

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Issue 03

Monday 27 May 2019

Message from the Principal's Office

Dear Parents, Students, Staff and community of Al Amanah;

Praise and thanks are due to our exalted God 'ALLAH' the lord of the worlds, the one who decreed all what happens in the universe and the one with whom we seek protection, sustenance and guidance. We ask him to enlighten our hearts with the knowledge of the holy Qur'an and all types of beneficial education and learning. May Allah raise the rank of our prophet Muhammad, peace and blessing be upon him, and protect his nation from that which he fears for it.

At Al Amanah College, we believe that a successful education is all about inspiration; inspired teaching to drive academic achievement, and responsible adult role modelling to encourage emotional intelligence. Students of Al Amanah College have progressed in leaps and bounds. Our students are growing in various ways, our nurturing environment prepares them for any path they choose after their schooling years.

On the occasion of one of the greatest miracles "Al-Isra' & Al Miraj" of our dearest prophet and master Muhammad. On Friday Thursday 5 April in the School Grand Hall a celebration was held. Students from Kindergarten to Year Twelve enjoyed their time as they listened to Qur'an recitation, a religious lesson about the occasion and Islamic chants. Well done to all the students who performed on the day. This term promises to be a very eventful and exciting one. We conducted many incursions, excursions and educational activities associated with Islamic events, the annual Ramadan competitions and Eid Ul Fitr fete which will be held soon.

NAPLAN testing was conducted from Tuesday 14 May through to Thursday 16 May. Students completed tests in language conventions, reading, writing and numeracy. The results will be received in Term Three and they will assist the school in gaining more understanding of how our students are progressing. The results will provide us with important information which allows us to develop our programmes and provide activities targeting learning needs.



On behalf of Al Amanah College staff, I would like to extend best wishes to our students and their families and friends on the holy month of Ramadan and Eid Ul Fitr. We ask Allah ta'ala to accept all of our good deeds and to gather us in Paradise with our beloved Prophet Muhammad peace be upon him.

Finally, I would like to thank parents and carers for their continued support and our teachers and administration staff for their dedication towards school's mission. I am looking forward to vitalizing supplemental partnership with the whole community of Al Amanah College. Eid Mubarak!

Yours Sincerely,

Ayman Alwan
Principal

Dates to Remember

TUESDAY 4 - THURSDAY 6 JUNE

Eid Ul Fitr Break

MONDAY 10 JUNE

Public Holiday

TUESDAY 11 JUNE

Year Five Excursion

WEDNESDAY 12 JUNE

Eid Fete

MONDAY 17 JUNE

School Photo Day

WEDNESDAY 19 JUNE

Year 6 Bike Safety

FRIDAY 21 JUNE

Year Ten Vaccination

THURSDAY 27 JUNE - 4 JULY

Years 7 - 10 Exams Start

MONDAY 1 JULY

Year 12 Trial Exams

FRIDAY 5 JULY

Last Day of Term Two



رَمَضَانُ الرَّحْمَةِ
RAMADAN OF MERCY



Reminders - Reminders - Reminders

2020 Enrolments

Al Amanah College is now accepting applications for enrolments for Kindergarten to Year Eleven students. A child born between 1 August 2014 and 31 July 2015 will be eligible for Kindergarten in 2020. Expression of Interest forms may be downloaded from the school website or collected from the admin office at 55 Speed St, Liverpool. Expression of Interest form with supporting documents ie; birth certificate, Immunisation certificate and latest school reports, are to be dropped off at the front office.

School Photos

'The School Photographer' will be at the school on Monday 17 June, 2019. Photograph order envelopes have been sent home. If you would like to get sibling photographs, please ask your child to collect an envelope from the front office. All envelopes must be sent with the student/s on the day whether you wish to make a purchase or not.

Uniform Expectations

Wearing school uniform provides a sense of pride and identification, as well as improving the tone and atmosphere. On some occasions and after many warnings we had to send students home to put on their uniform in full or to fix their hairstyle. However if some students arrive to school with a non-compliant school uniform or hairstyle they would be sent to the front office immediately and the parents would be contacted to pick them up and bring them back to school with the proper uniform and hairstyle. In order to avoid such situations, please make sure to check your child's hairstyle, uniform and shoes and have them arrive to school on time. The same follow-up and consequence will apply to female students who arrive to school wearing make-up and nail polish. They will be sent to the front office until the situation is rectified. A notice to the teacher must be provided if your child is out of uniform. Starting Term Two your child/ren are to wear winter uniform.

Food Allergies

Some students are allergic to the protein in common foods. Contact with the food can be life threatening and induce what is called an anaphylactic reaction, usually within minutes of exposure.

The most common triggers of anaphylaxis are:

- Peanuts
- Tree nuts
- Cow's milk
- Egg
- Wheat
- Soy, and
- Fish and shellfish



الأحاديث الأسبوعية

Hadiths of the Week

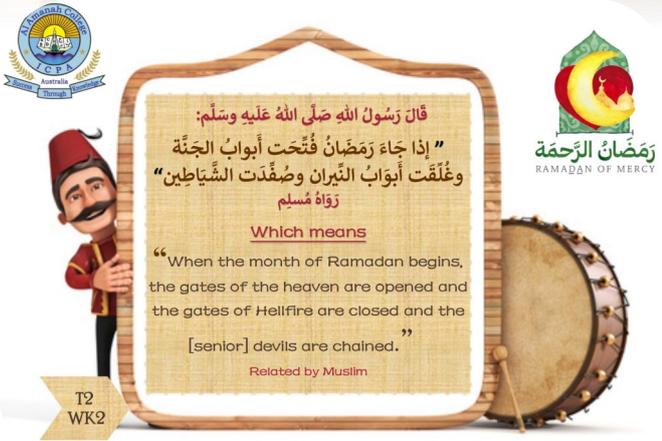
قال رسول الله صلى الله عليه وسلم: "أفضل الأعمال إيماناً بالله ورسوله" رواه البخاري
Which means:
The best of the deeds is the belief in Allaah and His Messenger



قال رسول الله صلى الله عليه وسلم:
"التاجر الصدوق يحشر يوم القيامة مع النبيين والصديقين والشهداء" رواه الترمذي
Which means: the truthful merchant will be assembled on the Day of judgment with the Prophets, highly righteous and martyrs.



