

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Issue 06

Friday 27 September 2019

Dear Parents, Students, Staff and Friends of Al Amanah College;

All praise is due to Allah, the lord of the worlds. May Allah raise the rank of our master Muhammad and protect his nation from that which he fears for it.

Here we are at the end of another term. Year Twelve graduation was held on Friday 20 September, this event marked the end of their thirteen years of schooling. We thank all parents who were able to join us on the day. We would like to thank the Year Twelve advisors, teachers and parents for all their hard work. More importantly we extend our congratulation to the 2019 graduates for successfully completing their HSC. We wish you all a time of happiness and rest and look forward to seeing great results in the HSC.

Our students have all moved forward in their learning and enjoyed a range of activities both inside and outside the school. Next term promises to be as busy as in previous years with performances, assessments, end of year activities and of course, the summer holidays. We are all looking forward to a wonderful time of learning and fun.

We thank all the parents and community members who have come out to show their support for students during various school activities and assisted in building a stronger school community. We thank everyone who has taken the time to help us make Al Amanah College a strong and well-established school. We look forward to working in partnership with all involved with Al Amanah to maintain and enrich the strong sense of community that has always set apart our school from the rest.

Parents' Concerns

Parents are encouraged to discuss concerns and progress of their child with his or her teacher.

We at Al Amanah College endeavour to ensure that the child's time with us runs as smoothly as possible, however, there may be occasions when parents have concerns about what has happened in a classroom, playground or on excursions.

Message from the Principal's Office

Classroom Concerns

At first parents should ask for an appointment through the office or class Dojo to see the teacher. The teacher will then arrange a time before/after school or during their RFF sessions. If the matter is not resolved, parents may wish to make an appointment with the Coordinator or the Principal to discuss the issue.

General School Concerns

Parents with concerns are advised to make an appointment through the office with the Coordinator or the Principal. Alternatively, parents may send an e-mail with their complaint to:

admin@alamanah.nsw.edu.au.

Al Amanah College School App

We have launched a new school app to improve the efficiency of communication to and from parents' and carers' mobile phones. The new School App, called 'Al Amanah College', for Apple (iOS 8 on the iPhone 4S or later, iPad, iPod Touch) and Android (4.0 or later) devices.

Downloading the app to your phone

For new installation, the set-up process is simple and will take no more than a couple of minutes:

1. Search for "Al Amanah College" in the Apple App Store or Google Play on your phone.
2. Install the app and,
3. As soon as you have the School App installed, you can view alerts, newsletters, general letters and forms. Students will have direct access to Moodle, students and parents will have direct access to our Facebook page and your igloo portals.

If you have recently changed your email address or mobile telephone number, please let us know so we can update our records. We will amend the details as soon as possible.

If you have any question about the School App or if you are having difficulty logging in to your igloo portal, please contact the school via email: admin@alamanah.nsw.edu.au.

Ayman Alwan
Principal

Dates to Remember

MONDAY 14 OCTOBER
Term 4 Day One

THURSDAY 17 OCTOBER-TUESDAY 12
NOVEMBER
HSC Examinations

THURSDAY 24 OCTOBER
NAPLAN Award Ceremony

FRIDAY 25 OCTOBER
Year 11 Assembly

TUESDAY 5 NOVEMBER
Kindy Orientation

MONDAY 11 - THURSDAY 19 NOVEMBER
Year 10 Yearly Examinations

TUESDAY 12 NOVEMBER
Kindy Orientation

THURSDAY 14 NOVEMBER
Year 6 Open Day

FRIDAY 15 NOVEMBER
Mawlid Celebration

TUESDAY 19 NOVEMBER
Kindy Orientation

WEDNESDAY 20 - WEDNESDAY 27
NOVEMBER
Year 7 - 9 Yearly Examinations

FRIDAY 29 NOVEMBER
Year 10 Graduation



AL AMANAH COLLEGE
LIVERPOOL
Success Through Knowledge

Kindergarten Orientation Dates:
Tuesday 5 November 9:00 - 10:30am
Tuesday 12 November 9:00 - 10:30am
Tuesday 19 November 9:00 - 10:30am

55 Speed Street, Liverpool NSW 2170
Ph: (02) 9822 8022
E: admin@alamanah.nsw.edu.au





كلية الأمانة الإسلامية تستقبل السنة الهجرية في سدني

افتتح الاحتفال بتلاوة آيات من القرآن الكريم تلاها الطالب محمد علوان من الصف العاشر اقامت مدرسة الامانة الإسلامية فرع ليفربول احتفالا لطلابها لمناسبة رأس السنة الهجرية.

وكانت كلمة توجيهية لمدير المدرسة الأستاذ ايمن علوان حث فيها الطلاب على أخذ العبر من هجرة النبي الأكرم صلى الله عليه وسلم والافتداء بسيرته العطرة والالتزام بتعاليم الدين الإسلامي.

كما وألقى استاذ مادة الدين الشيخ الأزهرى عمرو الشلح درسا عن قصة الهجرة المباركة شرح فيها ما حصل مع رسول الله صلى الله عليه وسلم ومع بعض اصحابه رضوان الله عليهم خلال هجرتهم من مكة إلى المدينة المنورة. كما قدم طلاب من الصف الثاني والصف السادس فقررة في هذه المناسبة.

