords are available from the class teachers. Please start early as in August the students will be busy with Book Week celebrations.

**2018 NSW PREMIER'S READING CHALLENGE**

K-9 STUDENTS START READING NOW!

OPENS MONDAY 5 MARCH 2018 CLOSES FRIDAY 31 AUGUST 2018

[www.premiersreadingchallenge.nsw.edu.au](http://www.premiersreadingchallenge.nsw.edu.au)

NSW GOVERNMENT mEa news[local] DYMUCKS DYMUCKS

## Secondary School Swimming Carnivals

Al Amanah College secondary school swimming carnivals were held on 13 and 22 February and were a huge success. Teachers and students all participated in what turned out to be an enjoyable and eventful day. With an emphasis on participation and competition, students showed their house pride by competing in as many events as possible, ranging in all sorts of swimming styles and distances, as well as novelty events and free time in the pool to enjoy amongst friends.

As always, house themes were passionately contested with each house given the chance to chant as loud as they could for their colours.

We congratulate and recognise every student for trying their hardest in the carnival, and thank all teachers involved for their co-ordination and supervision of the event. Overall, it was a successful and fun event for everyone involved, and an excellent display of our positive school culture.

The winning colours are:

First: Fraser 715 points

Second: Lillie 709 points

Third: Bradman 667 points

Fourth: Newcombe 660 points



## Year Ten Principal's Parent Information Session

Year Ten Principal/Parent information session was held on Tuesday 27 February in the Grand Hall at Al Amanah College. The Principal, Mr Alwan highlighted the following key messages during the event:

- ◆ College Expectations – Year Ten students are strongly encouraged to prioritise their academic achievements by implementing goals oriented study plan consistently throughout the year.
- ◆ Parent involvement – Parents and care givers play a vital role in facilitating academic excellence of their children by consistently communicating with teachers and Al Amanah executives regarding progress achieved by students and matters relating to behaviour when they arise.
- ◆ Communication Modes – There are a range of platforms of communication inclusive of Class Dojo, Emails, SMS, pre-arranged face to face meetings and

the use of phone calls are existing methods of communication which need to be harnessed better to ensure the best possible academic outcome of students.

- ◆ Igloo – Investment into Igloo - a new platform of parent communication will further strengthen communication between the school and home. Parents will be able to access real time information such as attendance records, school events such as excursion details & incursions, student timetables as well as academic records pertaining to assessment tasks and learning tasks. Effective use of Igloo will further facilitate effective communication and follow up on student attainments.

Attendees were also delighted to learn about the scholarship program to be offered to five students from the 2018

Year Eleven cohort. The scholarships will become an annual program as of 2018 academic year. 2018 Year Ten students will have an opportunity to benefit from the scholarship programme.

The event concluded with Year Ten subject teachers and parents taking advantage of the opportunity to discuss student academic progress.

The executive staff and teachers look forward to building a stronger involvement of parents to maximise student success at Al Amanah College.



## Year Eleven Geography Fieldwork - Collaroy

Year Eleven Geography students took an active part in completing their fieldwork activities at Long Reef beach at Collaroy accompanied by Year Eleven Geography class from Salamah College. The Year Eleven students used a number of specialists' equipment such as a clinometer soil testing kits to investigate size of sand dunes, soil type and measure moisture content of the lithosphere. Conducting fieldwork investigations to consolidate learning carried out in classroom environment is an integral part of teaching and learning in all Geography courses.

Year Eleven Geography class will now proceed to synthesise their fieldwork data to write a report as an assessment of learning on biophysical interactions.

Students and teachers from Al Amanah College and Salamah College enjoyed the day out at Long Reef and Collaroy beaches and are looking forward to extending their understanding of coastal environment in the forthcoming HSC course.



## Year Ten Geography Fieldwork Excursion - Cronulla



Studies in the Year Ten Geography course requires students to undertake fieldwork investigation to apply their knowledge of geographical processes in the environment. The students are studying the forces that shape and change coastal environments such as sand dunes, beaches and headlands. As such, the Year Ten cohort undertook fieldwork investigation of the coastal ecosystem at Cronulla on 12 March accompanied by four teachers.

