

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Issue 01

Monday 8 March 2021

Dear Al Amanah College Families,

Welcome Back!

Praise be to the Lord Allah, the One with whom we seek protection, sustenance and guidance, I ask Allah to raise the rank of Prophet Muhammad and protect his nation from that which he fears for it.

It has been a pleasure to welcome back our families, students, and staff members. I hope you all had a pleasant break and time for rest and relaxation. It was great to see so many during our orientation days and during the Year Ten - Twelve Principal Information Sessions. I am so delighted that you are part of our amazing learning community. I welcome and value your positive energy and dedication to excellence in education, and I look forward to working with you and your children.

I would like to welcome the new families to Al Amanah College and hope they feel at home. I look forward to establishing a strong partnership by working towards an exciting and productive year ahead.

We emphasize on the partnership between school and home. We consider it vital in the learning journey of each child. It will also strengthen the communication between students, parents and school. Consequently, we remind you to provide the following:

1. Your current e-mail address so that we can send you any official correspondences, the school newsletter, or the like.
2. Inform the administration office whenever your child is absent and within 3 days of their absence using your igloo portal or by emailing admin@alamanah.nsw.edu.au
3. Inform the administration and the class teacher if there are any changes to your child's medical condition.
4. Update your contact phone numbers, address and e-mail details if there are any changes using your igloo portal.
5. Approach our teachers, coordinators or myself if you have any concerns about your child.

New Staff

We would also like to welcome back our staff who have returned from the holiday break with full energy and enthusiasm for the new academic year. Each year brings positive changes. This includes a few additions to our

Message from the Principal's Office

staff. We are delighted to welcome our new secondary school teachers Mr Afzal (Mathematics and Science), Miss Chams (English and HSIE), Mr Darwish (PDHPE), Miss Ghany (English and HSIE), Miss Ram (HSIE and Mathematics) and Ms Singh (Mathematics and Science). The new primary teachers are Miss Sabbagh, Mrs Basir, Ms Haidar and Miss Sanli. A special welcome back to our primary school teachers, who were on leave during 2020, Mrs El Bandar and Mrs Adam.

Student Placement

A great deal of time, effort and thought has gone into the process of student placement for the 2021 academic school year. Careful consideration was given to input from staff and families as well as student learning styles. Classrooms have been balanced academically and socially. Our class lists are structured to provide equitable class sizes at each grade level. Moving students is difficult without causing imbalances and inequities.

Thank you so much for being positive with your child and helping him or her understand that it is difficult to place all students with a preferred best friend or teacher. All our staff work hard to make school a positive experience for all students. Al Amanah College is eagerly looking forward to enriching your child's life. Thank you for understanding that it can take a few weeks for a child to acclimate to a new grade, peer group and teacher.

Thank you to all who are helping prepare for the new school year. Your commitment to ensuring that Al Amanah College remains a celebrated and successful school is awe-inspiring. I eagerly look forward to greeting students and families again. It remains an honour and privilege to serve as the principal. Please stop by and say hello. Together, I know we will make this school year one of growth and achievement for all children.

I look forward to our journey ahead. If we do our best and have integrity in the way we approach life's challenges, we will enjoy a positive and productive future.

Warmest Regards,

Ayman Alwan
Principal

Dates to Remember

- FRIDAY 12 MARCH
Al-Isra' and Al-Mi'raj Celebration
- WEDNESDAY 17 MARCH
Year 7 Vaccination (Dose 1)
- THURSDAY 18 MARCH
Primary School Athletics Carnival
- TUESDAY 16 - THURSDAY 25 MARCH
Year 12 Half-Yearly Examinations
- MONDAY 22 MARCH
Harmony Day
- THURSDAY 25 MARCH
Mid-Sha'ban and Sayuban Ramadan
- MONDAY 29 MARCH
Secondary School Girls Athletics Carnival
- MONDAY 29 MARCH
Primary School Parent/Teacher Night
- TUESDAY 30 MARCH
Secondary School Parent/Teacher Night
- WEDNESDAY 31 MARCH
Secondary School Boys Athletics Carnival
- THURSDAY 1 APRIL
SRC Excursion/Last Day of Term 1
- FRIDAY 2 - MONDAY 5 APRIL
Public Holiday
- TUESDAY 6 - FRIDAY 9 APRIL
School Office Open from 9am - 2pm
- MONDAY 19 APRIL
Pupil Free Day
- TUESDAY 20 APRIL
Term 2 Starts/Students Day One
Ramadan Timetable Starts

الأحاديث الأسبوعية

Hadiths of the Week

HADEETH OF THE WEEK

أفشوا السلام بينكما

قال رسول الله صلى الله عليه وسلم:

"أفشوا السلام"

رواه الترمذي

WHICH MEANS:

SPREAD THE GREETING OF SALAAM

T1 WK2

قال رسول الله ﷺ

"الصدقة تطفى الخبيثة"

The Prophet ﷺ said what means:
Sincere charity extinguishes the sin as water extinguishes fire

T1 WK4

قال رسول الله صلى الله عليه وسلم:

"مَنْ تَوَاضَعَ لِلَّهِ رَفَعَهُ اللَّهُ"

رواه مسلم

Allah raises the rank of one who humbles himself for the sake of Allah

T1 WK3

قال رسول الله صلى الله عليه وسلم:

"من حُسن إسلام المرء تركه ما لا يعنيه"

رواه الترمذي

WHICH MEANS:

A WAY FOR THE PERSON TO EXCEL IN ISLAM IS NOT TO INTERFERE IN THE MATTERS WHICH DO NOT CONCERN ONE.

T1 WK5

قال رسول الله صلى الله عليه وسلم:

"الطهورُ شَطْرُ الإِيمَانِ"

رواه مسلم

Which means:

"Purification is an important matter in Islam"

T1 WK6

قال رسول الله صلى الله عليه وسلم:

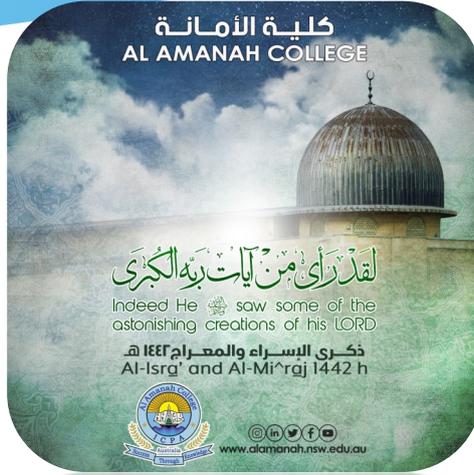
"كلُّكم راعٍ وكلُّكم مسؤولٌ عن رعيته"

رواه البخاري

Which means:

Everyone is responsible for certain people and shall be questioned about this responsibility

T1 WK7



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الحمد لله رب العالمين والصلاة والسلام على سيدنا محمد وعلى إله وصحبه الطيبين الطاهرين
قال الله تعالى:

”سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا الَّذِي بَارَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ“
أجمع أهل الحق من سلف وخلف ومحدثين ومتكلمين ومفسرين وعلماء وفقهاء على أن الإسراء كان بالجسد والروح وفي
اليقظة، لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا.