قال رسول الله صلى الله عليه وسلم:
" إذا جاء رمضان فتحت أبواب الجنة
وغلقت أبواب النيران وضفت الشياطين"
رواه مسلم
Which means
"When the month of Ramadan begins,
the gates of the heaven are opened and
the gates of Hellfire are closed and the
[senior] devils are chained."
Related by Muslim



قال رسول الله صلى الله عليه وسلم:
«الشهر تسع وعشرون ليلة فلا تصوموا حتى تروا الهلال
فإن غم عليكم فأكملوا العدة ثلاثين»
رواه البخاري ومسلم
Which means:
«the lunar month is twenty-nine (29) nights so do not fast
until you sight the crescent. However, if it was cloudy then
complete the count to thirty (30) days».
Al- Bukhariyy & Muslim



قال رسول الله صلى الله عليه وسلم:
"أفضل الصدقة صدقة في رمضان" رواه الترمذي
Which means: "the best of donations is the one made in Ramadan"



قال رسول الله صلى الله عليه وسلم:
"الصيام والقراء يشفعان للعبد للعبد يوم القيامة"
رواه الإمام أحمد
Which means:
Fasting and Qur'an intercede for the slave on Judgment Day



Eid Prayer and Recommended Acts on the Day of Eid

Eid prayer can be performed in congregation, or individually any time between sunrise and noon. The best time of the *Eid* prayer is after the sun has reached the height of a spear (approximately 20 minutes from sunrise).

However if one missed it one should make it up. The *Eid* prayer is not preceded by the *adhan* (the call to announce the prayer time) or *iqamah* (the call to start prayer).

The one who performs the *Eid* prayer must satisfy the conditions and avoid the invalidators of prayer. The *Eid* prayer consists of two *Rak'ahs*.

It is initiated with the opening *takbir*, with the intention to perform *Eid* Prayer with the *Imam*, followed by the opening supplication, and seven *takbirs*. In between each *takbir* of the seven *takbirs* one recites the following du'a':

"*Subhanallah, walhamdulillah, wala ilaha illallah, wallahu akbar*". Then one recites *al-Isti'adhah* (seeking refuge with Allah from the *shaytan* by saying "

A'outhu billahi minash-Shaytanir-Rajeem"), *Suratul-Fatihah* and *Surat Qaf* or *Suratul al-'Ala* alternatively. In the second *rak'ah* one says five *takbirs* before reciting the *Fatihah* followed by *Suratul-Qamar* or *Suratul-Ghashiyah*.

If one started with the *Fatihah* leaving out any or the entire *takbirs*, one's prayer is still valid, however one would miss out on the reward of the *takbirs*. Hence, one should continue with one's prayer order.

After the prayer, it is recommended that the *Imam* delivers two speeches (same as the Friday speech) starting with nine *takbirs* in the first half of

the *khutbah* and seven in the second. The *Imam* should teach the people the rules of breaking the fast, visiting one's relatives, and other significant matters pertaining to *Eid*.

Recommended acts on the day of Eid

- * It is *sunnah* on the day of *Eid* to have a bath before going to the prayer.
- * To wear perfume.
- * To clip one's fingernails.
- * To wear the best of one's clothes.
- * To take different routes to and from the *Eid* prayer.
- * To go early to the mosque excluding the *Imam*.
- * It is *sunnah* to have a light snack such as dates or the like before going to the prayer.
- * Walking to the prayer place.
- * Saying *takbirs* of *Eid* is highly recommended after the sunset of the last day of *Ramadan* and remains until the *Imam* says the opening *takbir* of the *Eid* prayer. This includes saying *takbir* in one's home, the market places, mosques, and the streets.
- * Congratulating one another on the day of *Eid* is rewardable, as both *Ibn Hajar* and *Al-Bayhaqiyy* stated.
- * It is *sunnah* to spend the night preceding the day of *Eid* in acts of worship such as praying or the like. Prophet *Muhammad* (peace be upon him) used to pray *Eid* prayer consistently as it is *sunnah mu'akkadah*.

The first *Eid* prayer that the Prophet performed was in the second year after the *Hijrah* (migration).

Meaning of the Eid Takbirs

1. Allah is Great
2. No one is God except Allah.
3. Allah is Great and Praise is due to Allah.

4. Allah is Great.
5. Many praise is due to Allah.
6. Praise to Allah at the beginning of the day and at the end of the day.
7. No one is God except Allah
8. He fulfilled His promise and gave Victory to His slave.
9. He strengthened His soldiers and He alone defeated the *Ahzaab*.
10. No one is God except Allah.
11. We do not worship anyone but Him.
12. Our worship is dedicated only to Him.
13. Even if the non-believers hate it.
14. We ask Allah to raise the status of (our master) *Muhammad*,
15. And the *Al* (Muslim wives and relatives) of our (master) *Muhammad*,
16. And the *sahabah* (Companions) of (our master) *Muhammad*.
17. And the *Ansar* (The people of *Madinah* who supported the Prophet) of (our master) *Muhammad*,
18. And the wives of (our master) *Muhammad*,
19. And the descendents of (our master) *Muhammad*, and save the (Muslim) Nation of (our master) *Muhammad*.
20. Oh Allah forgive me and my parents, and have mercy on them for the great efforts they exerted in raising me.