Students used techniques such as observation and recording, measurements and sketch work to gather fieldwork data on geographical processes such as erosion and deposition of sand. Students will now proceed to complete their assessment of learning using their primary data collected during the excursion.

Students and teachers had a great day out at Cronulla.

## Peer Support Programme

Throughout term one, Year Ten leaders have been actively participating in the 2018 peer support programme. The programme is an integral part of the induction of Year Seven students into their life at our school. It focuses on developing communication skills, self-confidence and self esteem.

Al Amanah College has designed this Peer Support Programme to ease the students' transition from Year Six (primary) into Year Seven. Year Seven students have been actively participating in the programme and showing great enthusiasm towards their Year Ten leaders/mentors by learning and building important resilient and self-esteem skills.

A big *thankyou* goes out to the Year Ten students for displaying excellent leadership skills and Year Seven for being well behaved throughout each session.



## Year Nine Commerce Excursions

Shopping? Yes please! On Monday 12 and Tuesday 13 March, Year Nine Commerce classes headed over to Liverpool Westfield for a fun, yet very educational trip. During the bus ride, we learnt about the different types of retail outlets and how they compete and the thought-out places in which they are located. Better yet, once we arrived at Westfield (which we learnt is a planned centre) we saw the retail outlets in a new light. We were astonished at the many different strategies implemented by retailers to attract consumers, and convince them that their products are the best. We strolled around the centre, noting down different prices of the same products sold by competing stores; ending the trip in the food court for a quick, yet filling lunch. We would like to thank Miss Baker and Mr Awad for organising this excursion for us, and for helping us apply our learning in the real world!



Nadia Abdo  
Year Nine student

## رحلة الصف العاشر إلى المطعم

قامت كلية الأمانة بتنفيذ رحلة لطلاب الصف العاشر إلى مطعم للمأكولات الشرقية. والسبب من وراء القيام بهذه الرحلة هو إنهاء وحدة تعليمية عن الطعام والشراب وشملت كذلك الهرم الغذائي. الأهداف التعليمية لهذه الرحلة تضمنت التالي:

1. أن يستعمل الطالب المصطلحات باللغة العربية التي تم دراستها حول المواضيع الآتية: التغذية السليمة - الهرم الغذائي - الوجبات الغذائية والمشروبات الغازية.
  2. أن يدرك الطالب مدى أهمية التغذية السليمة لضمان سلامة الجسم.
  3. أن يتعلم الطالب النظام الغذائي السليم.
  4. أن يتعرف الطالب على مجموعات الأغذية المختلفة وتصنيف المأكولات إلى مجموعات.
  5. أن يتعرف الطالب على الهرم الغذائي وفئاته وأهميته وأضرار كل فئة.
  6. أن يكتسب الطالب معلومات حول التغذية السليمة.
  7. أن يركز على أهمية الوجبات المتنوعة التي تحتوي على مواد من جميع مجموعات الأغذية.
  8. تنمية الوعي للأكل الصحي من جميع مجموعات الأغذية والتقليل من الحلويات.
- وقد كانت رحلة مفيدة إذ استعمل الطلاب المصطلحات لطلب الطعام والشراب باللغة العربية.