الإسراء

جاء جبريل عليه السلام إلى الرسول محمد صلى الله عليه وسلم فأخذه إلى المسجد الحرام وأركبه خلفه على البراق وهو دابة من ذواب الجنة يضع حافره عند منتهى طرفه، ومرّ بالمدينة وطور سيناء وبيت لحم حيث ولد سيدنا عيسى عليه السلام حتى أتيا بيت المقدس، وقد جمع الله للرسول عليه الصلاة والسلام جميع الأنبياء من آدم فمن بعده في المسجد الأقصى تشريفًا له فصلى بهم إمامًا.

من عجائب ما رأى الرسول في الإسراء:

الذين يمشون بالغيبة: رأى قوما يمشون ووجههم و صدورهم بأظفار نحاسية قال له جبريل "هؤلاء الذين يغتابون الناس" **خطباء الفتنة:** ورأى أناسا تقرض ألسنتهم وشفاهم بمقاريض من نار، قال له جبريل: "هؤلاء خطباء الفتنة". يعنى الذين يخطبون للشرك والفتنة أى يدعون الناس إلى الضلال والفساد والغش والخيانة. **تاركو الصلاة:** ورأى قوما ترضح رءوسهم ثم تعود كما كانت فقال جبريل: "هؤلاء الذين تتناقل رءوسهم عن تأدية الصلاة".

المعراج

المعراج ثابت بنص الأحاديث الصحيحة وأما القرآن فلم ينص عليه نصا صريحا لكن ورد فيه ما يكاد يكون نصا صريحا. والقصد من المعراج هو تشريف الرسول بإطلاعه على عجائب فى العالم العلوى وتعظيم مكانته.

عرج النبي محمد صلى الله عليه وسلم ومعه جبريل عليه السلام إلى السماء الأولى فوجدا فيها آدم عليه السلام، وفى الثانية عيسى ويحيى عليهما السلام، وفى الثالثة يوسف عليه السلام، وفى الرابعة إدريس عليه السلام، وفى الخامسة هارون عليه السلام، وفى السادسة موسى عليه السلام، وفى السماء السابعة إبراهيم عليه السلام.

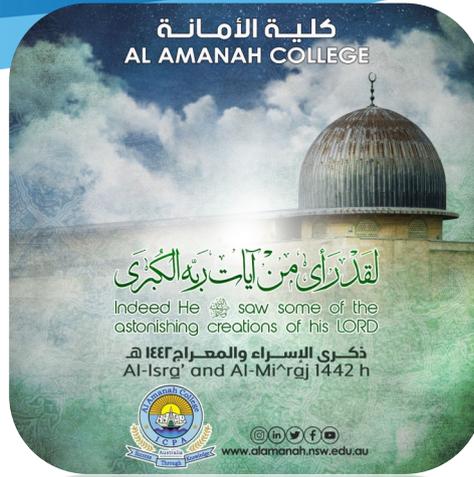
فائدة جلية: إن الله خالق السموات السبع وخالق الأماكن وخالق كل شئ. كان الله موجودا قبل خلق الأماكن كلها وهو الذى لا يحتاج إلى شئ. قال الإمام على رضى الله عنه: "كان الله ولا مكان وهو الآن على ما عليه كان." أى كان الله قبل خلق المكان بلا مكان وبعد أن خلق المكان هو موجود بلا مكان، وحسبنا قول الله تعالى: "لَيْسَ كَمِثْلِهِ شَيْءٌ" أى لا يشبهه شئنا من مخلوقاته ولا يوصف بصفة من صفات المخلوقات. أما اعتقاد أن الرسول صلى الله عليه وسلم وصل إلى مكان فى السموات أو فوق السموات هو مركز لله تعالى فهو ضلال وتكذيب لقوله تعالى: "لَيْسَ كَمِثْلِهِ شَيْءٌ" وقوله تعالى: "وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ" أى لا شبيه ولا مثل له.

من عجائب ما رأى الرسول فى المعراج:

البيت المعمور: وهو بيت مشرف فى السماء السابعة هو لأهل السماء، الملائكة، كالكعبة لأهل الأرض كل يوم يدخله سبعون ألف ملك يصلون فيه ثم يخرجون ولا يعودون أبدا.

سدرّة المنتهى: وهى شجرة عظيمة أصلها فى السماء السادسة ثم تعلقو إلى ما فوق السابعة.

الجنة: وهى دار السلام والنعيم. وهى موجودة فوق السموات السبع.



The Miracle of Al-Isra' and Al-Mi'raj

Praise be to Allah, the Lord of the Worlds, the One Who exists without a place. May Allah raise the rank of Prophet Muhammad and his kind Al and Companions and protect his nation from what he fears for them. The miracle of al-Isra' is confirmed in the Qur'an. In Surat al-Isra', Ayah one, Allah said:

“سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا الَّذِي بَارَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ”

Which means: (Praise be to Allah Who enabled His slave, Muhammad to make the journey at night from Masjid al-Haram in Makkah to Masjid al-Aqsa in Jerusalem, which is surrounded by a blessed land). This journey is also confirmed in the sahih hadith. As such, there is scholarly consensus (ijma[^]) Prophet Muhammad journeyed in body and soul on the night of al-Isra' from Masjid al-Haram in Makkah to Masjid AL-Aqsa in Jerusalem. Moreover, these scholars indicated the person who denies al-Isra' is a blasphemer for belying the explicit text of the Qur'an.

Al-Isra'

Angel Jibril came to the Prophet with the *burag* one of the animals of Paradise. The *burag* is a very fast animal; the length of the *burag*'s stride is the farthest distance its eye can see Jibril and the Prophet mounted the *burag* then it set forth.