زكاة الفطر وأحكامها

اعلم يا أخي المسلم وفقنا الله وإياك لطاعته أن الفرائض هي أفضل ما يُتقرب بها إلى الله عز وجل ومن جملة هذه الفرائض المتعلقة بشهر رمضان زكاة الفطر. وزكاة الفطر تجب بإدراك جزء من رمضان وجزء من شوال بأن كان حياً عند غروب شمس آخر يومٍ من رمضان. وعلى هذا تجب على الولي عن المولود الجديد الذي وُلد آخر أيام رمضان وأدرك جزءاً من شوال. والمسلم يُخرج زكاة الفطرة عن نفسه وعن من عليه نفقتهم إن كانوا مسلمين. ومن كان له أبوان مسلمان فقيران وجب عليه أداء الزكاة عنهما. ويجب على الرجل المسلم فطرة زوجته وأولاده الذين هم دون البلوغ. وأما الابن والابنة البالغين فلا يجب على الأب دفع زكاة الفطر عنهما وإنما يؤدي الولد البالغ عن نفسه إن استطاع وإن لم يستطيع جاز لأبيه أن يدفع له أو عنه بإذنه. وإنما تجب زكاة الفطر على من عنده مالاً فاضلاً عن دينه وكسوته ومسكنه وقوتٍ من عليه نفقتهم يوم العيد وليلته. وأما مقدار الزكاة التي يجب إخراجها عن كل واحد صاعٌ من غالب قوت البلد. وفي بلاد الشام ونحوها يخرجون قدر ملء كفين معتدلين أربع مرات من القمح وهو المسمى بالصاع. وعند السادة الحنفية: نصف صاعٍ من بر، أو دقيقه أو سويقه، أو صاع من شعير أو دقيقه أو سويقه أو تمرٍ أو زبيبٍ أو قيمة ذلك. ولا بد من النية في أداء الزكاة وهو أن ينوي زكاة الفرض لقوله صلى الله عليه وسلم: **” إنما الأعمال بالنيات ”** أي أن الأعمال الصالحة لا تكون معتبرة إلا بالنية. وتُعطى زكاة الفطر لأي صنف من الأصناف الثمانية المذكورة في القرآن الكريم المستحقين للزكاة كالفقير والمسكين.

Zakah of Fitr

The *Zakah of Fitr* is due on every Muslim who is alive part of *Ramadan* and part of *Shawwal* (the month after *Ramadan*.) According to *Imam ash-Shafi'iy*, the due *Zakah* for each is a “*sa*” or four “*mudds*” (the fill of a pair of average-sized hands cupped together) of the most common staple food of one's area. However, according to *Imam Abu Hanifah*, the due *Zakah* is three “*mudds*” of wheat or six “*mudds*” of dates, barley or raisins. Alternatively one may pay the value of these “*mudds*”. **In Australia, it is estimated to be about \$ 5.00 (Year 2019).** One intends that any amount in excess of the due *Zakah* is given as a charitable donation.

It is an obligation upon the Muslim to pay the due *Zakah* for one and one's Muslim dependants if on the day of the Feast of *Fitr* (*Eid-ul- Fitr*) and the night after it one has enough to meet one's debts, clothing, lodging, and sustenance, and the sustenance of those whom one must support.

The man must pay the *Zakah of Fitr* for his wife, non-pubescent children, and poor Muslim parents. He may not pay for his pubescent children or solvent parents without their permission. It is permissible to pay the *Fitr Zakah* any time during *Ramadan*, even on the first night. However, it is recommended to pay it during the day of the Feast and before the *Eid Prayer*, because this mends the hearts of the poor people before the Prayer. It is prohibited to delay paying the *Fitr Zakah* until after the sunset of the day of the Feast without an excuse.

Recipients of Zakah

For all types of *Zakah*, the intention is obligatory upon setting one's *Zakah* portion aside or paying it to the deserving people. *Zakah* must be paid to the eight categories of Muslims deserving of *Zakah* as mentioned explicitly in the *Qur'an* (*at-Tawbah*, 61):

﴿ إنما الصدقاتُ للفقراء والمساكين والعاملين عليها والمؤلفة قلوبهم وفي الرقاب والغارمين وفي سبيل الله وابن السبيل ﴾

Those (who are poor) who earn less than half their basic needs (*al-fuqara*);

Those (who are poor) who earn half, but less than what meets all their basic needs (*al-masaqin*);

The *Zakah* workers who are assigned by the caliph (*al-amiluna alayha*);

The new converts to *Islam* whose hearts are to be reconciled (*al-mu'allafatu qulubuhum*);

The slaves who are short in satisfying their contract for purchasing their freedom from their owners (*ar-rigab*);

Those who are unable to pay their debts (*al-gharimun*);

The volunteer fighters (*fi sabilillah*);

The travelers who do not have enough to enable them to reach their destination (*ibn-us-sabil*).

It is neither permissible nor valid to pay *Zakah* to other than those eight types of Muslims specifically mentioned above. Hence, it is not valid to pay *Zakah* to any charitable project, hospital, or the like.

May Allah accept your deeds in this Blessed Month, and may Allah make this Ramadan a fruitful and joyous month for the Muslims at large.

Term One Events

مدرسة الأمانة تهنيء الجميع بذكرى معجزة الإسراء والمعراج

كلية الأمانة الإسلامية تحتفل في ذكرى الإسراء والمعراج ١٤٤٠ هـ سدي تحت شعار "الإسراء والمعراج رحلة النور"

احتفاء بذكرى الإسراء والمعراج أقامت كلية الأمانة الإسلامية في ليفربول- سدي حفلة إنشادية في قاعة الأمانة الكبرى حضرها مدير المدرسة الاستاذ أيمن علوان والفريق العامل في مدرسة الامانة وطلاب المرحلتين الإبتدائية والثانوية كما حضرها جمع من أهالي الطلاب.