وكان لفريق الإنشاد الديني من طلاب المدرسة وصلة إنشادية رائعة انشدوا خلالها اناشيد اسلامية عن الهجرة النبوية الشريفة ومدحوا رسول الله صلى الله عليه وسلم فادخلوا البهجة والسرور الى قلوب اخوانهم الطلاب الذين سعدوا بهم وشاركوا معهم بمدح النبي الأكرم صلى الله عليه وسلم.

نتقدم من طلابنا وأهاليهم الأعرء بأحر التهاني بهذه المناسبة العظيمة راجين من الله تعالى ان يعيدها علينا وعليكم بالخير واليمن والبركات.

New Hijri Year Celebration 1441H

The glorious occasion of the great day in which our Master and Prophet Muhammad (peace be upon him) migrated to Al-Madinah is an event celebrated by Muslims all around the world.

On Friday 6 September 2019, Al Amanah primary and high school students celebrated the blessed occasion of the New Hijri Year 1441. The occasion was marked with a beautiful recitation from the Holy Qur'an by Muhammad Alwan a year 10 student. This was preceded with the School's principal address, Mr Ayman Alwan who spoke about the importance of this great occasion in the Islamic calendar and the importance of following and implementing the teachings of our Master prophet Muhammad peace be upon him. Mr Alwan also welcomed back the parents who recently returned from Hajj this year.

Sheikh Amr Alshelh Al Azhary provided an insightful Islamic lesson about the Prophet and his companions migration from Makkah to Medina. The blessed Migration displayed an honourable strife for human excellence and contained several lessons of patience, forbearance, knowledge and wisdom; enrichment for future generations to implement and use to iron out difficulties, overcome hardships and learn to persevere. This was preceded with a beautiful poetic recitation and performance by Lujain Al-Muzain from 2P and Aseel Kanj and Ilham Kanj from 6K.

Concluding this blessed occasion and celebration, the school's Islamic chanting band enlightened our ears with lovely Nasheed about our beloved Prophet Mohammed (Peace and Blessings be upon Him) and this great occasion. Wishing everyone and their families a happy and blessed Hijri New Year 1441.



الأحاديث الأسبوعية Hadiths of the Week

قال رسول الله صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ:
"لَا يَدْخُلُ الْجَنَّةَ قَاطِعٌ"
رواه البخاري

T3
WK 6



Which means:
"The one who severs ties with his kin will not be amongst the first people who enter Paradise"

قال رسول الله صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ:
"مَاءٌ زَمَزَمٌ لِمَا شُرِبَ لَهُ" رواه ابن ماجه

Which means:
"Zamzam water is useful for whatever purpose it is drunk"



T3 WK5

amongst the first people who enter Paradise

قال رسول الله صلى الله عليه وسلم:
"مِنْ حُسْنِ إِسْلَامِ الْمَرْءِ تَرْكُهُ مَا لَا يَعْنِيهِ" رواه الترمذي

A way for the person to excel in Islam is **not to interfere in the matters which do not concern one.**

T3
wk8

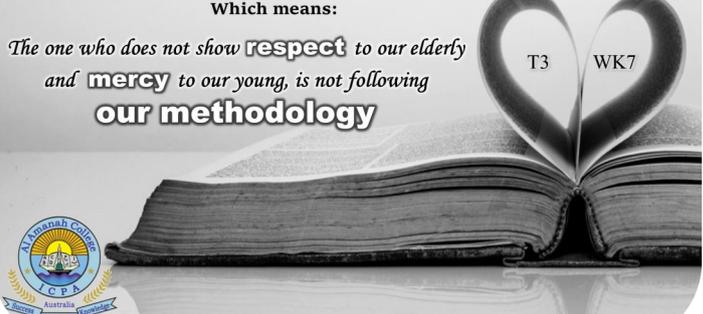


قال رسول الله صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ:
"لَيْسَ مِنْنا مَنْ لَمْ يُوقِّرْ كِبِيرَنَا وَيَرْحَمِ صَغِيرَنَا" رواه الترمذي

RESPECT

Which means:
The one who does not show **respect** to our elderly and **mercy** to our young, is not following **our methodology**

T3 WK7



قال رسول الله صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ: "مَنْ صَمَتَ نَجَا" رواه الترمذي

Which means:
Silence leads to safety



T3
WK10

T3
wk9

قال رسول الله صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ:
"مَنْ كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ الْآخِرِ فَلْيُكْرِمْ جَارَهُ" رواه البخاري ومسلم

Which means: "let one who believes in Allaah and the final day, be gracious to one's neighbour"