The Prophet and Jibril arrived to al-Madinah then to Tur Sina', then to Bayt Lahm, where Prophet Isa (Jesus) was born, until they entered the city of Jerusalem. There the Prophet went to Masjid al-Aqsa where Allah assembled for him all the Prophets--from Adam to Isa. Prophet Muhammad moved forward to lead them all in prayer. This is an indication that the Prophet is higher in status than all the rest of the prophets and messengers.

On Prophet Muhammad's journey from Masjid Al-Haram to Masjid al-Aqsa, Allah enabled him to see some of His wondrous creations. The Prophet saw people whose lips and tongues were clipped with scissors made of fire. Jibril told the Prophet "These are the speakers of sedition (fitna) who call people to misguidance."

The Prophet saw angels smashing some people's heads with rocks. These heads would return to the shape they had been, and then the angles would smash their heads again-- and so on. Jibril told the Prophet, "These are the ones whose heads felt too heavy to perform prayer--the ones who used to sleep without praying."

The Prophet saw people scratching their faces and chests with brass finger nails. Jibril said, "These are the examples of those who commit gossip (ghibah)."

Al-Mi'raj

After the Prophet took this night journey from Masjid al-Haram to Masjid al-Aqsa, he ascended to the upper heavens. There, Prophet Muhammad saw Prophet Adam. Then Prophet Muhammad ascended to the second heaven where he saw Prophets Isa and Yahya then Prophet Yusuf in the third and Prophet Idris in the fourth. In the fifth heaven, the Prophet encountered Harun. On the sixth heaven he encountered Prophet Musa. And in the seventh heaven, saw Prophet Ibrahim.

Some of the wondrous creations Prophet Muhammad saw in the Mi'raj:

Al-Bayt al-Ma'mur: which is to the angels, is like the Ka'bah is to us. Every day 70,000 angles go there; then exit from it, and never return. This will continue until the Day of Judgment.

Sidrat al-Muntaha: a very big and extremely beautiful tree. Its beauty is beyond description.

Then the Prophet ascended to what is beyond the seven skies; he entered Paradise. In Paradise, the Prophet saw some of the bounties Allah prepared for the inhabitants of Paradise.

We ask Allah that we would all die as Muslims. We ask Allah to bestow on us the bounty of entering Paradise without torture.

Reminders - Reminders - Reminders

Parents/School Communication

Staff at Al Amanah College use e-mails together with the website for all forms of communication. The website is fast becoming a point of contact to receive an abundance of information together with all the home communication being accessible in the one place. We ask all parents to update their details by providing us with their current e-mail address, mobile phone numbers and home addresses. Al Amanah College website enhancements include:

- Easier to navigate information about the school
- A link to our Facebook and Twitter pages
- A Calendar that gives you a full insight into the current academic year
- Online stories available through our latest news and events
- Subscribe to our newsletter to receive our latest publications

Al Amanah College established a fast and easy communication link between teachers and parents to keep you updated and informed about class events and other important information. Therefore we ask parents and guardians to provide us with an e-mail address which is checked on a regular basis. Some of the following will be the things communicated through e-mail:

1. Al Amanah College - primary and secondary schools implemented a whole school token reward system. This reward system has been running successfully through an automated online 'Class Dojo.' Teachers reached the next phase of the programme, which is to provide parents with usernames and passwords to access the system. Through this system, you may monitor the behaviour of your child on a daily basis.
2. Important events reminders such as parent/teacher nights, P&C meetings and general school events.
3. Information that may not have reached you through a standard note sent home with your child.



School Uniform

As a part of school policies, students are required to attend school with correct school uniform and proper haircuts. Teachers will be checking students' uniform every morning. Students found wearing incorrect uniform or with inappropriate haircuts will be sent to the office and parents will be contacted and asked to either bring the correct uniform or take the student home.

Please ensure your child labels all items of clothing. We have tubs of lost property on display in the office area. Many of the items are new and very costly. We have numerous items such as jumpers and hats. Please ask your child to check through lost property carefully.

School Hats - 'No hat, play under the shelter'

The time has come! The sun's intensity is building and we need to protect the children's skin once again. For those who need a new hat, please visit the office on Tuesday to purchase one.

Nut Aware School

We strive to be a 'nut-aware' environment in order to minimise risks to students. Staff members are trained to administer assistance when allergic reaction occurs. For some children, even the smallest trace of nut product can result in an allergic reaction. Please be careful with the food you send with your child/ren to school.



Attendance

It is important that your child arrives at school on time (8:15am). Children like to have a few minutes before the day starts to do things such as catch up with their friends.

If your child arrives late (after 8:40am), he/she will need to get a late slip from the front office; this is the same process if you are taking your child out of school early for any reason. This partial absence is then noted on your child's report.

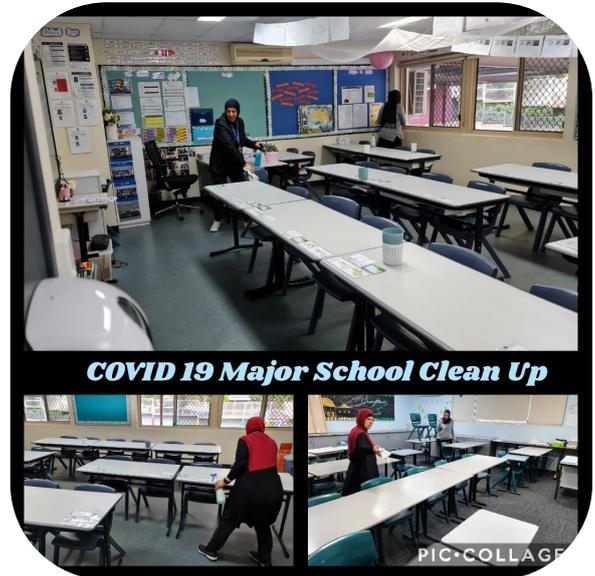
As the school is responsible for the welfare and safety of students, it is necessary for us to know their whereabouts at all times. If parents wish to collect children during school hours, they must go to the office first to sign their children out of the school. Written permission is required from the parents or guardians for any other person to collect your child and identification must be sighted.

