

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Thursday 24 September 2020

Dear Parents, Students, Staff and Friends of Al Amanah College;

All praise is due to Allah, the lord of the worlds and may Allah raise the rank of our master Muhammad and protect his nation from that which he fears for

Here we are at the end of another term. Year Twelve graduation was held on Thursday 17 September, this event marked the end of their thirteen years of schooling. The School implemented its COVID-19 action plan and provided the parents with the opportunity to virtually view their children's academic achievements and successes by streamlining the graduation ceremony through the Al Amanah Facebook Live Stream. We would like to thank the Year Twelve advisors, teachers and parents for all their hard work. More importantly we extend our congratulation to the 2020 graduates for successfully completing their HSC. We wish you all a time of happiness and rest and look forward to seeing great results in the HSC.

Our students have all moved forward in their learning and enjoyed a range of activities at the school. Next term promises to be as busy as in previous years with performances, assessments, end of year activities and of course, the summer holidays.

We are all looking forward to a wonderful time of learning and fun.

Parents' Concerns

Parents are encouraged to discuss concerns and progress of their child with his or her teacher.

We at Al Amanah College endeavour to ensure that the child's time with us runs as smoothly as possible, however, there may be occasions when parents have concerns about what has happened in a classroom or playground.

Classroom Concerns

Parents should contact the teacher through class Dojo. The teacher will arrange a time before/after school or during their RFF sessions. If the matter is not resolved, parents are encouraged to contact

Issue 06 Message from the Principal's Office

the school for an appointment with the Coordinator or the Principal to discuss the issue.

General School Concerns

Parents with concerns are advised to make an appointment through the office with the Coordinator or the Principal. Alternatively, parents may send an e-mail with their complaint to:

admin@alamanah.nsw.edu.au

School Fees

Term three school fees are now overdue! Thank you to all who have already paid them. If you have not paid yet, please do so promptly. Please remember to include your family key when paying online, so we can identify your payment.

School Uniform

As a part of school policies, students are required to attend school with correct school uniform and proper haircuts. Teachers will continue to check students' uniform every morning. Students found wearing incorrect uniform or with inappropriate haircuts will be sent to the office and parents will be contacted and asked to either bring the correct uniform or take the student home. Please ensure your child labels all items of clothing. We have tubs of lost property on display in the office area. Many of the items are new and very costly. We have numerous items such as jumpers and hats. Please check or ask your child to check through lost property boxes carefully. Any items remaining after that day will be disposed of at the school's discretion.

School uniform is now sold by:

Faz Uniforms Pty Ltd 15/364 Park Rd Regents Park NSW 2143

Alternatively, you can purchase online via through: https://faz.com.au/uniformshop/index.php/

Yours Sincerely

Ayman Alwan Principal

Dates to Remember

FRIDAY 25 SEPTEMBER Term 3 Last Day

MONDAY 28 SEPTEMBER - FRIDAY 2 School office open 9am - 2pm

MONDAY 12 OCTOBER Student Day One

WEDNESDAY 14 OCTOBER Year 11 Elevate Session

FRIDAY 21 OCTOBER Year 11 Presentation Assembly

WEDNESDAY 4 NOVEMBER Kindy Orientation - Session 1 From 9am - 10am

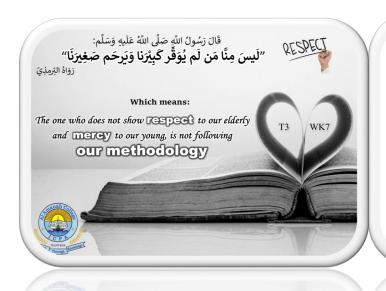
WEDNESDAY 11 NOVEMBER From 9am - 10am

WEDNESDAY 18 NOVEMBER Kindy Orientation - Session 3 From 9am - 10am



الأحاديث الأسبوعية

Hadiths of the Week





The one who immensely harms his parents will not be amongst the first people who enter Paradise"





Silence leads to safety

COVID - 19 Major Clean-up #11 - 29 August 2020

Al Amanah College is actively taking all necessary precautions to prevent the potential spread of COVID-19 by implementing another major clean-up of frequently high-touched surface areas in all parts of the school on Saturday 29 August 2020.