Star Student of the Week



K - 1

Week 6

Week 7

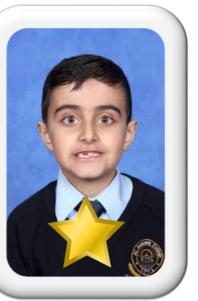
Week 7

Week 8

Week 9

Week 10

Week 10



Dunya Sadek

Fatimah Alshafie

Rehab Al Badri

Sara Hassan

Ibrahim Muuse

Lujane Baltaji

Hussen Syani

1k

KH

1D

KR

KM

1K

2A

2 - 6

Week 6

Week 7

Week 7

Week 8

Week 9

Week 10

Week 10



Aalia Najafi

Elias Halabi

Huda Khan

Ilham Kanj

Malek Babti

Lammar Eid

Jad El Masri

6W

3H

3E

6K

4D

4S

2A

2019 Mathematics Cup Competition

On Wednesday 4 September, Year Six students from Al Amanah College, Liverpool attended the annual Maths Cup Competition at Amity College, Prestons Campus. Throughout the day, students were engaged in various quizzes, puzzles and challenging math activities designed to test each students' ability. Students competed against a number of different schools in Sydney region. Well done to the following Year Six students who attended:

Sadiq Alobeidi, Muhammad Arrafat, Mohammad El-Zahab, Muhammad Khan, Abdul Raheem Mohammed and Ali Zeinelabdein.

Mr Jamleoui



Primary School Book Week Parade 2019



Library Book Week Competition

In conjunction with the Book Week 2019 'Reading is My Secret Power', Al Amanah Library has organised library book week competition from week three to week six. Students from Years Three - Six had the opportunity to write why reading gives them secret power. The first prize winning words from Malukah were the power to get out of the technology world and escape into the imagination world! The lower primary students had the chance to do colouring competition. We are pleased to see good participation and efforts from the students. *Thankyou* to the book week committee for support and assistance, especially to Mr Jamleoui, Mrs Collins and Ms Sahyouni. Winners for each grade received their prizes during assembly. Well done to the following winners!

Ms Azizal Aziz

Grade	First Prize	Second Prize	Third Prize
Kindy	Inaya Nazim - KR	Lezeta Yilmaz - KH	Mohammad Dib - KM
Year One	Summer Hamid - 1K	Maarya Saad - 1K	Mirsab Aamir - 1D
Year Two	Natalie Balout - 2A	Amelia Sabbagh - 2C	Sofiya Najjar - 2A Azra Bilajac - 2P
Year Third	Aiesha Rajab - 3H	Ahmad Raad - 3E	Yousif Al Timimi - 3E
Year Four	Noor Kfoury - 4S	Yousif Jirjees - 4S	Samir Trad - 4D
Year Five	Rida Mehera - 5J	Elhan Katovik - 5J	Ruqayah El Omari - 5S Amar Khashashneh - 5S Ruhama Musfiz - 5J
Year Six	Malukah Shamim - 6W	Rihanna Dib - 6W	Omnia Abu Elhassan - 6W Danya Makouk - 6W Abdul Raheem Mohammed - 6K

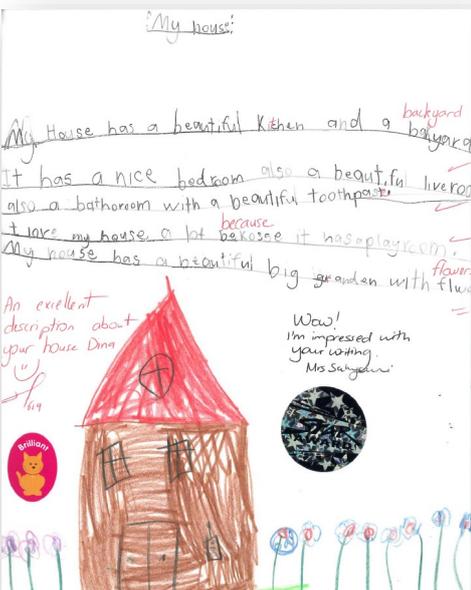


Year Five History Excursion

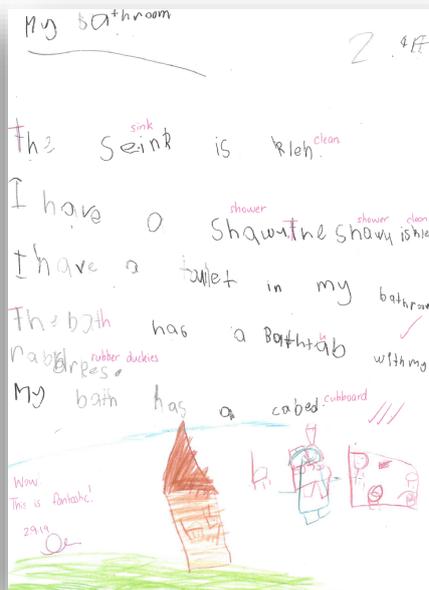
On Monday 2 September, Year Five had the opportunity to visit The Rocks in Sydney's CBD. In a day full of action-packed adventure, we were transported back in time, taken on a journey behind the scenes of the lives and adventures of early European explorers such as Captain James Cook and Captain Arthur Phillip. We learnt of Australia's colonisation through role play as we got to explore Australia pre and post colonisation. We discussed changes to both the landscape and the lives of Australia's indigenous people. Part of our outing included dressing up as a migrant, soldier, Captain Arthur Phillip and convicts. We got to participate in two guided walking tours of the Rocks observing the changes in architecture over time. To conclude our amazing day, we had the opportunity to share lunch with our fellow peers and enjoy a beautiful view of Observatory Hill and the impressive Sydney Harbour Bridge.