بعد كلمة الترحيب من عريف الحفل وتلاوة آيات من القرآن الكريم ألقى الأستاذ علوان كلمة بالمناسبة هنا فيها الحضور من أهالي ومعلمين وطلاب بهذه الذكرى العظيمة .

وبعد كلمة المدير ألقى الشيخ سامر الشافعي الأزهري كلمة دينية تناولوا "قصة الإسراء والمعراج وما فيها من معاني ودروس وعبر".

كما قدم بعض طلاب من المرحلة الإبتدائية قصائد في هذه المناسبة العظيمة.

وقدم فريق الأمانة الناشئة مجموعة من الأناشيد الخاصة بالمناسبة ولقد تميزوا بأدائهم وسط تفاعل كبير من الطلاب والأهالي.

نتقدم من طلابنا وأهاليهم الأعزاء بأحر التهاني بهذه المناسبة العظيمة راجين من الله تعالى ان يعيدها علينا وعليكم بالخير واليمن والبركات. وكل عام وأنتم بخير.



The Miracle of Al-Isra' and Al-Mi'raj

On Friday 5 April - Al Amanah students, teachers and parents celebrated the blessed occasion of the Miracle of Al Isra' and Al Mi'raj under the slogan "Journey of Enlightenment". The Year Eleven Vice Captain and MC Walid Dabboussi began the formalities with officially opening the Islamic ceremony.

The occasion was marked with a beautiful recitation from the Holy Qur'an from Year Ten student Nada Kerdi. This was preceded with the college principal Mr Alwan welcoming the parents and distinguished guests for attending the blessed endowment and the recognition of the school in facilitating and spreading the true creed of Islamic knowledge and reflected on the great occasion of the Miracle of Al Isra' and Al Mi'raj.

This was preceded by Sheikh Samer Al Shafie Al-Azhary who provided an insightful Islamic lesson about the Miracle of Al Isra' and Al Mi'raj (Journey of Enlightenment).

The miracle of al-Isra' is confirmed in the Qur'an. In Surat al-Isra', Ayah 1, Allah said:

Which means: (Praise be to Allah Who enabled His slave, Muhammad to make the journey at night from Masjid al-Haram in Makkah to Masjid al-Aqsa in Jerusalem, which is surrounded by a blessed land). This journey is also confirmed in the sahih hadith. As such, there is scholarly consensus (ijma') Prophet Muhammad journeyed in body and soul on the night of al-Isra' from Masjid al-Haram in Makkah to Masjid AL-Aqsa in Jerusalem. Moreover, these scholars indicated the person who denies al-Isra' is a blasphemer for belying the explicit text of the Qur'an.

After the Prophet took this night journey from Masjid al-Haram to Masjid al-Aqsa, he ascended to the upper heavens on stairs called al-Mirqat. Allah enabled the Prophet to see some of His wondrous creations on that night including the Arsh which is the largest creation of Allah; Allah created the Throne as a sign of His power and not to sit on it.

This was followed by a poetic recitation in Arabic about the Journey of Enlightenment by Lujain El Muzain and a group of Year Five students. Concluding this blessed occasion and celebration the talented Al Amanah Chanting band enlightened our ears with lovely Nasheed about our beloved Prophet Mohammed (*Peace and Blessings be upon Him.*)

Sweets were offered to commemorate this great occasion, which had indeed delighted all.

We would like to extend our best wishes and congratulations to the Muslim community on this great occasion.

وبهذه المناسبة نتقدم من جميع أبناء أمتنا عموماً وأبناء جاليتنا خصوصاً بأطيب الأمنيات وأعز التهاني سائلين الله تعالى التوفيق والسداد وأن يعيد علينا هذه الذكرى بالأمن والأمان والبركات.



زيارة الأمين العام للمجلس العالمي للمجتمعات المسلمة من دولة الامارات العربية المتحدة لمدارس الأمانة

بسم الله الرحمن الرحيم

الحمد لله والصلاة والسلام على رسول الله وعلى آله وصحبه.

قام السيد الأمين العام للمجلس العالمي للمجتمعات المسلمة من دولة الامارات العربية المتحدة الدكتور محمد البشاري برفقة أمين عام دار الفتوى المجلس الاسلامي الاعلى في استراليا سماحة الشيخ الدكتور سليم علوان الحسيني بزيارة لمدرسة الأمانة فرع ليفربول وذلك نهار الإثنين ٨ نيسان ٢٠١٩ الموافق في ٣ شعبان ١٤٤٠ هـ. التقى الدكتور محمد البشاري والشيخ الدكتور سليم علوان بالفريق التربوي من مدرءاء ومدرسين ومشايخ وبعض الطلاب وأهاليهم وعلى رأسهم الأستاذ محمد الدنا مدير مدارس الأمانة ورئيس المكتب التربوي في أستراليا ومدير مدرسة الأمانة فرع ليفربول الأستاذ أيمن علوان.

بعد ذلك رحب منسق مادة الدين للمرحلة الثانوية الشيخ شادي القاسم الأزهرى بالحضور وعلى رأسهم الدكتور محمد البشاري وسماحة الشيخ الدكتور سليم علوان وتحدث عن إنجازات مدارس الأمانة ومن بعدها تم تقديم وعرض لبعض طلاب الأمانة لما يحفظونه من القرآن الكريم والأحاديث النبوية الشريفة والعقيدة المرشدة في بيان عقيدة أهل السنة والجماعة التي كان يقرؤها الشيخ فخر الدين بن عساكر بالقدس.

وقدم فريق الأمانة الناشئة مجموعة من الأناشيد الخاصة بمناسبة الإسراء والمعراج ولقد تميزوا بأدائهم وسط تفاعل من الحضور.

وكما تم عرض شريط مصور عن مدرسة الأمانة وإنجازاتها.