This weekend, the school has performed the eleventh whole school major clean-up which thoroughly included the total disinfection of all frequently touched surfaces. This includes enhanced and regular daily cleaning of high-touch surfaces such as desks, chairs, doorknobs, doors, handrails, lockers, outdoor seats, play equipment and toilets.

The school is actively maintaining, on a daily basis, all personal hygiene protocols for staff members, students and families by reinforcing frequent handwashing and sanitation practises. This is achieved through equipping all handwashing stations with anti-bacterial soap dispensers and hand sanitiser dispensers in each classroom, at entrances and exits, and near lunchrooms and toilets.

The school has been regularly enhancing its cleaning procedures to ensure the adoption of all reasonably practicable measures to reduce the spread of viruses or germs at our campuses. We are ensuring our staff members, students and families are staying safe and keeping healthy during the COVID-19 pandemic.







#12 - 12 September 2020"







Term Three Holidays

The College would like to remind all parents that the last day of Term Three will be on Friday 25 September 2020. Classes will resume on Monday 12 October 2020.

We wish all parents and their children a joyful and rewarding holiday.

Al Amanah College Students Wearing Uniform with Pride

A big thankyou to parents for their support in ensuring their children are wearing the correct school uniform. Often the colder months will bring a drop off in the standard of uniform being worn each day however we are receiving a significant number of compliments from various parts of the community and visitors to the school regarding how good our students look and the pride they clearly show in their school.

The time has come! School hats - 'No hat, play under the shelter'.

The sun's intensity is building and we need to protect the children's skin once again. For those who need a new hat, please visit the office any Tuesday to purchase one.



Kindergarten Orientation Sessions











Primary Athletics Carnival 2020

The Primary Athletics Carnival was held on Thursday 10 September at Dwyer Oval, Warwick Farm. Students had a fantastic day and showed great sportsmanship whilst showcasing their skills and talents both on and off the field. Throughout the day, students participated in a variety of field events such as long jump, shot put, relay races along with the popular egg and spoon race. Once the activities were complete, students ran their 100m races, scoring ribbons for a top-three place. The fantastic weather allowed students to enjoy a delicious barbeque lunch which was organised by our wonderful staff members.

Congratulations to the Bradman team for being victorious and winning on the day!



Year Two Learning Experiences

Year Two have embarked on a learning journey throughout term three. We have certainly learned a great deal about a wide array of topics including; Australia's geography, forces in action and have made visually pleasing artworks. While this term has been based in the classroom it has still been full of enriching learning experiences related to the real world.

In Geography, we have been learning about locations and people's connection to place. We have engaged in discovering tourist attractions, general facts and the local Aboriginal people's connections to places around Australia in places like Tropical North Queensland, Western Australia and Northern Territory. It has been like taking an interactive holiday every week!

During Science, we have been testing and experimenting with a wide range of push and pull objects. The students have been observing and reflecting on the experiments of how air moves an object, how and why movement of toys occurs. All students have participated in experiments where they tested what objects float and understand the reasons for these. We have estimated, measured and tested the length of a minimal and maximum push.

Finally, students have been experimenting with a range of visual arts mediums. These include items like oil pastels, watercolours and charcoal. The children have been producing some beautiful and colourful artworks that they are extremely proud of. Both 2S and 2P are amazing artists.





مُباراةً في إلقاءِ الشّعرِ العربيِّ

أقامَت مَدرَستُنا مَدرَسَةُ الأَمانةِ مُباراةً في إلـقـاءِ الشّـعـرِ حلبي، وفي المرتبة الثانية الطالب إبراهيم الشافعي، وفي المرتبة الثالثة الطالبة كريمة الشلح.

نشكرُ جميعَ من ساهَمَ في تنظيم هذه المناسبة ومدير مدرستنا على تشجيعه للطلاب، حيث كرَّمَ جميع الطلاب على مشاركتهم في هذه المباراة.

نتمنى التوفيق لطلابنا الأعزاء.



العربيّ لطُلابِ الصَّفِ الرابعِ والخَامسِ والسَّادِسِ.

تَقدَّمَ إليها عَددٌ مِنَ الطُّلابِ، تَمَّ اختِيارُ عشرون تِلميذاً، تبارَوا أمامَ رَفاقهم والأساتذة الكرام.