GOOD ATTENDANCE FOR SUCCESS
Every Minute
in School Counts



COVID 19 Major Clean Up

As part of complying with the School's COVID safety plan and prioritising the safety of our students and teachers, Al Amanah College implemented another major clean up of the school. On 13 February 2021 extensive cleaning of frequently high-touched areas around the school campus, was carried out to help reduce the risk of the COVID-19 transmission. In addition to its daily school cleaning routine, the school conducted many whole school major clean-ups last year. This was the first of the 2021 clean up sessions. It involved total disinfection of all frequently touched surfaces. This included cleaning and disinfecting all facilities within the school building and surrounding environment including desks, chairs, doorknobs, doors, handrails, window handles, lockers, outdoor seats, play and sports equipment, the canteen area and all water and sanitation facilities. The school has been regularly enhancing its cleaning procedures to comply with COVID 19 safety regulations and eliminate the risk of transmitting viruses. We are ensuring our staff members, students and families are staying safe and keeping healthy during the pandemic.



COVID - 19 Major Clean-up - 27 February 2021

Al Amanah College has implemented another extended and increased cleaning of frequently high-touched surface areas in all parts of the school on Saturday 27 February 2021, to help reduce the risk of the COVID-19 transmission.

The school has performed the second whole school major clean-up for the term which thoroughly included the total disinfection of all frequently touched surfaces. This includes enhanced and regular daily cleaning of high-touch surfaces such as desks, chairs, doorknobs, doors, handrails, lockers, outdoor seats, play equipment and toilets.

The school is actively ensuring all staff members, students and families are practising social distancing and maintaining regular personal hygiene practises through providing hand sanitisers in each classroom and antibacterial hand soap dispensers near all designated hand basins on a daily basis.

The school has been regularly enhancing its cleaning procedures to ensure the adoption of all reasonably practicable measures to reduce the spread of viruses or germs at our campuses. We are ensuring our staff members, students and families are staying safe and keeping healthy during the Covid-19 pandemic



Staff Development Days - Term One 2021

AAC Staff Development Day One

On 27 January 2021, Al Amanah College primary and secondary staff were welcomed back by Al Amanah College Principal, Mr Alwan, in the grand hall. Mr Alwan welcomed the new teachers, and conducted the seminar on compliance matters including school procedures and back to basics, staff code of conduct, roles and responsibilities, and the mandatory child protection policies and procedures. The session also highlighted the COVID-19 procedural updates for the school. During the session, Mr Alwan provided information about the importance of implementing successful and consistent behaviour management strategies. The college prioritises student wellbeing, as well as the importance of positive learning environments, and safety at all times, which was highlighted in the 'Child Protection Policies and Staff Code of Conduct' sessions. The second session was a professional development session for Microsoft training which informed primary and secondary teachers of ways in which Microsoft could be used to improve ICT in teaching and learning practices. The Principal also wished all staff at Al Amanah College a successful 2021 academic year.



Staff Development Day Two

On Thursday 28 January 2021, secondary teachers spent the day working together in preparation for the new school year. The primary and secondary school co-ordinators welcomed staff back and worked with staff members to improve professional learning and practice for the upcoming year. In conjunction, an 'Elevate Session' for teachers was conducted. It provided them with feedback on how to improve essential study skills for students such as note taking and the benefits of past papers. Teachers were impressed by the benefit from the session and looked forward to implementing these strategies in the classroom. Teachers also worked together to go through the curriculum and school goals. We look forward to improving the success of all students with these strategies.



Staff Development Day Three

On Friday 29 January, Primary School teachers engaged in a staff development day session focusing on effective classroom behaviour management. This positive teaching workshop has been developed to train teachers in the skills and methods necessary for creating a positive learning environment and implementing clear behaviour management strategies.

At Al Amanah College, teachers set a clear priority to ensure that each classroom is a safe and comfortable workspace for students to complete their studies daily. As part of the school's ongoing continuous improvement plan, behaviour management and teacher

training are areas in which the school heavily invests time and effort.

By using positive teaching methods, teachers can build less stressful and more effective teaching and learning environments.

The following workshop covered these priority areas:

- Identifying troublesome classroom behaviours
- Focusing on appropriate classroom behaviours
- Setting the classroom context to encourage more appropriate behaviour and increase academic engagement

- Understanding the importance of contingent praise and appropriate reprimands in improving classroom behaviour.

The Positive Teaching approach is based on research carried out by Emeritus Professor Kevin Wheldall AM and Dr Robyn Wheldall of Macquarie University in Australian schools. It provides a reliable behaviour management system that is the crucial first step in the delivery of effective instruction.

Teachers collaboratively worked throughout the session to raise ideas and effectively create plans moving forward on how to implement new ideas into their classroom.

2021 School SRC Induction



On 25 February the SRC induction ceremonies for both primary and secondary school at Al Amanah College were held. The secondary assembly was officially opened by the MCs and Year Eleven Captains Nisrine Arnaout and Fawzi Abu Swireh. The ceremony began with a beautiful recitation of some verses from the holy Qur'an by the Year Eleven SRC leader Taha El-Saj. The ceremony captured what it meant to uphold the values and ethos of the school and the qualities in being a leader at Al Amanah College.

To further emphasise the importance of leadership skills, the college Principal, Mr Alwan, acknowledged and congratulated the newly elected SRC members, and thanked the SRC co-ordination team. An enlightening religious advice and powerful speech, by the secondary School Captains Muhammad Alwan and Halima El-Zahab, were given and reminded us all that we have the best leader and role model in our religion our Prophet Muhammad; peace and blessings be upon him. The Primary SRC ceremony MC was Mr Jamleoui. The ceremony began with a heart-warming Qur'an recitation by a Year Six student and the school's vice-captain Hamsa Radwan and an insightful religious lesson by Shaykh Mohammad Halabi. This was followed by the captains' speeches, Mohammad Kassem who gave the speech in English and Noor Kfoury who gave the speech in Arabic.

In addition, there was a short video projection highlighting some of Al Amanah's SRC main events and achievements over year 2020.

The induction ceremonies ended with both primary and secondary students being officially inaugurated into the SRC committee by receiving their badges from Mr Alwan and taking their pledge. The following students are congratulated on their achievement of obtaining a prominent leadership position within the most respected school student society with the aim of empowering the students in becoming young active Muslim leaders within the school and wider community.