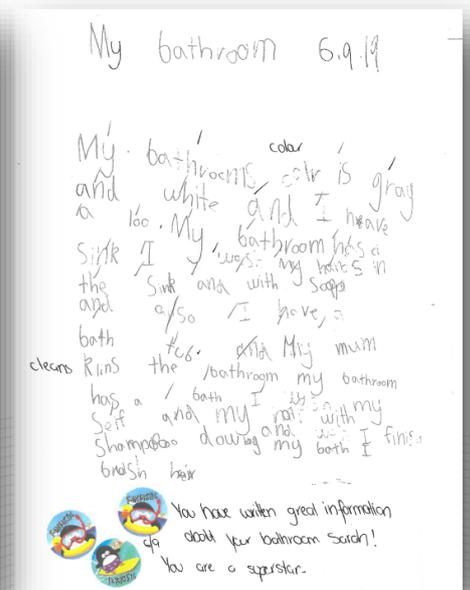
Kindy Work Samples



Dina Kamand - KH



Fatima Soueid - KM



Sarah Khalifa - KR

Primary School Athletics Carnival



The Primary School Athletics Carnival was held last Thursday 5 September at Dwyer Oval, Warwick Farm. Students had a fantastic day and showed great sportsmanship whilst showcasing their skills and talents both on and off the field. Throughout the day, students participated in a variety of field events such as long jump, shot put, relay races along with the famous egg and spoon race. Once the activities were complete, students ran their 100m races, scoring ribbons for a place in the top three.

Thankyou to all of our parent volunteers who helped make lunch for our students. It was a nice way to end the day.

Congratulations to the Fraser team for being victorious and winning on the day!



Year One Vacluse House Excursion

On Tuesday 10 September, Year One, Al Amanah College, Liverpool students visited Vacluse House. Students took a step back in time to learn about what it was like to live in the early 1800s. The students explored the ways of life for different household members at Vacluse House and made comparisons with their own lives today.

The tour of the house began at the service wing, visiting the former well, dairy, scullery and kitchen, where students discovered how forty servants ran the household without the help of plumbing, power or electrical appliances. Students also explored the front of the house, including the beautiful drawingroom, where the families lived and entertained. Upstairs, students saw the bedrooms and found out what children wore in the nineteenth century.

Our students also walked to the vegetable garden, exploring the stables and had an opportunity to play some of the games enjoyed by children in the past.

Year One had a wonderful day exploring the past, finding answers to the key inquiry questions addressed in our history unit of work; How has family life changed or remained the same over time? How can we show that the present is different from or similar to the past?

Ms Kurdi and Miss Daviskas
Year One Teachers



Year Two Auburn Botanic Gardens

On Monday 16 September, Year Two went on a 'Ranger Jamie' geography excursion to Auburn Botanic Gardens. The purpose of this excursion was to continue our learning about the importance of places and our connections to them. Our two rangers, 'Ranger Bree' and 'Ranger Jamen', were lots of fun and taught us about different Australian environments and Australian native fauna and flora. We saw emus, wallabies, kangaroos, peacocks and a native Australian goose. We also learnt about how Aboriginal people used native plants to build things. After lunch, students were given the opportunity to catch and observe bugs. They also played a running quiz game to test what they had learnt throughout the day. We had a fantastic day!

Mrs Collins, Mrs Adam and Mrs Raad
Year Two Teachers



Year Three Brasserie Bakery Excursion

What an exciting day it was! Year Three students had an amazing experience visiting Brasserie Bread where they learnt about the process of making bread and the ingredients required to make it.

The excursion was also hands on and it provided the students with an opportunity to produce their own pizza and delicious sweet scrolls by following a set procedure.

The visit to the bakery ended with the students having lunch outside where they had the chance to taste their own pizza and scrolls and discuss the experience they had with their peers.

The students enjoyed this wonderful experience where they learnt many new things about the process of baking bread.

Mrs Huseincehajic and Ms El Sabeh
Year Three Teachers



Dojo Top Five Achievers



On Tuesday 24 September, the Top Five Class Dojo winners from each class, K - 6 were treated with an end of term bowling excursion. The day was filled with laughter, excitement and an opportunity to build friendships with students across all grades. Students were treated to lunch along with refreshments. We thank all students who attended today and we look forward to organise another excursion next term.

Thankyou to all parent helpers who helped out on the day. We appreciate all your support.



Year Four Elizabeth Farm Excursion

On Wednesday 25 September, Year Four students visited Elizabeth Farm, where they were transported back in time! They were given the opportunity to experience life as a convict in the early 1800's.

Elizabeth Farm is one of the oldest homes in Australia, built in 1793 for John and Elizabeth Macarthur. The home was built by convicts who continued to work on the farm to main-

tain the home and gardens, take care of the animals and serve the Macarthur family. Students were able to dress up and experience a day in the life of a convict, working at Elizabeth Farm. They polished pots, swept the floors and ground spices in the kitchen and then set the table for dinner with fancy glassware and cutlery.