وفاز من الصَّفِ السَّادِس في المرتبةِ الأولى الطالبة إيمـان ريفي، وفي المرتبة الثانية الطالبـة حـود الـطـيـب، وفـي المرتبة الثالثة الطالبة زارا ياسر .

وفاز من الصَّفِ الخَامِس في المرتبةِ الأولى الطالبة لامار عيد، وفى المرتبة الثانية الطالبة نور كفورى، وفي المرتبة الثالثة الطالبة همسة رضوان.

وفاز من الصف الرابع في المرتبة الأولى الطالب إلياس

Primary Arabic Poetry Competition 2020

On Tuesday 22 September 2020, Al Amanah College held its fifth annual Arabic Poetry Competition for grades Four, Five and Six. The competition focused on speaking emotively to entertain an audience. The twenty participants spoke poetically and impressed the judges with their abilities and their fluency. Selected students recited beautiful poems of our beloved Prophet Muhammad, may peace be upon him. We were very proud of our students because the recitations were heartfelt and filled with emotions.

The judges had a hard time choosing the best poetry presenters from the three grades. After a short deliberation the champion presenters in each class were:

The Winners

Year Six 1. Iman Rifi

- 2. Jude Eltayeb
- 3. Zaara Yasir

Year Five

- 1. Lammar Eid
- 2. Noor Kfoury
- 3. Hamsa Radwan

Vear Four

- 1. Elias Halabi
- 2. Ibrahim Alshafie
- 3. Karima Alshelh

Thankyou to all teachers, judges and students for a wonderful event!

Congratulations to all students for their hard work in preparing their poems and presenting themselves so well with confidence.

Even though nine winners were chosen, all participants are winners for being selected to participate in the event. The competitors showed superb sportsmanship with great enthusiasm.





2020 Girls High School Athletics Carnival

On Monday, 31 August 2020, Al Amanah College held its annual Girls Sport Carnival. Our students were engaged in a variety of field events including Discus, Shot Put, Javelin, Long Jump and High Jump.

Students participation was Al Amanah's biggest yet and the girls were aiming to break their very own personal bests and other records. Our standing record for our 100m race was 10:45 seconds. The highlights of the day was the All Stars Race and Relay Races, which saw the fastest times from Al Amanah College.

Our athletes shone in the track events, with our top five 100m runner! These runners were:

Ilham Kanj: 12:44 seconds Yara Hammad: 11:39 seconds Malaak Alawieh: 10:45 seconds Lujain El Sayed: 12:34 seconds Aiyah Marabani: 13:34 seconds

We then held our junior and senior relay races.

The winners of the First Heat Relay Race was the: Yellow team (Lilly)

Coming in Second Place: Blue House (Bradman)
Coming in Third Place: Red House (Fraser)

The winners of the Second Heat Relay Race was the: Green team (Newcomb)

Coming in Second Place: Yellow House (Lily)
Coming in Third Place: Red House (Fraser)

It was a very enjoyable day and we would like to thank all the teachers and sports committee members for supervising and assisting throughout the day.



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Year Twelve Advanced English

After two weeks of trial exams, the Year Twelve classes have returned to school to start preparation for their HSC examinations in the last few weeks of their course. As part of the craft of writing module, the Advanced English class had an opportunity to type with a traditional (1930s) typewriter on Tuesday 1 September 2020. The students all had a chance to type with it and they enjoyed the experience as a fresh way to return back to class work. Mrs Dabboussi, the high school coordinator, also enjoyed a throwback experience and shared her own memories of using the typewriter and the value of writing in general!

We wish the Year Twelve class the very best for their upcoming HSC exams.







Religion Seminar

On Thursday 9 September 2020, the Year Nine and Ten girls were given an opportunity to engage in a religious lecture given by Sheikh Amr Alshelh. This was organised by the Welfare Committee to counteract some of the concerns that were beginning to become apparent amongst the Seven to Ten cohorts.