ثم توجه الأستاذ أيمن علوان بالشكر العميق لوحدة اللغة العربية والدين والقرآن في مدرسة الأمانة لما يبذلونه من جهد في تعليم أولادنا المفاهيم الإسلامية السليمة الخالية من التطرف والتي تدعو إلى الوسطية والاعتدال.

وفي نهاية اللقاء قام الأستاذ محمد الدنا بتقديم هدية تذكارية وبعض الكتب الاسلامية المقرظة من الازهر الشريف والمعتمدة في منهاج التعليم في كلية الأمانة ومجلة المدرسة السنوية وقلم تذكاري للدكتور محمد البشاري.

وقد شكر الدكتور محمد البشاري القيمين في مدرسة الأمانة من إداريين ومعلمين وللجهود التي يبذلونها في تهيئة جيل صالح من أولاد المسلمين لما يحملونه في قلوبهم من علوم أهل السنة الصافية ونبذهم للتطرف بشتى أشكاله.

وفي ختام اللقاء ألتقطت بعض الصور التذكارية مع الفريق التربوي من مدرءاء ومدرسين وطلاب الأمانة الذين شاركوا في هذا اللقاء.



Dr Muhammad Al-Bishari's Visit



Dr Muhammad Al-Bishari's Visit



Chairman of the World Muslim Communities Council Dr Muhammad Al-Bishari from the United Arab Emirates Visit - Al Amanah College

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

All praise is due to Allah, the lord of the worlds and may Allah raise the rank of our master Muhammad and protect his nation from that which he fears for it.

The Chairman of the World Muslim Communities Council Dr Al-Bishari from the United Arab of Emirates, accompanied by the Chairman of Darulfatwa- the High Islamic Council of Australia, his eminence Dr Sheikh Salim Alwan Al-Husainiyy visited Al Amanah College, Liverpool Campus and Al-Iman Mosque on Monday 8 April 2019, 3 Shaaban 1440H.

Dr Muhammad Al-Bishari and his eminence Sheikh Dr Salim Alwan met the School's leadership team including administrators, teachers, some students and their parents, led by the president of the Islamic Education Office in Australia and the School's Head Principal Mr Mohammed El Dana and the Liverpool campus principal Mr. Ayman Alwan.

The Secondary School Religion Coordinator Sheikh Chadi Al Kasem Al-Azhary welcomed all the attendees, especially his eminence [Dr Muhammad Al-Bishari](#) and his eminence Sheikh Dr Salim Alwan and spoke about the achievements of the school. Sheikh Al Kassem's word was followed by some presentations from Al Amanah College's students.

The presentations began with a recitation of some verses from the holy Qur'an by a Year Ten student Muhammad Alwan. Various presentations by other students from all grades followed as well and included recitations of some of Prophet Muhammad's Sayings – Peace be Upon Him in addition to the recitation of Imam Fakhruddin Ibn^Asakir's paper in the creed of Ahlu-s-Sunnah, and the poem of Imam Abdul-Ghaniyy an-Nabulsiyy in the essentials of the belief.

This was followed with a beautiful poetic recitation in Arabic about the Journey of Enlightenment by a Year Two student Lujain El Muzain and a group of Year Five students. Concluding this blessed occasion and celebration the talented Al Amanah Chanting band enlightened our ears with lovely Nasheed about our beloved Prophet Mohammed (Peace and Blessings be upon Him.)

A short video projection highlighting some of Al Amanah's achievements over the past twenty years was also presented.

Mr. Alwan offered a special thanks to the Department of the Arabic language and Religion & Qur'an studies at Al Amanah College for all their hard work in supporting and educating our students with the correct Islamic knowledge that is free of extremism and calls for moderation.

Mr El Dana then presented Dr Al-Bishari with a Special token of appreciation and thanks along with the school's yearbook and "The Islamic Education Series" books that are being taught at Al Amanah which is also fully endorsed by Al-Azhar Ash-Sharif of Egypt Arabia.

Dr Al-Bishari thanked Al Amanah College, administrators and teachers for their efforts and hard work in educating young Muslim Australians and for instilling in their hearts the correct Islamic belief that combats extremism and calls for moderation and unity.

In conclusion of this eventful gathering, some photos were taken with the leadership team, and with the teachers and students who participated in this gathering.

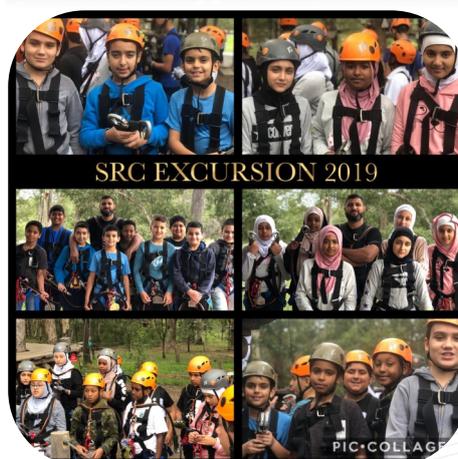


SRC Excursion

The primary and secondary SRC students and teachers embarked on a team-building excursion to Treetops Adventure Park on Thursday 11, April 2019. The trip started out with a hyped-up bus ride filled with excited and eager students who were ready to challenge themselves. All the students were geared up and most were ready to face their fears, whilst others glided along the challenges with enthusiasm and excitement. The students tested their endurance and fears along the different courses, and this was achieved through dedication and teamwork.

There were a variety of challenges to complete; from walking the tight rope to climbing up unstable nets, however it was agreed that the flying fox on each obstacle was definitely the most enjoyable aspect. All students finished off their treetop challenges and made their way to the adjoining grounds to cool off, which turned out to be an adventure full of excitement of its own.

The day was a success and students gained a closer bond with their SRC peers and teachers. A special *thankyou* to the SRC coordinators; Miss Baker, Miss Ech, Ms El Sabeh and Mr Jamleoui who certainly out-did themselves this time with organising this amazing excursion. A big *thankyou* to all the parent volunteers and teachers who assisted on the day.