Students then explored the living room and

bedrooms in the home, before heading out to the garden, where they continued their duties by washing and hanging out the clothing and linen.

Year Four had a fabulous day! They thoroughly enjoyed the experience, which was a great way to consolidate their learning of content covered in History unit on British Colonisation!



Kindy Calmsley Hill City Farm Excursion

On Thursday 26 September, Kindergarten students went to Calmsley Hill City farm by bus for the very first excursion!

We saw and patted a lot of native and farmyard animals. We were very excited to milk the cow and play with the baby animals. The best part was the tractor ride; it was very bumpy! We also enjoyed a variety of exciting shows and exhibits such as the stock whip show, the working dog show and the sheep shearing show.

We had such a fantastic day and cannot wait for our next excursion!



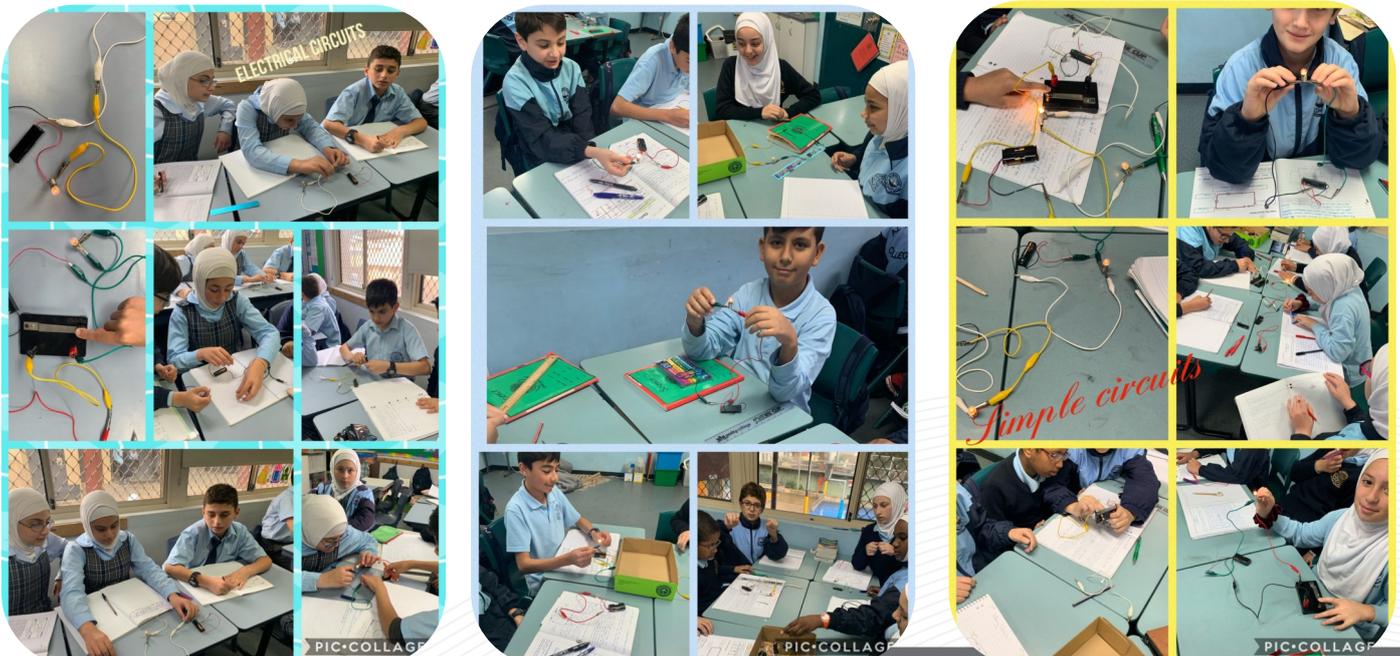
Year Six Science Experiment - Electricity STEM Unit of Work

For Science, Year Six students had a go at experimenting and drawing their own simple circuit, including a bulb, a power source (Battery), and a switch in their workbook. Part of the challenge requires them to choose the appropriate components for the experiment.

Students compared their circuit diagram with others around them. Explained the difference between having an open and closed circuit; open circuit means the switch is turned off, therefore no flow of electrons; closed circuit means the switch is turned on, allowing for the electrons to flow throughout the circuit. Students drew a closed and open circuit in their science workbook.

At the end, students wrote a procedure and discussed and evaluated the ways in which they can change circuits by adding more batteries, more bulbs and longer wires. Initially, students predicted what they think will happen when making these alterations to a simple circuit, before revealing the answer. Students were very engaged and enjoyed the experiment.

Mrs Khalil and Ms Wilmot
Year Six Teachers



Young Women's Leadership Seminar

On Thursday 22 August 2019, Year Eleven Captain Nada Khaled and Vice-Captain Mariam Abdullah attended the Annual Young Women's Leadership Seminar at the NSW Parliament House. The workshop for the Year Eleven girls included a keynote speaker, panel of women MPs and a discussion on issues centred around leadership and women. The students also had the opportunity to sit in the Lower and Upper House of Legislations and witnessed government members discussing important issues for our state.

