



AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Issue 04

Thursday 24 June 2021

Message from the Principal's Office

Dear Parents, Students, Staff and Friends of Al Amanah College;

Praise and thanks are due to our exalted God 'ALLAH' the lord of the worlds and may Allah raise the rank of our prophet Muhammad peace and blessing be upon him and protect his nation from that which he fears for it.

This week marks the end of Term Two. It has been a very busy term for teachers, students and of course parents and carers. We would like to acknowledge the efforts and the dedication of all teaching and non-teaching staff at Al Amanah College.

The secondary school mid-year exams commenced 16 June and concluded on 24 June. Teachers will be announcing marks to the students during the first two weeks of Term Three. They will go over the exams during class time. It is very important for students to take notes about areas in which they identified a weakness. Some parents can be anxious about their child's result in a particular exam and would like immediate feedback from the teacher. I ask that, unless absolutely necessary, you wait until the reports are issued at beginning of Term Three so you get a full picture of how your child is progressing in.

Please note that the primary and secondary parent/teachers' interviews will be held during week three of term three. Mid-year reports and primary students' portfolios will be distributed to parents during the interviews.

Year Twelve Working Hard Towards HSC

Term three is a very demanding time for Year Twelve as they enter the final phase of schooling. Trial One HSC Examinations will be in week one whereas Trial Two HSC Examinations

will be in weeks four and five. These examinations are extremely important! I encourage students to prepare thoroughly. The beginning of term three is also the time when all practical submissions for the HSC are due. The final weeks of term are a great time for Year Twelve students, however, they need not to switch off from their studies during their final weeks – every minute of effort will count when going into the HSC. This is a very demanding time for students. We wish them all the best of luck through the submission period, their Trial HSC, and the final weeks as school students.

Al Amanah College Students Wearing Uniform with Pride

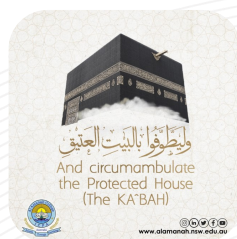
A big *thankyou* to all parents for their support in ensuring their children are wearing the correct school uniform. Often the colder months will bring a drop off in the standard of uniform being worn each day, however, we are receiving a significant number of compliments from various parts of the community and visitors to the school regarding how good our students look and the pride they clearly show in their school.

Have a wonderful, safe and relaxing holiday. Please be informed that we return to school on Tuesday 13 July.

We wish you a happy Eid Ul-Adha.

Yours sincerely,

Ayman Alwan
Principal



Dates to Remember

FRIDAY 25 JUNE

Term 2 Ends

MONDAY 12 JULY

Pupil Free Day - Staff Development Day

TUESDAY 13 JULY

Term 3 Starts/Students Day One

MONDAY 19 JULY

Eid Al-Adha (TBA)

FRIDAY 23 JULY

Year 11 Elevate Session

MONDAY 26 JULY

Primary School Parent/Teacher Night

TUESDAY 27 JULY

Secondary School Parent/Teacher Night

WEDNESDAY 28 JULY

Eid Fete

FRIDAY 6 AUGUST

New Hijri Year (TBA)

MONDAY 9 - FRIDAY 20 AUGUST

Year 12 Trials

MONDAY 16 - FRIDAY 20 AUGUST

Primary School Science Week

MONDAY 23 - FRIDAY 27 AUGUST

Book Week

THURSDAY 26 AUGUST

Book Parade

Hajj - The Journey of Life Time

As the *Hajj* season has commenced, truthful righteous believers started to feel in their hearts the blessings of this season. Some have started preparing themselves for this Holy journey to *Makkah* and *Madīnah*, the city of the Best Prophet, *Muhammad* peace be upon him.

Others who long for the Holy Cities of *Makkah* and *Madīnah* but are unable to go remained struck with grief and sadness because they are unsure whether or not they would be able to perform *Hajj* in the upcoming years.

Ibrahim Ibn Adham was among many who travelled on foot to perform *Hajj*. One day and while walking to *Makkah*, he saw a man riding a camel. The man asked *Ibrahim Ibn Adham*: Where are you going? *Ibrahim* said: I am heading to *Makkah* to perform *Hajj*. The man said: but you need a ride to *Makkah* since it is extremely far. *Ibrahim* said: indeed, I have many but you do not see them. The man said: "Where are they? *Ibrahim* explained: In times of hardship, patience is my ride, in times of prosperity, thankfulness to Allah is my ride, and in times of feeling tempted to commit a sin, I remember that death is coming very soon. Upon hearing this, the man astonishingly said: keep walking; I swear by Allah with the strong faith you have in your heart, you are in a better situation than me.