The girls listened to an insightful lecture about the religious implications of bullying. Sheikh Alshelh stressed the importance of being kind to your fellow Muslim sister and provided insightful stories of how our Prophet Muhammad (peace and blessings be upon him) dealt with prejudice and forms of bullying. He explored how bullying could impact an individual's life, mental health and overall wellbeing. He also stated the reasons why an individual would choose to bully another.

Sheikh Alshelh continued his lecture with the dangers of social media and how these smartphone devices and apps have consumed our everyday lives. He expressed the types of dangers teenagers can be exposed to and reminded us all to be weary and follow our religion and perform good deeds for the sake of Allah.



Miss Al Amiri Y9G Year Advisor

Year Twelve First Aid Course

Experiencing the world of human anatomy through human safety, the Year Twelve first aid course held on Thursday 10 September 2020 developed our skills as students in the field of CPR. As clients of the well esteemed training programme, we have set foot on the last steppingstone on the path set towards our future in the hope of becoming valuable assets to the Australian community as young Muslim individuals.

Encompassing the benefits of knowledge in triggering human advancement, we unlocked our individual capabilities in performing life saving strategies in situations requiring skill, confidence and proficiency. The course involved practical and theoretical elements and our contribution as learners took the shape of practical assessments on mannequin dolls. The company ensured all the equipment that were used were sanitised and they provided face sheets to protect against any spread of COVID-19.

Overall, finding confidence in the course, on behalf of the Year Twelve cohort, we would like to thank the Principal, Mr Alwan, high school coordinator, Mrs Dabboussi, and year advisor and mentor, Mr Nand, for granting us this beneficial opportunity organised by the school in preparation for our farewell from the college into the world of a concealed future and by the will of Allah; success and accomplishment.

Shadi Awad Year Twelve Student

















A Special BBQ for Our Senior Students



Al Amanah College held a special BBQ with its Year Ten and Eleven students on Saturday 12 September 2020. The special BBQ was organised to celebrate the successful and beneficial Saturday classes for senior students. The Saturday classes gave each senior student the opportunity to build upon their knowledge, concepts and skill sets in each key subject areas. The BBQ provided them with the importance of social bonding, cohesion and building positive relationships between the teachers and executive staff.

We wish all the Year Eleven students the best of luck with their transition into their HSC academic studies next term.



Mentoring Programme

Motivation, study tips and the road to success; some of the valuable advice our Year Twelve mentors Deema Jalloul and Abdullah Alobeidi taught us through the effective mentoring programme. From start to finish of their senior life, they have been inspiring and demonstrating to young students how to become independent and gifted learners. They have also taught us essential social skills we can use during and after our schooling lives.

With the guidance of the mentors, as a cohort we have completed successful study timetables and worked together to learn how to manage and prioritise our time, ensuring we began our assignments early and working on our behaviour. This is only a fraction of all the valuable knowledge and life skills we have learnt from them.

From first-hand experience, me being someone who never studied and did not even try to open a book throughout the term, their guidance showed me that there were alternative ways to ensure I could maximise my marks. They strongly influenced me to revise daily, start assessments earlier and study efficiently.

On behalf of all of Y9G and Miss Al Amiri, we would like to thank both Deema Jalloul and Abdullah Alobeidi. We will miss them dearly and we wish they could be there for our forthcoming studies. On that note, we would like to thank all the senior mentors that have assisted different roll call classes throughout the year - your effort have provided students with effective study strategies.

Best of luck to the whole Year Twelve cohort with their HSC exams and we wish them all the best for their future endeavours in their university studies and chosen careers.

Reyan Baig Y9G Student







2020 Year Twelve Graduation Ceremony

Al Amanah College held its Year Twelve graduation ceremony on Thursday 17 September, 2020. Congratulations to all Year Twelve students on their success in completing their journey spanning thirteen years of schooling. The 2020 Year Twelve cohort have demonstrated leadership, academic excellence, resilience and persistence during the turbulent COVID-19 pandemic. The School implemented its COVID-19 action plan and provided the parents with the opportunity to virtually view their child's academic achievements and successes by streamlining the graduation ceremony through the Al Amanah Facebook Live Stream.

The graduating class is strongly encouraged to share their knowledge and experiences of the ethos of Al Amanah College and Islamic teachings as they embark on their journeys into post school tertiary education in 2021 at various universities and workplaces.