The students were also inspired by three female MPs of state who discussed their experiences and the importance of young women in leadership roles. The selected SRC students had the opportunity to meet Robyn Preston MP the Member for Hawkesbury who explained her role in parliament.

Overall, it was an enjoyable experience for the students to gain an understanding of the important role of women in parliament.



Year Eleven SRC Speeches



Year 11 SRC Speeches 2019/2020



On Tuesday 27 August 2019, selected Year Eleven students presented an SRC speech for a prestigious leadership position for the 2019/2020 SRC team in front of High School students. Each candidate presented an excellent and well-articulated speech that advocated their skills and attributes that would assist them in demonstrating their potential role in a leadership position for the betterment of the school and wider community.

This year during recess and lunchtime in the computer room, High School students were given an opportunity to vote online for one student from the list of selected nominees whom they believe would be the best candidate for the school captain position.

We wish each and every Year Eleven nominee the best of luck and each one is truly deserving of a position in the SRC leadership team of 2019/2020.

Year Twelve First Aid Course

'You are driving down Speed Street to Al Amanah, you see a fatal car crash occur right in front of you. The casualty is unconscious with severe bleeding and there are no medical professionals around. You want to help, but what to do?'

On Wednesday 4 September 2019, Year Twelve students were given the opportunity as part of a six-hour lecture coupled with an informative pre-course theory, to delve into the procedures and steps needed to responsibly deal with such situation.

The Year Twelve students learnt in detail the DRS ABCD method: identification of danger, placing the casualty in a recovery position, sending for help, checking obstruction of casualty airway, breathing, performing CPR, and working a defibrillator. Other valuable knowledge included how to bandage an open wound, issue an EpiPen and safely work with syringes.

A tiring, yet informative day, within a collaborative environment, the students fostered first aid knowledge to become future responsible citizens to deal with any situation.



Year 12 First Aid Course



Fatima Khalil
Year Twelve Student

Bankstown Children's Hospital Visit

Al Amanah College senior captains and primary school captains were given an opportunity to visit sick children at Bankstown-Lidcombe Hospital on Wednesday 11 September 2019. The students were provided with a guided tour of the Paediatric ward by the very welcoming Nursing Unit Manager Nora Omar.

The students were able to meet and greet the sick children and their parents and provide them with fundraised gifts on behalf of Al Amanah College. Parents and staff continuously expressed their gratitude and appreciation of the school donated gifts. To further acknowledge Al Amanah's community outreach programme the General Manager of Bankstown-Lidcombe Hospital Peter Rophail personally met and thanked each student and the school for their generous contribution to the sick children and the hospital.

Each student that attended today's heart-warming excursion were very humbled, emotional and empathetic by the whole experience. We must acknowledge the highly dedicated and experienced nursing and management staff for their unrelentless care towards the children in the hospital and for making this a truly memorable experience.

Miss Baker
SRC Coordinator



Year Ten PDHPE Excursion

Driving past and you see what was once a car now as a crumpled pile of metal. The victims helpless, screaming for their lives. Everybody drives by and ignores what could result in the loss of people's lives. But you are there, and you want to offer your helping hand. But do you know how? Do you know what to do in such situations? Do you know how to BStreetSmart?

On for fifteen years, the B Street Smart programme has been available for schools across Australia to educate the youth on how we can be aware of the consequences of our actions when on the road. We are all told of the repercussions of not wearing a seatbelt, but have you truly seen it, seen how your body projectiles through the windscreen of the vehicle? Well, the Year Ten cohort had the opportunity to participate in the BStreetSmart programme held at Qudos Bank Arena on Thursday 12 September, where we witnessed live simulations of car crashes and were able to physically participate in activities related to road safety. Some tears were shed as stories of tragic accidents were shared, highlighting the immense consequences that can arise from carelessness when driving on the road. Although there were some humorous skits that enticed the Years Ten - Twelve student audience, the issues discussed were the contrary and hence had an immense impact on the Year Ten cohort of 2019.



Halima El -Zahab
Year 10M2 Student

SRC Leadership Seminar Three - Islamic Ethics and Qualities

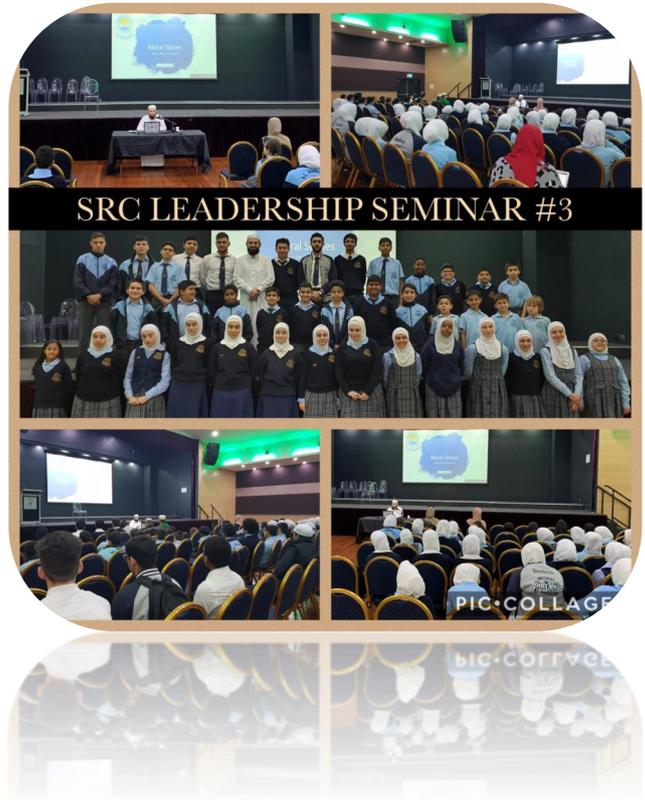
The Liverpool Campus primary and secondary SRC students and their respective families were invited to attend the SRC Leadership Seminar for term three, 2019. The seminar was held at the School's Grand Hall on Friday 13 September.