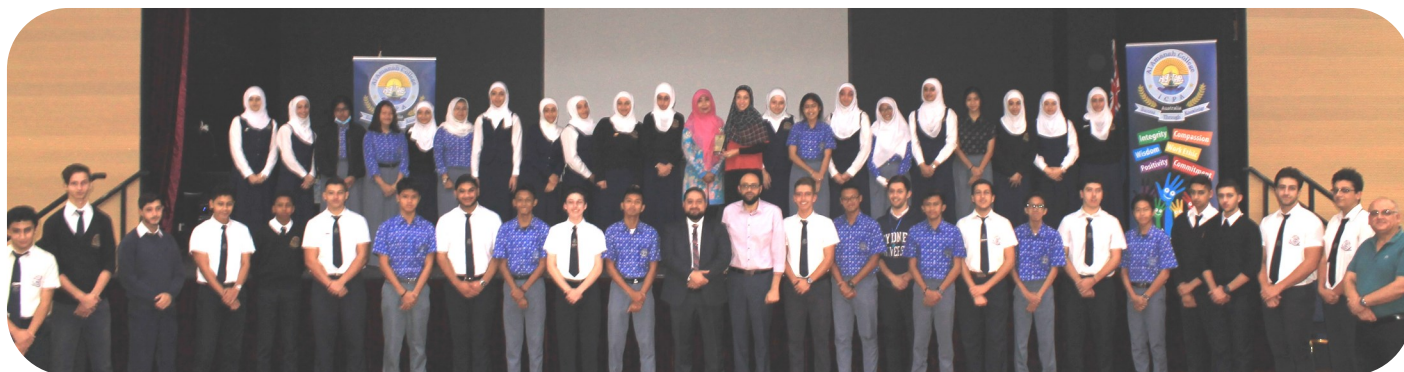
## Year Twelve Visual Arts

On Wednesday 14 March 2018 Year Twelve Visual Arts students were given the valuable opportunity to visit the Art Gallery of NSW. With the HSC Body of works due date coming closer, students were involved in a HSC study lecture that focused on the practical component of the Visual arts course. The attending class was thoroughly informed and given helpful advice on the journey, challenges and highlights of body of work completion. Students viewed a selected variety of artworks of distinctive expressive form from the 2017 HSC band six submitted artworks across the state in ARTEXPRESS for 2018. The visit gave students a comprehensive understanding of completing the body of work to its full potential. By attaining valuable information from past art HSC students, the students were given a positive kick start to begin their major art body of work for 2018 Visual Arts NESA submissions.

Banine Alfartose and Mrs Najafi



## Indonesian School visit



On Monday 19 and Tuesday 20 March 2018, Al Amanah College welcomed our special international Indonesian guests from SMAN 14 Jakarta State High School Six into our school campus. Our distinguished guests consisted of Year Ten and Eleven international students, teachers and a tour guide who exclusively selected Al Amanah College to gain a valuable insight into the Australian educational system.

Upon arrival students were welcomed by the school principal Mr Alwan, who greeted the guests and provided them with an overview of the school and emphasised for the students to have an enjoyable learning experience whilst at Al Amanah College. Mr Alwan requested the students were required to reflect upon their journey by writing down a journal entry of their important highlights of their day.

So their reflections started with a self-guided tour around the school and they were given the opportunity to experience first-hand learning in various subjects and disciplines including English, Geography and Business Studies. Students interactively engaged with the shared learning experience with Al Amanah senior students and eagerly took down important notes from each lesson.

The international students then proceeded to pray in congregation with students and teachers and then this was followed by lunch, where the male students played a friendly soccer match with Al Amanah High school students. The girls mingled and engaged in conversation with our very friendly and enthusiastic girls.

Day two of the visit involved a morning assembly with senior Al Amanah students and executive staff. The assembly started with school vice-captain and MC Yusuf Sabbagh, who introduced school captain Abdullah Rajab, who enlightened the guests with a beautiful recitation from The Holy Quran. This was proceeded by Mr Alwan calling upon the international students to come to the stage and recount their experiences from their journals.

As a token of appreciation and gratitude for the prestigious visit, Mr Ayman Alwan presented each special guests with a special gift bag. After Mr Alwan's words, he introduced Sheikh Alshelh Alhazary the school's Imam and religious teacher who provided the attendees with a beautiful religious lesson that emphasised the interconnected roles of Darulfatwa and Al Amanah College in spreading the true creed and knowledge of Islam and to remain steadfast on the correct teachings of our beloved Master and Prophet Muhammad Peace and blessings upon him. This was closely followed by a short video projection highlighting some of Al Amanah's achievements over the past years.

The guests were presented with a private lunch at Al Khayal in Greenacre in honour of their visit. To conclude a short but rather eventful day, photos were taken with the SRC leadership team, and with the teachers and students who participated in this gathering.