Al Amanah College congratulates the following outstanding achievements of the students who have set benchmarks in various areas of learning and schooling:

Consistent Effort Awards:

- Mohdamad Farhat
- Shadi Awad
- Rhyanna Husseini

Achievement Awards:

- Numeer Imtiaz
- Adeeb Thotasseri
- Tia Saad

Principal Awards:

- Dana Rajab
- Mariam Abdallah
- Nada Khaled

Special Achievement Awards 2020:

Most Dedicated student of Year Twelve:

• Danna Rajab

Leadership Award:

• Muhammad Alwan

Most Outstanding Student:

• Bilal El Omari

Australian Defence Force - Long - Tan Leadership and teamwork Award:

• Elias Kahil

USYD has a Future Leaders Scheme for School Captains:

- Numeer Imtiaz
- Nada Khaled

USYD DUX:

• Bilal El Omari

Sports Awards: (Age Champion)

Mohamad Farhat

Sports person of the year:

- Shadi Awad
- Yahya El Masri

School Captain Awards:

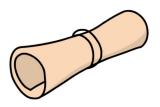
- Danna Rajab
- Muhammad Alwan

SRC Awards:

- Numeer Imtiaz
- Nada Khaled
- Mariam Abdallah

The graduating students commence their HSC Examination study break from 18 September and begin their HSC Examinations on 20 October 2020. The graduates will now be engaged in refining their skills to successfully write their HSC examinations. All senior teachers at Al Amanah College look forward to providing ongoing feedback to the graduating class over the HSC study period.

Staff, students and parents of Al Amanah college congratulate the 2020 Year Twelve class and wish every student success in the upcoming HSC Examinations.





Parents Health Tips

"pester power" by simply not having unhealthy snacks in the cupboard.

Talk about Healthy Foods and Encourage Kids to Try New Tastes

When the children are older they start to get interested in cooking themselves. You serve meals with serve-yourself vegetables or salad. That way, the kids are empowered to try a bit of what they like, and it also generates discussions about healthy foods amongst the whole family.

Join/Set up a Neighbourhood Co-op

The tip is to join or set up a local fruit and vegie co-op. In some neighbourhood, fruit and veggie co-ops are very popular. The way it works for a family is that they have seven families involved, and each week one family is responsible for going to the markets and buying a carload of fresh fruit and vegetables, then dividing it between the families. It is fun to do the shop, buying up boxes of fresh produce! Of course, each family get the freshest fruit and veggies around and it is also very cost effective for a family. And then every week, you are working your way through it all before the next lot arrives!

Stick with the Ones the Kids Enjoy

Try a Range of Activities but

Find New and Creative Ways to

Incorporate Extra Veggies in Every

Meal

There are always opportunities to add in

extra veggies when you are cooking. You

take it on as a challenge - make lasagna

having five types of vegetables in it.

As for being active kids gain a lot of selfesteem through physical activity. You have always encouraged activities such as swimming, football and athletics. You also focus on "personal bests" than just winning. However, there is nothing worse than forcing a child to keep up an activity they are not enjoying. We suggest trying it for a set period, and if they are not enjoying it, move onto something else - you are bound to find something they love sooner or later.

Get Involved in a Team Sport

Team sports are also a great way to keep kids active and healthy, and they often provide a great social outlet for the parents as well! Encourage your children to play a team sport.



Raising a family is a busy task and there are many challenges along the way, as well as many rewards. Getting your kids to eat well and be active are common goals for many parents and they can add to the fun of family life!

Here we provide some tips on how to get your kids eating well and being active.

- Keep the cupboards free of unhealthy snacks they can pester you for.
- Talk about healthy foods and encourage them to try new tastes.
- Join, or set up, a neighbourhood fruit and veggie co-op for the freshest and cheapest way to feed a family.
- Find new and creative ways to incorporate extra veggies in every meal.
- Encourage a range of sports and then go with what the kids prefer.
- Get involved in team sports and volunteer as a coach or manager.

Keep the Cupboards Free of Unhealthy Snacks

As a parent, you often have to 'go with the flow'. Parents are supposed to be firm on not giving in to junk food - sure, children could have treats now and again, but generally we stick to good, healthy food at every mealtime. We are to avoid the



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