SRC Coordinators welcomed students and their parents to the seminar, thanked them for their attendance and shed some light on the importance of such events in the school's calendar. Senior students introduced the school's religion teacher and Imam Shaykh Amr Alshelh Al-Azhary who provided the parents and SRC students with important religious insight on the qualities and ethics of a being a leader and role model within the school and wider community.

Imam Alshelh emphasised this through explaining the characteristics and traits of the Prophets and Pious Islamic figures in history who displayed leadership, respect and integrity amongst their nations. Hence it is important to follow in the path of these significant Islamic figures and display these characteristics in order to provide an ongoing leadership commitment within the school community. The students thoroughly enjoyed the lesson, and may Allah reward the SRC students for their dedication and commitment towards the betterment of the school community.

After the seminar, Imam Alshelh listened to some of the parents' concerns and feedback while enjoying some light refreshments.

We hope to see more parents at these events insha' Allah.



Liverpool Council Conservation Programme



On Monday 16 September 2019, a group of Geography students participated in the local conservation programme in Hoxton Park Reserve in conjunction with the Liverpool City Council. The students were educated about the weed called Mother of Millions which is a drought hardy succulent plant that has grown rapidly in the park and has adversely threatened the native vegetation. The students assisted the council members by removing the weeds and collecting any litter in the area. Overall, the students found this to be a rewarding experience as they learnt about the importance of looking after the local environment.



Year Twelve Arabic/Religion Excursion

For our final excursion of Year Twelve on Tuesday 17 September 2019, we had expected a day full of smiles and laughter.

Although most definitely it was one full of such enjoyment it was also one full of knowledge, insight and understanding.

Clouds which thundered with wet rain accompanied our journey to the Multicultural Community 2MFM Radio Station in Chester Hill. Our tour guide was Mrs El Dana, who gave us an explanation about the role of each dedicated radio presenters who deliver radio broadcasts and segments preaching the true Islamic knowledge and creed in their programs to the community. In addition, Mrs El Dana provided an insight into the function of each of the radio recording studios and meeting discussion board rooms.

Ms Mouna and Mr Kassem then took us into Darulfatwa, the epicenter of our community's source of religious jurisprudence and wisdom. Sheikh Ibrahim El Shafie welcomed us and gave us an awakening lecture which stressed the importance of taking the learnings of Al Amanah College to every facet of our lives, notably the next stage of our lives as our days at the school come to an end.

To conclude the day we went to Al Khayyal Restaurant. A depressing yet tranquil atmosphere as the Year Twelve students enjoyed a well-earned feast at the finale of their senior schooling.

We sincerely thank Allah for the blessings of having spent our final years of schooling at Al Amanah College with such caring teachers and advisors.

يوم الثلاثاء ، السابع عشر من ايلول قام طلاب الصف الثاني عشر برحلة مدرسية ممتعة وتعليمية.

2MFM كانت المحطة الاولى إذاعة الجالية الاسلامية.

وهناك اطلع الطلاب على كيفية العمل الاذاعي واستمعوا من الحاجة فاتن الدنا الى شرح مفصل عن الخدمات التي تقدمها الاذاعة للجاليات العربية وغيرها وعن فائدة العمل التطوعي فيها. اضافة الى ذلك جال الطلاب على استديوهات الاذاعة حيث قاموا باجراء المقابلات وتسجيل أصواتهم والتقاط بعض الصور التذكارية امام المايكروفون.

بعد ذلك انتقل الطلاب الى مبنى دار الفتوى ، المركز الاسلامي العام حيث استمعوا الى محاضرة قيمة من فضيلة الشيخ ابراهيم الشافعي تكلم فيها عن دور دار الفتوى في المجتمع الاسلامي الاسترالي مقدما النصائح المهمة حول موضوع الالتزام الديني والاخلاق الاسلامية التي ينبغي ان يتحلى بها الشباب المسلم. ختام هذه الرحلة المشوقة كان في مطعم الخيال حيث استمتع الطلاب بتناول الطعام اللبناني في جو هادىء.

جزيل الشكر من طلاب الصف الثاني عشر إلى الاساتذة وإدارة المدرسة لتنظيم هذه الرحلة الغنية بالفوائد والمعلومات.