Term Two Events

Star Student of the Week

K - 1

Term 1

Week 10



Abdulbasit Olugbade
KR

Week 11



Hala Mouslemani
1D

Term 2

Week 1



Jacob Obeid
1K

Week 2



Rafeef Hassan
KH

Week 3



Abeera Fatima
1K

Week 4



Sarah Khalifa
KR

2 - 6

Term 1

Week 10



Ahmed Mohammed
2C

Week 11



Tara Mahalhal
2A

Term 2

Week 1



Jude Eitayeb
5J

Week 2



Hana Kamal
3E

Week 3



Yaqub Elrashid
6K

Week 4



Ahmed Abu Elhassan
5S

PDHPE Committee Vegetable Week and the 'Big Veggie Crunch'

Did you know that only 5% of NSW children are eating enough vegetables? To help combat this ongoing issue, primary students of Al Amanah College celebrated Vegetable Week with the sole purpose of promoting healthy eating across the school. One particular day of the week was Thursday, where students sat down together at 10am for the 'Big Veggie Crunch'.

The Big Veggie Crunch is where Primary Schools across NSW stop work to munch on some vegetables to help break the world record. Last year over 50,000 students took part, and today over 250 students sat down and munched on some healthy vegetables.

Throughout the week, teachers have been keeping tally of how many vegetables students have eaten at school. Congratulations to KH and 5S!

Thankyou to all of the parents, students and teachers who supported this important event!

We hope you enjoyed crunching on vegetables throughout the week!

PDHPE Committee



Primary School Pre Ramadan Celebration (Sayubaan Ramadan)

Primary students and staff of Al Amanah, Liverpool came together for the annual Sayuban Ramadan on Friday 3 May 2019. This festive occasion was celebrating the upcoming glorious and Holy month of Ramadan. Students celebrated this great occasion by coming together and bringing in breakfast for their peers and teachers. Breakfast on the day included manoush, pastries, salads, desserts, cakes and drinks. A special thank you goes out to the parents, students and teachers for providing the food and drinks for this special occasion.

On behalf of Al Amanah College, we wish all the students and their families a Ramadan Mubarak and may the month be filled with blessings.



SRC Leadership Seminar One

The Liverpool Campus primary and secondary SRC students and their respective families were invited to attend the first SRC Leadership Seminar for the academic year, 2019. The seminar was held at the School's Grand Hall on Friday 29 March.

Imam Shaykh Amr Alshelh Al-Azhary provided the parents and SRC students with important religious insight on the qualities and characteristics of being a leader and role model within the school and wider community. Imam Alshelh emphasised this through explaining the characteristics and traits of the Prophets and Pious Islamic figures in history who displayed good manners, respect and integrity amongst their nations. Hence, it is important to follow in the path of these significant Islamic figures and display these characteristics in order to provide an ongoing leadership commitment within the school community. The students thoroughly enjoyed the lesson. May Allah reward the SRC students for their dedication and commitment towards the betterment of the school community.

After the seminar, Imam Alshelh listened to parents' concerns and feedback while enjoying some light refreshments.

We are looking forward to Seminar #2 that will be held during term two. We hope to see more parents at these events insha' Allah.



Miss Baker

Sydney University - 2019 Year Ten Academic Excellence Awards

Danna Rajab accompanied by Mr Rajab attended the Sydney University - Year Ten Academic Excellence Awards on Wednesday 3 April 2019 in the Great Hall at the Sydney University Campus.

Schools across NSW are invited to nominate a student based on their academic achievements in NESA accredited courses offered in the stage five course. Al Amanah College is proud to have Danna Rajab recognised for her exceptional academic excellence.

Sydney University highlights that the awards are an acknowledgement of



achievement and a way to inspire students to consider Sydney University for undergraduate study after completion of studies in Year Twelve. At the ceremony, held in the University of Sydney's Great Hall, Danna Rajab accepted her awards and medallions from Professor Pip Pattison Deputy Vice-Chancellor (Education).

Al Amanah College management, staff and students congratulate Danna for her outstanding achievement. Well done Danna Rajab - it is a wonderful achievement of which you should be proud!

Girls Athletics Carnival

On Monday 8 April 2019 Al Amanah College held the annual secondary Girl's Athletics Carnival. The students and teachers witnessed some of the best relay, track and field events held at the Athletics Carnival. The students were fantastic, and their efforts and contribution on the day made it an enjoyable spectacle for everyone to witness.

On behalf of Al Amanah College, we would like to thank all the teachers and parents who assisted and contributed on the day. A big thank you towards the Sports Committee members who made a positive difference with the amount of hard work and effort they put into helping teachers with each event.

For our All-Stars race we had the following eight girls who qualified:

Lujain El Sayed - 14.94 seconds
 Aiyah Marabani - 15.44 seconds
 Fatima Azzhara - 15.59 seconds
 Mariam Arnaout - 15.69 seconds
 Halima El-Zahab - 16.44 seconds
 Halima Masri - 16.68 seconds
 Tara Rawanduz - 16.69 seconds
 Khadija Abdallah - 16.72 seconds

The winners of the race the All Star Race were:

Third place - Fatima Azzhara - 15.41 seconds
 Second place - Mariam Arnaout - 15.37 seconds
 First place - Lujain El Sayed - 15.32 seconds



The relay races were so great to watch as the girls competed for their positions as a team. These relay races comprised of two heats with the first heat consisted of Year Seven and Eight girls and the second heat Years Nine, Ten and Twelve.