2021 School SRC Induction

3S:

Class Captains:
Jacob Obeid
Asiyaah El-Cheikh

Class Vice Captains:
Talha Amin
Rowa Kahil

3E

Class Captains:
Ibrahim Beyrouth
Eleena Eid

Class Vice Captains:
Taim Almzayyen
Melek Abduljabbar

4B:

Class Captains:
Rehaan Kureshi
Aminah El Niz

Class Vice Captains:
Ahmad Hazarvi
Daad Trad

4K:

Class Captains:
Malek El Wazzi
Taliyah Hawchar

Class Vice Captains:
Muhammad Alzubaidy
Jana El Masri

4H:

Class Captains:
Noah Maarbani
Lara Abou Ali

Class Vice Captains:
Mohammed Abdelmaged
Sualeha Adnan Khan

5C:

Class Captains:
Ibrahim Elibad
Rahaf Hassan

Class Vice Captains:
Bilal Elhallak
Aiesha Rajab

5A:

Class Captains:
Ibrahim Al Shafie
Hana Katovik

Class Vice Captains:
Muhammad Sabbagh
Huda Khan

6J:

Class Captains:
Khalid Bajouri
Janah Arnaout

Class Vice Captains:
Mohammed Zain
Mariah Bandar

6A:

Class Captains:
Mohamad Al Boustani
Haya Mhimid

Class Vice Captains:
Mustafa Ahmad
Reham Mohamed

School Captains:

Mohammad Kassem
Noor Kfoury

School Vice Captains:

Mohammed Abduljabbar
Hamsa Radwan



7B

Class Captain
Omar Zein

Class Vice Captain
Ghazi Rifi

SRC Leader
Mohamed Khogali

7G

Class Captain
Maysaloun Hammoud

Class Vice Captain
Zaara Yasir

SRC Leader
Amar Khashashneh

7M

Class Captain
Leen Mansi

Class Vice Captain
Rama Dannoun

SRC Leader
Hammam Maarbani

8M1

Class Captain
Mohamad Bakr El-Zahab

Class Vice Captain
Jazelle Halloum

SRC Leader
Danya Makouk

8M2

Class Captain
Ali Zeinelabdein

Class Vice Captain
Urwah Ali

SRC Leader
Hafsa Mohamed

9B

Class Captain
Abu Baker Istanbuli

Class Vice Captain
Mohamed El Halak

SRC Leader
Adam El-Mazloum

9M

Class Captain
Yara Hammad

Class Vice Captain
Samia Owais

SRC Leader
Ayman Ali

9G

Class Captain
Jasmine El-Kabbout

Class Vice Captain
Safaa Karich

SRC Leader
Jana Moussa

10M1

Class Captain
Maysa Ibrahim

Class Vice Captain
Omar Alwan

SRC Leader
Samira Eid

10M2

Class Captain
Dora Rajab

Class Vice Captain
Ziyad Mohammad

SRC Leader
Hussein Hago Obeid

11B

Class Captain
Fawzi Abu Swireh

Class Vice Captain
Marwan Bajouri

SRC Leader
Taha El-Saj

11G

Class Captain
Nisrine Arnaout

Class Vice Captain
Amira Nabillsi

SRC Leader
Javairyra Rajpoutbhatti

12B

Class Captain
Muhammad Alwan

Class Vice Captain
Muhammad Nachar

SRC Leader
Iyad Mohammed

12G

Class Captain
Halima El-Zahab

Class Vice Captain
Yassmin Kabbout

SRC Leader
Alae Jamous





Star Student of the Week



K - 1

Week 2



Haseeb Altaf
1H

Week 3



Rival Mohamed
1E

Week 4



Ayda Sabbagh
KH

Week 5



Noora Soueid
KS

Week 6



Aminah Karhani
KE

2 - 6

Week 2



Mazen Abdelmagid
2P

Week 3



Amaan Katovik
2S

Week 4



Aliyah Obied
3S

Week 5



Mariam Elniz
3E

Week 6



Muhammad Jibril Alwan
4K

2021 Primary School Welcome Back Assembly

On Tuesday 2 February, Al Amanah College primary school students were welcomed back by the College Principal Mr Alwan and the primary school co-ordinator, Ms Sahyouni. Years Four to Six were shown a PowerPoint presentation of the academic and religious expectations set out by the college for the 2021 academic year. Mr Alwan praised students on their efforts throughout the COVID-19 pandemic period, helping keep the school community clean and safe. The assembly was continued by a religious lesson and students were guided through daily procedures.

Al Amanah College would like to wish all primary school students a successful year ahead.



PIC-COLLAGE

Kindergarten's First Day 2021

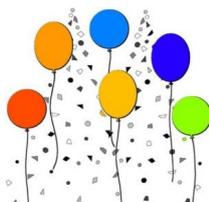
On Monday 1 February the kindergarten started their school journey at Al Amanah College. Students were welcomed by our primary school co-ordinator Ms Sahyouni. Parents received a small gift as they handed their children over to their new teachers. Students were eager to start their school day with a smiling face and a few tears were shed by some.

On their first day of school, Kindergarten enjoyed being introduced to literacy, numeracy and developmental activities. They enjoyed their lunchtime with our wonderful Year Six students watching over them.

The final session of the day was their Arabic and religion lesson which they thoroughly enjoyed.

We wish our lovely students all the best in 2021 and beyond!

Kindergarten Teachers



Kindergarten Sport Classes



Our Kindergarten students have been participating in many fun games during sport classes with Mr Taiba. They have been practising movement skills and sequences through fun play and enjoyable structured activities. These activities help the students build new friendships and develop confidence and social skills.

This week KH, KS and KE played the very exciting parachute game which gave them the opportunity to learn each other's names and enhance their listening skills.

The Kindergarten students are thoroughly enjoying their sport classes with Mr Taiba!



Year Seven and Eleven Orientation Day

On 29 January 2021, both parents and students of Al Amanah College attended the Year Seven and Eleven Orientation Day conducted by the College Principal Mr Alwan. They are designed to urge the students to meet with the expectations of Al Amanah inclusive of academic effort and student behaviour. The sessions also highlighted the importance of parents, teachers and students all working collaboratively together to ensure success.

Mr Alwan and the school secondary co-ordinator Mrs Dabboussi emphasised the importance of time management and study skills to ensure optimum success in high school and the HSC examinations. Parents were reminded to use platforms such as Moodle, igloo and dojo while students were encouraged to refer to these platforms regularly to organise themselves.

Both sessions finished with a Q and A session during which parents and students had the opportunity to ask questions about the topics discussed.

Al Amanah College wishes all families and their children a successful 2021.



2021 Secondary Day One Assembly

On Monday 1 February 2021, Al Amanah College secondary students were welcomed back by the college Principal Mr Alwan and the secondary school co-ordinator Mrs Dabboussi. Years Seven to Twelve were greeted by the Principal and reminded of the academic and religious expectations of all students in order to ensure success and rewardability. This was proceeded by a wonderful religious lesson by the school captain, Muhammad Alwan, which reminded the students to always have the correct intentions. The secondary Co-ordinator, Mrs Dabboussi, concluded with an informative session about how to organise time wisely for study. On behalf of Al Amanah College teachers, we would like to encourage all students to approach the year with a positive mindset and wish them all a prosperous 2021.