شادي خزعل



Year 12 Arabic Excursion



PIC•COLLAGE



Year 12 Arabic Excursion



PIC•COLLAGE

2019 Year Twelve Graduation Ceremony

The Year Twelve Graduates of 2019 celebrated the end of their schooling years on Friday 20 September. The Head Principal, Mr El Dana, The school's Religious Advisor Shaykh Ibrahim El Shafie and the campus Principal, Mr Alwan, guests, parents and students were all present to congratulate the graduates on their successes. The school's captains and year twelve advisor Mrs Jenan El Ayoubi addressed the attendees. The 2019 Year Twelve cohort have demonstrated leadership and academic excellence as the senior students of Al Amanah College.

Al Amanah College congratulates the following award recipients:

Consistent Effort Awards - Selena Abu Lebdeh and Adam Taleb Hawchar
 Achievement Awards - Kainaat Hameed, Mohamed Elmostafa Hamid and Rouhaifa Mariam Karime
 Principal Awards - Shadi Khazaal and Mohab Aldeen Sidaoui

Special Achievement Awards 2019 - Most Dedicated student of Year Twelve - Mohamed Elmostafa Hamid

Innovation Award - Tamineh Saboune
 Leadership Award - Mohab Aldeen Sidaoui
 Most Outstanding Student of Year 12 - Fatima El Cheikh Khalil and Ali Dhafer Alaany
 The Australian Defence Force Long - Tan Leadership and teamwork Award - Bahaa Al-Kasem

USYD has a Future Leaders Scheme for School Captains - Bahaa Al-Kasem and Princess Zahab
 USYD DUX - Ali Dhafer Alaany.

Age Champion - Bahaa Al-Kasem and Shams Kashashneh

Sports person of the year - Adel Kandakji and Fatima El Cheikh Khalil

School Captain Awards - Princess Zahab and Bahaa Al-Kasem

SRC Awards - Mohab Aldeen Sidaoui, Selena Abu Lebdeh and Tamineh Saboune.

The SRC of 2019 handed badges over to the

2020 SRC and welcomed them as the new leadership team, congratulations to:

2020 SRC members Ahmad Walid Dabboussi and Mariam Abdullah

2020 Vice Captains Numeer Imtiaz and Nada Khaled

School Captains for 2020 - Muhammad Salim Alwan and Danna Rajab

The graduating students commence their HSC Examination study break from 21 September and begin their HSC Examinations on 17 October. The graduates will now be engaged in refining their skills to successfully write their HSC examinations. All senior teachers at Al Amanah College look forward to providing ongoing support to the graduating class over the HSC study period.

A wonderful celebration that was enjoyed by all. We wish all the 2019 graduates the very best in the upcoming HSC Examinations, and hope to see you all bring many wonderful things back to your community in the future.



Parent Tips

Raising a family is a busy task and there are many challenges along the way, as well as many rewards. Getting your kids to eat well and be active are common goals for many parents and they can add to the fun of family life!

Here we provide some tips on how to get your kids eating well and being active.

- Keep the cupboards free of unhealthy snacks they can pester you for.
- Talk about healthy foods and encourage them to try new tastes.
- Join, or set up, a neighbourhood fruit and vegie co-op for the freshest and cheapest way to feed a family.
- Find new and creative ways to incorporate extra vegies in every meal.
- Encourage a range of sports and then go with what the kids prefer.
- Get involved in team sports and volunteer as a coach or manager.

Keep the Cupboards Free of Unhealthy Snacks

As a parent, you often have to 'go with the flow'. Parents are supposed to be firm on not giving in to junk food – sure, children could

have treats now and again, but generally we stick to good, healthy food at every mealtime. We are to avoid the “pester power” by simply not having unhealthy snacks in the cupboard.

Talk about Healthy Foods and Encourage Kids to Try New Tastes

When the children are older they start to get interested in cooking themselves. You serve meals with serve-yourself vegetables or salad. That way, the kids are empowered to try a bit of what they like, and it also generates discussions about healthy foods amongst the whole family.

Join/Set up a Neighbourhood Co-op

The tip is to join or set up a local fruit and vegie co-op. In some neighbourhood, fruit and vegie co-ops are very popular. The way it works for a family is that they have seven families involved, and each week one family is responsible for going to the markets and buying a car-load of fresh fruit and vegetables, then dividing it between the families. It is fun to do the shop, buying up boxes of fresh produce! Of course, each family get the freshest fruit and vegies around and it is also very cost effective for a family. And then every week, you are working

your way through it all before the next lot arrives!

Find New and Creative Ways to Incorporate Extra Vegies in Every Meal

There are always opportunities to add in extra vegies when you are cooking. You take it on as a challenge - make lasagne having five types of vegetables in it.

Try a Range of Activities but Stick with the Ones the Kids Enjoy

As for being active kids gain a lot of self-esteem through physical activity. You have always encouraged activities such as swimming, football and athletics. You also focus on “personal bests” than just winning. However, there is nothing worse than forcing a child to keep up an activity they are not enjoying. We suggest trying it for a set period, and if they are not enjoying it, move onto something else – you are bound to find something they love sooner or later.

Get Involved in a Team Sport

Team sports are also a great way to keep kids active and healthy, and they often provide a great social outlet for the parents as well! Encourage your children to play a team sport.



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