First Heat Relay Winners:

First: Fraser competed by Amani Abu Swireh, Ella Zein, Aliah Hassan and Alyssa Masri
 Second: Bradman competed by Mariam Srour, Maide Erbay, Tara Rawanduz and Yara Hammad
 Third: Newcombe competed by Maysa Ibrahim, Asiyah Kanj, Jasmin El Kabbout, Liyana Kabbout

Second Heat Relay Winners:

First: Fraser competed by Fatima Khalil, Shams Kashashneh, Nora Nablissi, Lujain Elsayed
 Second: Newcombe competed by Fatima Azzhara, Munira Al Khateeb, Tania Diab, Amira Nablissi
 Third: Lillie competed by Ayah Marabani, Halimah El Zahab, Nesrine Arnaout, Hanine Mosleh
 Well done girls!

Miss Kabbara
 Sports Coordinator



Boys Athletics Carnival

Welldone Al Amanah College Liverpool for turning up in such great numbers for our Annual Boys Athletics Carnival on Wednesday 10 April 2019. With bright blue skies it was the perfect condition to race, jump and throw! It was clear from the outset that it was going to be a day of brilliant individual efforts. Students were zealous and eager to win their ribbons, fighting for that chance to come first, second or third. The students were fantastic, and their efforts made it an enjoyable spectacle for everyone especially the teachers versus Year Twelve in the tug of war contest!

Al Amanah College Liverpool would like to thank the teachers, Year Twelve students and parents who assisted in the organisation of the day. We would also like to thank the sports committee members, who made a positive difference with the amount of hard work and commitment they put into helping the teachers with each event.

For our All-Stars race we had the following 8 boys who qualified:

Ahmad Massalkhi - 12.37 seconds
Adnan Tebbo - 13.12 seconds
Adam Chahine - 13.14 seconds
Houssam Jamous - 13.53 seconds
Yahya El Masri - 13.60 seconds
Omar El Rashid - 13.86 seconds
Abdullah Zahab - 13.96 seconds
Shadi Awad - 14.00 seconds
Muhammad Alwan (Year Ten) - 14.00 seconds

The winners of the race were:

Third place - Yahya El Masri - 13.41 seconds
Second place - Adam Chahine - 12.75 seconds
First place - Ahmad Massalkhi - 11.69 seconds

The relay races were so great to watch as the boys competed for their positions as a team.

Miss Kabbara
Sports Coordinator



Year Twelve Biology Excursion

Starting of the day with a brief welcome by the UNSW students, the Year Twelve Biology students learnt about the different symptoms and causes of many diseases prevalent in Australian society. This subsequently included learning about Hepatitis C infected tissues to worker's lung to Meningitis tissues. This experience allowed the students to become engrossed as they were able to build upon their knowledge and skills towards their depth study.

After a refreshing break which consisted of viewing the green landscape of UNSW, the students were able to finish the day with an interactive activity that put their infectious disease skills to the test.

It was a highly fascinating day that reminded us of the blessings Allah has bestowed upon our health. A special *thankyou* to all those who organised the day especially our Biology teacher Mrs Kassem.

Fatima Al Cheikh
Year Twelve Student



Senior Students Corner

What academic goals have you set for 2019?

Write your goals down, then you will be forced to be specific about them. You can refer to them throughout the year and you can see how you measured up in the end. Share your goals with friends and family as this will add some accountability. It is good to have others asking how you are going and helping to provide focus on the goal ahead. Finally, if you experience difficulty setting goals or do not know where to start then seek help. Your coordinator, year advisor or class teacher will be more than willing to help. It is a proud feeling to set goals and achieve them.

You need to set SMART goals this year!

A SMART goal is:

- **Specific (and strategic):** Linked to marks or ranks within a course and/or overall school goals and strategic plans.
- **Measurable:** The success toward meeting the goal can be measured. Ask yourself the question - How can I measure my progress towards this goal?
- **Attainable:** Goals are realistic and can be achieved in a specific amount of time and are reasonable.
- **Realistic and Relevant (results oriented):** The goals are aligned with current tasks and projects and focus in a defined area.
- **Time framed:** Goals have a clearly defined timeframe including a target or deadline date.

Al Amanah Leaders and Mentors Camp April 2019

Al Amanah College Leaders and Mentors camp is one of many initiatives that the school is undertaking as part of the national chaplaincy programme that the Australian government introduced in 2016. Our camps are designed to support a variety of learning areas in the classroom and to strengthen the well-being of targeted students. The school acknowledges the receipt of government grants to support its mission in the areas of pastoral care. The school's Imam Sheikh Amr Alshelh has been working alongside the school's Principal Mr Alwan to implement the school's pastoral care programme that was developed in 2016, with the "Leaders and Mentors Camp initiative being one important aspect of the programme.

From Monday 15 April 2019 and until Thursday 18 July 2019, a group of Year Ten and Year Eleven students from Al Amanah College students embarked on a Leaders and Mentors Camp to Cataract Scout Park with the school Imam Sheikh Amr Alshelh, the Head of Religion department Sheikh Chadi Al Kassem and ex-student Mohammed Hazarvi. The main purpose for the leaders and mentors camp is to instil the school's Islamic ethics and positive values in our children at a young age to help them grow into successful and responsible individuals. Having positive values enables us to form meaningful and trusting relationships with others and empowers us to lead a fulfilling life. These are important ingredients for a successful, responsible and productive individuals. These values are essential founding and building a stronger cohort of leaders amongst the school and the wider community.

The camp involved the students undertaking approximately two long, rich sessions of religious lectures per day in the area of the Hadeeth of the life of our Master Muhammad (peace be upon him) which entailed stories and historical facts that enriched their Islamic knowledge. Students also grasped a better understanding of the school values implemented.

In addition, students were given an opportunity to learn, and grow into a team that looks towards bettering the Australian Muslim community into the future. The camp involved many different learning activities including team-bonding and leadership skill sessions, which were complemented by participating and enduring the challenging abseiling, flying fox and team rescue.