Peer Support Training



The peer support programme at Al Amanah has been actively running to build positive relationships between the senior and junior students. A selective group of students from Year Ten have been chosen to support and ease the transition of the current Year Seven cohort into high school, through various team building activities. The programme also aims to help improving communication skills, confidence, and modelling positive behaviour. The peer support training taught our Year Ten students how to best help the Year Seven begin and enjoy their high school journey.

It was a successful day in training the Year Ten students in how to best teach the Year Seven students cohort through excellent leadership skills.

A big *thankyou* goes out to our SRC high school co-ordinators Miss Ech and Miss Al Amiri for organising the peer support training sessions.

Peer Support Session One



On Monday 15 February 2021, selected Year Ten students and the Year Seven cohort participated in their first peer support session for the year.

The aim of this programme is to ensure the Year Seven students transition easily into high school life with the help of their Year Ten peer support leaders.

The introduction session established the mentors and mentees through a variety of 'get to know me' activities.

We hope the Year Seven cohort benefit from this valuable programme and continue their transition into high school with ease.

We are looking forward to the upcoming peer support sessions which will delve further into self-esteem, friendship and bullying.



Peer Mentoring Programme

Year Eleven and Twelve students commenced the Peer Mentoring Programme at Al Amanah College. The programme aims to facilitate effective time management and goal-setting for academic achievements by all students in high school. This year, we have also added the Social Skills Program developed by the Welfare Committee for mentors to go through with junior students. This programme not only hopes to improve the leadership skills of our senior students, but also aims to provide support to our junior Seven - Ten cohort.

An allocated team of Year Eleven and Year Twelve students have been assigned to a roll call class in the junior school (Years Seven - Ten cohorts). Today's training session focused on the Year Twelve students organising items to cover with the Year Eleven students before they have their first session with their junior roll call class. The main focus for next week is for junior students to develop SMART goals with their mentor leaders. The senior students also aim to further assist students to develop clear strategies and a study timetable so that students in Years Seven - Ten classes can work towards achieving their academic goals. At the end of each term, senior students will assist students in evaluating their goals and strategies.

Students were encouraged to work collaboratively with the roll call year advisors via email and during their free time to come up with suitable strategies for each roll call class.

We wish all the senior students success in the peer mentoring programme for 2021.



Year Twelve Elevate Session - Term One 2021

Al Amanah Year Twelve students attended an 'Elevate Education' workshop, which was run to equip students with effective study skills, to ensure their success in the HSC. The Year Twelve students were given excellent advice by the 'Elevate' spokesperson, John, who advised students in an engaging and relatable manner. They were given useful advice on how to avoid errors in studying, and how to use helpful and effective study ideas to review content in all subject areas. The seminar reflected on common mistakes made by students, how to fix them, how to implement active study skills, as well as how to set SMART goals and work towards them. John also mentored students on how to be more consistent and provided constructive feedback on how to achieve success and eliminate exam stress.

Al Amanah College appreciate the time and effort of 'Elevate Education' and would like to thank them in helping our students along their HSC journey.



Year Ten Elevate Session



On 11 February, an Elevate seminar was held at Al Amanah College for the Year Ten students. The Year Ten cohort learnt many skills, including motivational study skills, goal setting, and the ways in which students may reach their goals to reach their potential. This seminar was very beneficial as it gave an insight to how successful studying may be surpassed, and how time can be managed efficiently in order to maximise success in the Year Ten course, as well as future studies.

On behalf of the Year Ten cohort, we would like to thank Elevate for conducting this session, as I am sure all students took away a beneficial lesson from this session.

We look forward to other seminars with them in the future.

Dora Rajab
Year Ten Student

Year Eleven Elevate Workshop

On Friday 12 February 2021, Elevate Education, in collaboration with Al Amanah College ran a workshop for the Year Eleven cohort by delivering a seminar entitled 'Time Management'. Presented by the Elevate spokesperson who advised and guided the students through numerous pivotal concepts and habitual time management techniques which can be used in order to develop routines to balance study and lifestyle. Also, this seminar incorporated strategies on how to work smarter by completing high value work, utilising study groups to leverage time, and techniques for overcoming procrastination.

Overall, the Year Eleven students found this seminar extremely educational, wholly equipping them with the tools needed to establish a pathway towards success. To conclude the seminar, the students were asked to complete an evaluation form about their general thoughts regarding the session.

We endeavour the students to utilise the skills and strategies attained in this session to empower their study and time managing habits more effectively.

On behalf of the Year Eleven cohort, we would like to truly thank 'Elevate Education' for taking the time to deliver this enlightening session.

Khadija Abdallah
Year Eleven Student



Year Ten Principal Information Session/Breakfast

On Tuesday 16 February Al Amanah College Principal, Mr Alwan, held a breakfast for Year Ten students and parents. The information session communicated the school's values and priorities to the parents and how the parents and staff at Al Amanah College can work together to ensure the success of their children in Year Ten and future years. Parents were encouraged to maintain communication with their child's teachers and the executive team at Al Amanah through the school's platforms. Mr Alwan stressed on the importance of this and how we can help our students continue to progress in their studies. Mrs Kassem, the secondary school curriculum Co-ordinator provided valuable information on how grades are awarded from NESAs and how students can meet outcomes in their courses. Lastly the secondary school Co-ordinator, Mrs Dabboussi, provided useful advice on how to set and manage goals and prioritise working towards them.

The parents, students and staff enjoyed having breakfast together during the session. The event concluded with Year Ten subject teachers and parents taking advantage of the opportunity to discuss student academic progress.

We wish our Year Ten cohort the best of luck!



Year Eleven and Twelve Principal Information Session/Breakfast

On Thursday 18 February, an information session/breakfast was held for Year Eleven and Year Twelve students and their parents to explain the HSC course and its marking process. The aim of the session was to provide examples from previous years and detailed information to encourage the students to prepare for the HSC examinations. This session was a great success as the students and their parents became familiar with the Higher School Certificate procedure. A variety of study methods were recommended to help the student cope and thrive. The Principal, Mr Alwan, the secondary school Coordinator, Mrs Dabboussi, and the secondary curriculum Coordinator Mrs Kassem stressed the importance of time management and other study strategies to ensure optimum success in the upcoming HSC.

