

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER Issue 04 Friday 25 September 2020

Dear Parents, Students, Staff and Friends of Al Amanah College;

All praise and thanks are due to our Exalted God "Allah", the Creator of all and to Him belong the endowments and proper commendations. I ask Him to bestow upon us guidance and wisdom. May Allah raise the rank of Prophet Muhammad, and protect His nation from that which He fears for it.

As the final hours of Term 3 draw to a close, I would like to take this opportunity to acknowledge and thank all parents for their cooperation with all of our rules and expectations since our aim is to immensely build and enhance collaborated partnerships between school, home and community and we look forward to keep working together as one team to achieve better outcomes for the children.

This wonderful term has been a busy one for all our dedicated teachers and staff members to implement the current best practice in teaching and learning programs and offer our students the best possible education and facilities to nurture their pedagogical performance and enthuse our students to inspire and explore in their daily work. Moreover, I would like to acknowledge the work done by many of our students and sharing in the miscellaneous events and activities that have been held this term such as: Science Week, Shoelace Tying Workshop, Fruit & Veggie Day, SRC Garden,

Message from the Principal's Office

Mascot challenge & Krispy Kreme Fundraiser. In addition to the in-school diversified sports activities. Therefore, I would like to thank all staff members, students and parents for their level of support across these different occasions.



Parents are again reminded to use all precautions about the safety of students and to comply with the marshalling initiative at the start and end of the day when dropping-off or picking-up their children to help furnishing a safe environment. They are requested to reduce speed limit, avoid gatherings before and after school and leave immediately after the child exits to reduce the traffic congestion in the parking area and at the same time to comply with COVID 19 restrictions required by departments of health and education.

Finally, I wish everybody a healthy, safe and relaxing holiday break. This short holiday break is an opportunity for all students to recharge their batteries and start planning for Term 4. I look forward to seeing you all back next term.

Yours Sincerely, Bassam Adra Principal

Dates to Remember

Friday 25 September Last Day of Term 3 Monday 28 September to Friday 2 October School Office Open 9am-2pm Monday 5 October Public Holiday Monday 12 October Term 4 Begins Friday 16 to Wednesday 21 October Life Education Program Monday 26 October Stage 3 Cyber Bullying Workshop Tuesday 27 to Wednesday 28 October Student's First Aid Incursion Wednesday 29 October MAWLID **Tuesday 3 November** Kindy Orientation 1 **Thursday 5 November** Year 6 Fete Monday 9 November Year 5 & 6 Gala Day **Tuesday 10 November** Kindy Orientation 2 Wednesday 11 November Kindy to Year 2 Dojo Excursion **Thursday 12 November** Year 6 Open Day **Tuesday 17 November** Kindy Orientation 3 **Thursday 19 November** Year 3 to 6 Dojo Excursion

MEDICATION

- The school does not administer medication.
- Where students suffer from asthma or extreme allergic reaction, a copy their Action Plan from the doctor must be provided by parents.
- These medications accompany students when they leave the school grounds for excursions.
- Students can bring their puffer to school if they asthma. Parents need to purchase an Epipen and keep it in the school office for students who have been prescribed with an Epipen.
- In the interests of your child's health and safety, if they suffer from any chronic illness, please provide the medication and Action Plan promptly.

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ALLERGIES

There are a number of students with severe food allergies. The most common food allergies are peanuts, tree nuts (walnuts, almonds, cashews etc), cow's milk, soy, seafood, and eggs. The symptoms of food allergy range from mild to life-threatening, with anaphylaxis the most severe form of allergic reaction.



Minimising Risk

As a school, we minimise the risk by ensuring that:

• Students do not share food, utensils or food container

- Students with allergies only eat food that is prepared at home
- All food and drinks containers are clearly labelled with students' names to avoid confusion of ownership
- Students who are anaphylactic should be reminded to wash their hands before they eat

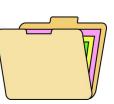
SCHOOL RESPONSIBILITIES

There are five School Responsibilities at Al Amanah College School. They are:



FAMILY INFORMATION DETAILS

- New families to the school receive forms to be completed and returned to the school.
- These forms provide the school with your child's and family details as well as medical information which the school requires in an emergency.
- If your family name, address, phone, contact numbers or doctors change please inform the school immediately.
- All information is collected under the Privacy Act.
- Update family information using Igloo



Custody of Children:

The principal, coordinator and class teachers should be informed of the conditions of custody when parents are separated. Please ensure that you inform the school of any changes in custody conditions. Court orders must be produced if access is limited to a particular parent or guardian.

الأحاديث الأسبوعية

HADITHS OF THE WEEK



"The one who immensely harms his parents will not be amongst the first people who enter Paradise"





Which means: Silence leads to safety

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FRUIT AND VEGGIE DAY

Only 5% of NSW children eat enough vegetables. At Al Amanah College we're on a mission to change that stat, by increasing children's knowledge, exposure and positive attitudes towards fruit and vegetables. The students of Al Amanah College Bankstown have been participating in exciting activities to promote fruits and vegetables. Through this initiative, students are encouraged to change their eating habits to become healthier.