Furthermore, all students will be asked to attend lectures in order to complete the pastoral care programme that the school will continue to provide in 2019 and beyond. In addition, we had a special night visit from Al Amanah's Principal Mr Alwan.



Professional Development Day

Al Amanah College secondary teachers spent their first day back sharing ideas and discussing effective teaching strategies to reduce the cognitive load in students whilst maximising their retention of knowledge. It was a very productive and efficient day for all teachers.

Learning from each other is how we grow together!



Secondary School Pre Ramadan Celebration (Sayubaan Ramadan)

An annual Sayuban Ramadan was organised for years 7 to year 12 on Wednesday 1 May 2019. This festive occasion was celebrating the upcoming glorious and Holy Month of Ramadan. The students celebrated with their respective year groups with a buffet luncheon held in Nagle and Speed Street playgrounds. Students and teachers enjoyed an array of food including manoush, pastries, salads, desserts, cakes and drinks. A big thank you goes out to the parents, students and teachers who provided food and drinks for this special occasion.

On behalf of Al Amanah College, we wish all the students and their families a Ramadan Mubarak and may the month be filled with blessings.



Al Amanah's Got Talent - Round 1

The Year Twelve cohort successfully held the first High School Talent Quest titled 'Al Amanah's Got Talent'. The aim of Al Amanah's Got Talent was to showcase the chanting, poetry, comedic and karate talents of both juniors and senior students. All contestants during the semi-finals are considered

by a panel of nine judges, who provide timely and effective feedback to the contestants about their individual performance. The three best performances during the two rounds of the semi-finals will go directly to the grand finale. A big congratulations to today's winners by Al-Khateeb family who displayed a

jaw-dropping Karate performance and have gained a wildcard entry into the grand finale.

We wish all the contestants the best of luck during next week's semi-finals!



Al Amanah's Got Talent - Round 2

Al Amanah's Got Talent semi-finals showcased some of the finest comedic, poetry and singing performances. Today's performances consisted of Abdul Zahab and the chanting band, Omar El Sayed's comedic act, Halima's emotional poetry about Palestine, Hussein Hage-Obeid who was dubbed the 'drummer boy', Nada's soothing vocals and

Maysa's enlightening chant about our beloved Prophet. All the performances did extraordinary well and the audience were ...enjoying and cheering on all the wonderful talents that Al Amanah has to offer.

A big congratulations to today's semi-final winners, Abdul Zahab and the

Chanting Band, Omar El Sayed and Nada Kerdi. These finalists will be competing against each other alongside the wildcard contestants the Al Khateeb family in the grand finale.

We wish all the contestants the best of luck during next week's grand final!

Al Amanah's Got Talent - Grand Final

Al Amanah's Got Talent Grand Final was one of the most anticipated events this year at Al Amanah College. The grand-finalists included Al-Khateeb karate performance, Abdullah Zahab and the chanting band, Omar El Sayed's comedic act, and Nada Kerdi's chant. These special performances were greeted with a special guest appearance from the college Principal and judge Mr Alwan. The four very talented performers battled it out for a spot in the final two and with a very close margin in the votes, it was granted to Abdullah Zahab and the chanting band and the Al-Khateeb family.

As the crowd eagerly cheered on the two finalists in their nail-biting final performances and with \$300 prize money at stake, the two finalists gave it their all. As the final votes were counted and with a one-point difference between the votes, Al-Khateeb family who were dubbed 'the karate kids', were crowned the 2019 winners of Al Amanah's Got Talent and were awarded with prize.

A big thank you goes out to the wonderful year 12 cohort for organising such a successful and fun-filled event.



Vegetables

The Australian Dietary Guidelines recommend eating a variety of vegetables every day. Vegetables should make up a large part of your daily food intake and should be eaten at every meal and snacks too!

Research shows that only 8.6 per cent of four to eight year olds in Australia eat the recommended serves of vegetables each day. As kids get older, this number decreases with 4.6% of nine to thirteen year olds meeting their requirements. The most commonly consumed vegetable are potatoes.

Why are vegetables important?

Vegetables provide vitamins, minerals, dietary fibre and many phytonutrients (nutrients naturally present in plants) that help your body stay healthy. Since vegetables are low in kilojoules (energy) relative to many other foods, including them every day can help prevent excessive weight gain. They may also help protect against chronic diseases such as heart disease, stroke and some types of cancers. Different vegetables and fruit can help protect the body in different ways, so choose a variety of colours everyday, such as:

- green (broccoli, spinach, peas)
- orange (carrots, pumpkin, sweet potatoes)
- yellow and red (capsicum, tomatoes, corn).
- purple (beetroot and purple cabbage)

	2-3 years	4-8 years	9-11 years	12-18 years
Boys	2 ½	4 ½	5	5 ½
Girls	2 ½	4 ½	5	5

How many veggies do children need each day?

Note: the number of serves varies according to activity levels, age and health status.

A serve of vegetables is equivalent to

½ cup cooked green or orange vegetables; cooked dried or canned beans, peas or lentils; sweetcorn

1 cup green leafy or raw salad vegetables

½ medium potato or other starchy vegetables

1 medium tomato

What to look for

Remember that you do not always have to rely on fresh vegetables-frozen, canned or dried varieties are all suitable too. When it comes to choosing canned or dried veggies, check the ingredients list and choose those with reduced or no added salt, no added fat or sugar, and that is canned in natural juices, not syrup.

The intake of some salted, dried, fermented or pickled vegetables has been associated with an increased risk of some cancers so it is recommended to limit these foods as much as possible. Also limit fried vegetables such as potato and vegetable chips and crisps as they add unnecessary kilojoules (energy) and added salt to your diet. Chips and crisps do not fall into the vegetable food group but are classed as "occasional" or "extra" foods.



Sydney EID FESTIVAL 2019

SATURDAY **8 JUNE** SUNDAY **9 JUNE**

10AM - 8PM

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