On behalf of Al Amanah College students, we would like to thank the Principal, secondary Coordinators, and SRC Coordinators for organising this session, and the parents who attended.

Sarah Shwan
Year Twelve Student



Girls Swimming Carnival 2021

Despite a cool and overcast day the Al Amanah girls swimming carnival proved to be a huge success. With an emphasis on participation and healthy competition, the high school girls showed their house pride by swimming in a number of races including the freestyle, backstroke and relay races. As always, house colours were radiating with cheers and chanting at the top of their lungs across the pool, encouraging their fellow peers to reach the end of the finish line. The girls re-energised with their delicious lunch, ready to head back to school after a day of fun and lifetime memories.



Halimah El-Zahab
Year Twleve Students

Boys Swimming Carnival 2021

On Wednesday 3 March Al Amanah College held its annual boys swimming carnival at Fairfield Leisure Centre. With an emphasis on participation and competition, the boys showed their house pride by displaying many impressive individual performances, high levels of encouragement from their fellow peers as well as a great community spirit amongst the houses. Our students embraced the day and all who attended are to be commended for the way they represented themselves and Al Amanah college.

The level of participation in the pool was outstanding. Well done to all swimmers and participants for your efforts on the day. A big congratulations to the following:

Top 8 50m freestyle:

1. Fawzi Abu Swireh 0.27.31
2. Adam Chahine 0.42.00
3. Omar Alwan 0.44.68
4. Kamal Hassan 0.46.90
5. Hicham Kabbout 0.47.84
6. Abdul Nouredine 0.49.22
7. Taha Sahyouni 0.51.50
8. Abdul Elwazze 0.54.63

All Stars Race winners:

- Fawzi 26.40 (1st)
Abdulrahman Nouredine 55.06 (2nd)
Adam Chahine 1.03.91 (3rd)



Overall, it was a fun and enjoyable event with hardworking teachers ensuring the day ran smoothly. *Thankyou* to all staff and students for your support of the swimming carnival that highlights the wonderful community we have at Al Amanah College.

Hadi Tabbara
Year Nine Student



Social Skills Programme - Session One 2021

The welfare committee, in collaboration with the religion Department at Al Amanah College, has developed a social skill programme for use across both primary and secondary schools. This programme is designed to teach students the importance of social skills and to equip them with the ability to implement them in their every day lives.

During the first session, the social skill 'Humility' was investigated. The Year Twelve mentors ran a range of activities relating to the topic. Islamic manners and values were incorporated into the activities through Hadith and stories about the Prophet (peace be upon him).

The students were highly engaged during the session. They showed immense interest in the topic by asking questions and participating in the activities.

We would like to thank the Welfare Committee, Stage Four and Five Leaders, Miss Baddah and Miss Baker for working together to develop this programme. A special *thankyou* goes to the secondary Religion Department, Shaykh Chadi Al-Kasem, Shaykh Samer Alshafie and Shaykh Amr Alshelh for their hard work in putting incorporating the Islamic manners and values into the programme.

We look forward to working with and learning from our valued staff members throughout the year.



Social Skills Program Session 1

Clean-up Australia Day 2021

On Monday 1 March 2021 the newly elected Al Amanah SRC team showed commitment by cleaning up their school environment as part of the Cleaning-up Australia Day campaign. The female SRC members actively participated by cleaning up Nagle Street playground and the male SRC members and other volunteers cleaned the Speed Street playground.

Students were able to collectively understand the importance in conserving the local environment and ensuring environmental sustainability. The Clean-up Australia Day initiative is an ongoing and long-term commitment that forms part of the SRC 'in the bin' campaign which enables students to actively throw their rubbish in the bin. We hope that this initiative inspires students to keep their school and local environment clean.

Thankyou to all the students who actively participated on the day.





Keeping your children safe when dropping off and picking up at school:

- Slow down to 40km/h in the school zone and stay aware of crossings.
- Always park legally around the school.
- Always keep your seatbelt buckled until the vehicle has stopped.
- It is safest for children to get in and out of the car through the footpath-side door.
- Manoeuvres such as U-turns and 3-point turns are dangerous during the busy school drop-off and pick-up times.
- Model safe and considerate behaviour for your child - they will learn from you.
- Always give way to pedestrians, particularly when entering and leaving driveways.
- Never double park - it puts children at risk.
- Never park in a 'No Stopping' or 'Bus Zone'.
- 'No Parking' is for drop-off and pick-up only.

Please park safely and legally, even if it means walking further to the school gate. Parking signs are planned with children's safety in mind.



Liverpool City Council Road Safety Initiative

* Penalties apply for parking illegally in school zones.



NO PARKING/ KISS & RIDE AREAS:

YOU MAY ONLY STAY 2 MINUTES & DRIVER MUST REMAIN WITHIN 3 METRES OF THE VEHICLE

Penalty \$194* and 2 demerit points



Liverpool City Council Road Safety Initiative

* Penalty applies in school zones. Minimum fine, subject to change



Don't stop in a NO STOPPING zone

Penalty: \$349* and 2 demerit points



Liverpool City Council Road Safety Initiative

* Penalty applies in school zones. Minimum fine, subject to change



Don't stop in a BUS ZONE

Penalty: \$349* and 2 demerit points



Liverpool City Council Road Safety Initiative

* Penalty applies in school zones. Minimum fine, subject to change



Don't DOUBLE PARK

Penalty: \$349* and 2 demerit points



Liverpool City Council Road Safety Initiative

* Penalty applies in school zones. Minimum fine, subject to change

School Zone Penalties

- Effective 1 July 2020, penalties apply in school zones - (minimum fines, subject to change)

* these values are doubled during designated holiday/long weekend periods

Offence	Minimum Fine	Minimum Loss of Demerit Points
Stop on or near:		
• A pedestrian crossing	\$464	2
• A children's crossing	\$464	2
Double park	\$349	2
Stop on or across a driveway	\$349	2
Make an illegal U-turn	\$349	3
Use a mobile phone while driving	\$464	5*
Not give way to a pedestrian on a pedestrian crossing	\$581	4
Not reverse vehicle safely	\$272	3
Park on path/strip	\$349	2
Parallel park close to dividing line/strip	\$349	2
Exceed 40km/h in a school zone in a light vehicle:		
• 10 km/h and under	\$203	2*
• Over 10 km/h	\$365	4*
• Over 20 km/h	\$609	5*
• Over 30 km/h	\$1,179	6*
• Over 45 km/h	\$2,676	7*



The minimum penalty for disobeying 'No Parking' is \$194 and 2 demerit points. You may only stop here for 2 minutes and must stay within 3 metres of your vehicle.