There in *Makkah*, the hearts and the longing souls find their remedy and healing. People circumambulate the sacred House, the Holy *Ka'bah*, with ultimate submission to Allah as if saying: "O Lord, no matter how many times we circumambulate and turn, there is no refuge except with You."

There at the Holy *Ka'bah*, when you make contact with the black stone and kiss it, remember that the lips of the Messenger of Allah peace be upon him touched this blessed stone. As you raise your head from *sujud* (prostration) while praying before the *Ka'bah*, you will be overcome by the magnificence of the *Ka'bah*, and recall once again that you are indeed a slave to the Lord of this Sacred House.

When you are performing *sa'iy* between Mount of *As-Safa* and *Al-Marwah*, remember the story of Lady *Hajar* and her dear son Prophet *Ismail*. When Prophet *Ibrahim*

alayhis-salam left them both in *Makkah*, which at the time was completely deserted and barren, Lady *Hajar* repeatedly asked him: "O *Ibrahim*, are we to be left alone in this valley with no water, food or companions?" Prophet *Ibrahim* intentions were only to fulfill what Allah *subhanahu wa-ta'ala* ordered him. Lady *Hajar* then said: "Did Allah order you to do this?" He replied, "Yes." Upon hearing this, eloquently and with a complete reliance on Allah she said: "Then we will not be lost." After that, by the will of Allah, fresh pure water sprung out from the ground in large quantities. It was given the name "ZamZam" water.

While wearing the clothes of *Ihram*, people gather on the land of *Arafat* and make supplication to Allah *subhanahu wa-ta'ala*. The Prophet peace be upon him said: <<Devils are most humiliated, belittled, disturbed and frustrated during the Day of *Arafah*. This is due to the descent of great mercies and the forgiveness of major sins on that day.>>

After performing *Hajj* and *Umrah*, people visit *Al-Madīnah al-Munawwarah*, the second best city after *Makkah*.

In Praising *Al-Madīnah*, Prophet *Muhammad* peace be upon him said that the city of *Al-Madīnah* will always be in a better religious state than all other cities".

It is *Al-Madīnah* that *Ad-Dajjal* (the one-eyed imposter) will not be able to enter because it is guarded by great angels.

Also *Al-Bukhariyy* narrated that the Prophet peace be upon him said: "O Allah, bless *al-Madīnah* twice as much as *Makkah*".

In *Al-Madīnah* there is *ar-Rawdah*, an area between the grave of Prophet *Muhammad* peace be upon him and his pulpit. On the Day of Judgement, *ar-Rawdah* will be taken to Paradise.

Additionally, *al-Madīnah* is the city that contains the body of the best of Allah's creations, Prophet *Muhammad* may Allah raise his rank, therefore, the hearts of all Muslims long for it.

فريضة الحج

إلى الله تعالى: { وَلِلَّهِ عَلَى النَّاسِ حُجُّ الْبَيْتِ مَنِ اسْتَطَاعَ إِلَيْهِ سَبِيلًا } [سورة آل عمران/79]

وقال رسول الله صلى الله عليه وسلم "من حج فلم يرفث ولم يفسق غفر له ما تقدم من ذنبه" رواه الترمذى.

الحج من أعظم أمور الإسلام، ويجب على المستطيع في العمر مرة واحدة.

وللحج ستة أركان لا يصح بدونها، وهى:

1. الإحرام: أى النية
2. والوقوف بعرفة
3. وطواف الإفاضة: أى أن يدور حول الكعبة سبع مرات فى وقته وبشروط
4. والسعى بين الصفا والمروة سبع مرات.
5. والحلق أو التقصير، أى أن يحلق شعره كله، أو يقص بعض شعره، ولو ثلاث شعرات.
6. والترتيب فى معظم الأركان

والذى يريد أداء فريضة الحج يجب عليه أن يصحح النية لله تعالى وأن لا يأتى بشئ يُفسد حجه، وليتذكر دائماً أن الله يراه ومطلع عليه لا تخفى عليه خافية. وقد قيل: "ماكثر الضحيج وأقل الحجيج" يعنى أن هناك من يذهبون لأداء فريضة الحج ويفسدون حجهم بالفسق والكفر والعباد بالله، وهناك من يذهب خاشعاً يرجو ثواب الله تعالى إن أطاعه ويخاف عقابه إن عصاه، ويطلب من الله المغفرة والقبول وحسن الختام.