## Year Ten Mock Job Interviews

Year Ten students participated in mock interviews on Thursday 22 March as they prepare for work experience during week ten of term three. Work experience not only entails experience in a workplace but how to write cover letters, writing resume and essential communication skills. The interview process is an integral part of any employment prospect. Therefore, the mock interviews have given our students the opportunity to train for interview.

The interviews went very well and the students learnt valuable lessons outlook how to conduct themselves during an interview. The facilitator was excellent and had an instant rapport with our students.

The purpose of a job interview is twofold: It offers the employer valuable insight into the personality and abilities of a candidate and it allows students the chance to discern whether their credentials and career goals match up with what the company seeks.

Important tips from Nikki Heald from Corp Training for a successful interview:

Job interview preparation.

The most important step to landing a job is being prepared for interviews. By doing some preparation students will feel more in control, and will appear cool, calm and collected as a result to their prospective employers - qualities always looked for in the perfect candidate.

### 7-Step Interview Prep Plan

1. Research the organization. This will help you answer questions - and stand out from less-prepared candidates. ...
2. Compare your skills and qualifications to the job requirements. ...
3. Prepare responses. ...
4. Plan what to wear. ...
5. Plan what to bring. ...
6. Pay attention to non-verbal communication. ...
7. Follow up.
8. Practice good nonverbal communication. ...
9. Dress for the job or company. ...

10. Listen. ...
11. Do not talk too much. ...
12. Do not be too familiar. ...
13. Use appropriate language. ...
14. Do not be cocky.

The mock interviews conducted were extremely beneficial and motivational and boosted our knowledge of our near future. The presentation taught us the importance of resumes and cover letters and also enhanced our understanding of job applying and the factors involved with interviews. On behalf of the Year Ten cohort we would like to thank CorpTraining and particularly Nikki Heald for an eye opening speech and a wonderful day.

Mariam Abdallah, Nada Khaled, Tia Saad  
Year Ten students



## Senior Students Corner

What academic goals have you set for 2018?

Write your goals down, then you will be forced to be specific about them. You can refer to them throughout the year and you can see how you measured up in the end. Share your goals with friends and family as this will add some accountability. It is good to have others asking how you are going and helping to provide focus on the goal ahead. Finally, if you experience difficulty setting goals or do not know where to start then seek help. Your D.P, coordinator, year advisor or class teacher will be more than willing to help. It is a proud feeling to set goals and achieve them.

You need to set SMART goals this year!

A SMART goal is:

- Specific (and strategic): Linked to marks or ranks within a course and/or overall School goals and strategic plans.
- Measurable: The success toward meeting the goal can be measured. Ask yourself the question—How can I measure my progress towards this goal?
- Attainable: Goals are realistic and can be achieved in a specific amount of time and are reasonable.
- Realistic and Relevant (results oriented): The goals are aligned with current tasks and projects and focus in a defined area.
- Time framed: Goals have a clearly defined timeframe including a target or deadline date.



Promoting and influencing healthy food choices for children

## Six Tips to Get Your Children Eating More Vegetables



Here is how you can 'pledge to eat more vegetables' as a family!

- Set a goal to try a new vegetable each day - cauliflower, beans, capsicums, carrots, zucchini, sweet potatoes and cabbage are all in season now
- Include vegetables at snack time - carrot sticks, cucumbers or celery sticks with hummus make a great snack for kids
- Add an extra serve of vegetables to the dinner table each night
- Get your kids to help with preparing dinner - if they help to cook it, they are more likely to eat it!
- Talk about how vegies are grown, where they come from and how they get from the farm to the table
- Check out some of kids-friendly recipes that incorporate vegetables - because it should not be hard!



**Don't stop in a NO STOPPING zone**

**Penalty: \$330\* and 2 demerit points**

**LIVERPOOL CITY COUNCIL**

Liverpool City Council Road Safety Initiative \* Penalty applies in school zones. Minimum fine, subject to change

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