The minimum penalty for parking in a 'Bus Zone' is \$349 and 2 demerit points.

You cannot stop here at all.



The minimum penalty for disobeying 'No Stopping' is \$349 and 2 demerit points.

You cannot stop here at all.



Customer Contact Centre: 1300 36 2720
www.liverpool.nsw.gov.au

SCHOOL ZONE OFFENCES WHAT ARE YOU RISKING?*

FACT Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need YOU to take extra care when driving and parking around school zones.

<p>No Parking (KISS & RIDE) You have 2 minutes to drop-off or pick-up and must stay within 3 metres of your vehicle.</p> <p>PENALTY \$194 + 2 DEMERIT POINTS</p>	<p>Pedestrian Crossings Do not stop or park on or near a marked crossing.</p> <p>PENALTY \$464 + 2 DEMERIT POINTS</p>
<p>No Stopping You are not permitted to stop on a length of road with a no stopping sign.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>	<p>Driveways Do not stop on or across a driveway.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>
<p>Bus Zone You must not stop your vehicle in a Bus Zone unless you are driving a public bus.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>	<p>Intersections Do not stop within 10 metres of an intersection.</p> <p>PENALTY \$464 + 2 DEMERIT POINTS</p>
<p>Mobile Phone Use Do not use a hand held mobile phone while driving.</p> <p>PENALTY \$464 + 2 DEMERIT POINTS</p>	<p>Parallel Parking Do not park too close to double barrier or dividing centre line.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>
<p>School Zone Speeding Offences 40km/h is the speed limit. Children are vulnerable in school zones.</p> <p>MIN PENALTY \$203 + 2 DEMERIT POINTS</p>	<p>Double Parking Do not double park in a school zone.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>
<p>Footpath and Nature Strip Do not stop on a footpath, nature strip or obstruct ramp or path access.</p> <p>PENALTY \$349 + 2 DEMERIT POINTS</p>	



*Fines current as of 1 July 2020. Fines and demerit points are subject to change.

Parents Health Tips

Live Life Well @ School

NATIONAL RECOMMENDATIONS - SCREEN-TIME



Children aged 5-17 years should have **maximum 2 hours of screen time each day** for recreation. *This does not include time for school work.*

Screens include phones, tablets, computers, gaming consoles.

TIPS:

- Keep bedrooms “screen-free”.
- Set limits — if your child wants to watch a TV show, turn the TV off before and after.
- Keep screens for after dark so children are outside and active during the day. You could record a show and watch it later.
- Try to keep screens for activities which get children moving or help them learn

www.healthykids.nsw.gov.au

Live Life Well @ School

DID YOU KNOW?

The **NSW Healthy School Canteen Strategy** is required for Public Schools and encouraged for Catholic and Independent schools.

To be a Healthy School Canteen:

-  75% of the menu must be Everyday (healthy) foods
-  Only 25% of the menu can be Occasional (unhealthy) foods
-  Occasional foods must have a Health Star Rating of 3.5 or more
-  All Occasional and some Everyday foods need to have small portion sizes
-  Only Everyday foods can be promoted and discounted
-  Sugary drinks can't be sold in NSW school canteens, vending machines, fundraisers and events

www.healthyschoolcanteens.nsw.gov.au

Live Life Well @ School

NATIONAL RECOMMENDATIONS - PHYSICAL ACTIVITY

Did you know?



Children aged 5-17 years should be **physically active for 1 hour each day** in ways which make them ‘huff and puff’. These activities (known as moderate to vigorous physical activity) include big body movements, e.g. running, dancing, jumping, kicking.

Additional light physical activity (walking, yoga) is encouraged.

Children should also break up long periods of sitting with movement e.g. walking and stretching.



www.healthykids.nsw.gov.au

Live Life Well @ School

FUNDAMENTAL MOVEMENT SKILLS

The 12 Fundamental Movement Skills (“FMS”) are taught in our curriculum. These are:

- 1 “stability” skill - which teaches bodily control
- 4 “manipulative” skills - these teach object control



Static balance Catch Kick Over-arm throw Two-hand strike

And 7 “locomotor” skills - these are ways of moving from one place to another



Run Jump Hop Leap Side-gallop Dodge Skip

Ask your child’s teacher how you can help your child practice their FMS at home.

www.healthykids.nsw.gov.au

Parents Health Tips

Sunsmart Snippet

Slip on protective clothing



Clothing is an easy way to create a barrier to UV

Choose clothing that:

- Covers as much skin as possible
- Is made of tightly woven fabric
- Is a dark colour.

www.sunsmartnsw.com.au

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

Pack a food safe lunch box



Check out our [blog](#) for all you need know.

TIP: Freeze a bottle of water overnight, add to the lunch box in the morning to keep food cold.

For other tips and more visit:
healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

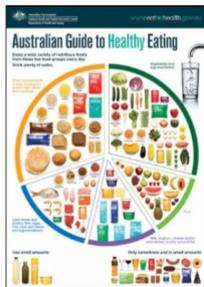
 Sun Screen

 FOOD SAFETY

Live Life Well @ School

AUSTRALIAN GUIDE TO HEALTHY EATING

The "Food Plate" shows what a child's diet should look like. Children should eat a variety of food from the 5 food groups: **Grains, Vegetables, Protein, Dairy, and Fruit.**



The food groups which take up the most room on the "Food plate" should be eaten the most. Avoid foods high in fat, sugar and salt ("Sometimes Foods"). These take up room in children's small stomachs that they need for healthy food.

www.healthykids.nsw.gov.au



Live Life Well @ School

HOW TO PACK A HEALTHY LUNCHBOX

Not sure what should go in your child's lunchbox? Just remember that the lunchbox should look like the "Food Plate"!

- Pack food from all 5 Food Groups
- Grains and vegetables should be the bulk of the lunchbox
- Leave "sometimes foods" at home



www.healthykids.nsw.gov.au

Liverpool Campus

55 Speed St
Liverpool NSW 2170
P +61298228022
F +61298228011

Bankstown Campus

2 Winspear Avenue
Bankstown NSW 2200
P +61297081220
F +61297829134

 facebook.com/AIAmanah.College
 @AIAmanahCollege or @AIAmanahCollege
 admin@alamanah.nsw.edu.au
 www.alamanah.nsw.edu.au