During this month, Students dressed up as their favourite fruit or vegetable. Kindergarten to Year 2, created art fruit and vegetable plates using colourful paper. They learnt about the importance of eating a good variety of fruit and vegetables every day. Years 3- 6 designed a fruit and vegetable mascot to encourage students at Al Amanah College to eat more fruit and vegetables. The winners of the Fruit and Veggie mascot challenge were Jehad Chamma and Soukayna Zalghout.

So, lettuce try to pack more fruit and vegetables snacks into lunchboxes.

Mrs Dib and Mrs Saleh



SRC GARDEN

During Term 3 SRC students were involved in our school garden. SRC students weeded and planted different types of plants. The school garden teaches SRC students essential skills, not only about life cycles and different foods, but also socialisation skills and cooperation. Students worked together to create this garden.

The school garden teaches students about eating and growing fresh healthy food, an essential ingredient for long-term health. It provides an abundantly stimulating learning environment for the school curriculum, while providing a platform for the development of invaluable social skills.

Thank you to all SRC students for their wonderful garden efforts.











Find a container- Cups, jars, & yogurt containers all make great pots for planting. Recycle





Save a seed- Apple, tomato, & cucumber seeds are fun to **Plant Your** plant. Snack



Notice what happens- As your plant grows talk about what you see and make a graph to track the changes.

Watch it grow

KRISPY KREME FUNDRAISER

This term SRC held a Krispy Kreme Fundraiser. There are many benefits to fundraising. Students gain valuable leadership skills and confidence. Fundraisers require students to work with each other, as well as their parents and teachers in order to meet their overall goal, and this teaches our SRC teamwork. SRC are also taught the importance of community, creativity, caring about others, and improving the common environment. On behalf of the SRC, we would like to thank all the families who supported our school by purchasing a box.



SHOELACE TYING WORKSHOP

A milestone in a child's life is when he or she learns how to tie his or her own shoelaces. This year Kindergarden and Year 1 participated in Ascent Footwear's shoe lace tying lessons. Ascent Footwear works closely with The Athlete's Foot to ensure they are meeting the needs of Australian school kids feet. The shoe lace tying lessons were very helpful in ensuring students learn an important life skill and also assist them in developing their fine motor skills and create independence.

They were presented with an awesome gift, a shoe lace pencil case and a 9-step guide so they can keep practicing at home.







STEP 1 - LACES READY



STEP 4 - PULL TIGHT



STEP 7 - RUN GROUND THE TREE





STEP 2 - CROSS AND FALL

STEP 5 - MAKE A TREE



STEP 8 - POKE THROUGH





STEP 6 - HOLD MARKER

STEP 3 - UP AND UNDER

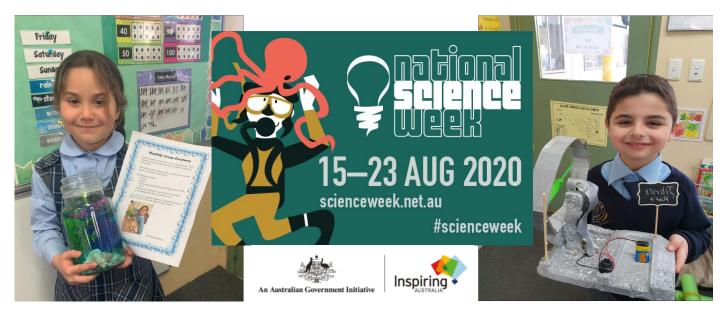


STEP 9 - PULL TIGHT



NATIONAL SCIENCE WEEK

National Science Week is an annual event that is held at Al Amanah College every year. This year's Science Fair theme was 'Deep Blue'. Students participated in a class activity which gave students prior knowledge before completing their take home task. Students created their own science projects at home which involved making floating rafts, making games to educate others about responsible fishing as well as making a diorama based on what a safe and healthy habitat should look like. Well done to all the creative students that participated. We had such a great turn out this year and it was extremely hard to choose a winner.



Al Amanah College endeavours to provide parents with the highest quality of professional services at all times! With this in mind we are very pleased to announce that all School uniform will now be sold directly through the supplier. This will provide parents with extended times for purchasing, improved stock availability and the convenience of online shopping.



The details for the Uniform Shop are as follows: FAZ Quality Garments & Apparel Address: 15/364 Park Rd REGENTS PARK NSW 2143 Telephone: 02 9644 7999 Website: <u>www.faz.com.au/uniformshop/</u>

Parents are welcome to visit the Uniform Shop from 9:00am to 3:00pm, Monday to Friday. The accepted methods of payment are cash and Eftpos only.

If you have any questions regarding this matter, please do not hesitate to contact the School Administration Office or the Uniform Shop directly on the number provided above.

STAR STUDENT OF THE WEEK











5A



Adem Dlakic KA Fatima Ruqayyah 1D Farah El-Jebeili 2L

31

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Sidrah Abouloghod

Soukayna Zalghout

Rama Dannoun 6S



Boredom can be frustrating, but

it's a problem children can learn to solve themselves. Being bored gives children an opportunity to use their imagination, problem solve and create their own games. When children say "I'm bored", avoid using screen time. Instead, ask them questions which promote thinking and creativity:



- "Is your room clean?"
- "Can you tell me a story?"

These activities can occupy them for longer than screens and build skills which help them in their day-to-day lives.

Learning how to entertain themselves is a skill which takes practice and time for children to learn, just like anything else.

www.healthykids.nsw.gov.au



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