Reminders - Reminders - Reminders - Reminders - Reminders

Entrance Examinations 2021

Years 3 - 11 Entrance Exams	Tues 27/07/2021	Term Three Week Three
Kindergarten Entrance Exams	Wed & Thurs 28-29/07/2021	Term Three Week Three
Years 1 & 2 Entrance Exams	Friday 30/07/2021	Term Three Week Three

Lost Property

Dear parents/caregivers,

There has been a very large accumulation of lost property items at the school. We urge all parents who have had their child/children lose items at the school to check our lost property boxes and cupboards.

Lost property boxes are located in the front office while the cupboards are located in the red stencilled area outside the old hall.

Kindly inspect the boxes and cupboards before the end of the term. Any items remaining after that day will be disposed of at the school's discretion.

Yours Sincerely,
Administration



- ◇ Make sure that all school items and clothing are clearly labelled with name class and school.
- ◇ Students are not to bring valuable items to school, as the school will not be held responsible for any lost items. If something is lost ask about the item at the front office.

Food Allergies

Some students are allergic to protein in common foods. Contact with certain food can be life threatening and induce what is called an anaphylactic reaction, usually within minutes of exposure.

The most common triggers of anaphylaxis are:

- Peanuts
- Tree nuts
- Cow's milk
- Egg
- Wheat
- Soy, and
- Fish and shellfish



الأحاديث الأسبوعية

Hadiths of the Week

قال رسول الله صلى الله عليه وسلم:

"مَنْ صَامَ رَمَضَانَ وَاتَّبَعَهُ سِتًّا مِنْ شَوَّالٍ كَانَ كَصِيَامِ الدَّهْرِ"

رَوَاهُ مُسْلِمٌ

30 DAYS RAMADAN + 6 DAYS SHAWWAL = 1 YEAR

Whoever fasts the month of Ramadan then he follows it with fasting six days of Shawwal, would almost be as if he fasted a full year.

T2 WK5
13 MK2



قال رسول الله صلى الله عليه وسلم:

{مَنْ لَا يَرْحَمُ لَا يَرْحَمُ} رَوَاهُ الْبُخَارِيُّ

Which means: "He who has no mercy towards others, will receive no mercy from Allah"

وتواصوا بالرحمة

T2 WK6



قال رسول الله صلى الله عليه وسلم:

"لا فرق بين أبيض ولا أسود إلا بالتقوى"

Which means:

A white has no superiority over a black, nor does a black have superiority over a white except by piety and good action

T2 WK7



قال النبي صلى الله عليه وسلم:

"مثل المؤمنين في توادهم وتراحمهم وتعاطفهم كمثل الجسد الواحد إذا اشتكى منه عضو تداعى له سائر الجسد بالسهر والحمى"

Which Means:

The believers in their mutual kindness, compassion and sympathy are just like one body. When one of the limbs suffers, the whole body responds to it with sleeplessness and fever

T2 WK8



قال رسول الله صلى الله عليه وسلم:

"الصَّبْرُ ضِيَاءٌ"

رواه مسلم

This Hadith Means:

Patience is enlightenment

T2 WK9



قال رسول الله صلى الله عليه وسلم:

"إِنَّ اللَّهَ يُعْطِي عَلَى الرَّفْقِ مَا لَا يُعْطِي عَلَى الْعُنْفِ". رَوَاهُ مُسْلِمٌ

"Allaah facilitates for us achieving our goals when we wisely use a kind approach rather than using an aggressive one"

T2 WK10



2021 Eid Fete

On Wednesday 19 May Al Amanah College held a fun filled fete to celebrate the joyous occasion of Eid Al-Fitr. The Eid Fete was held at the school campus with primary school celebrating between 9am-12pm followed by high school for the remainder of the day.

During the morning session, primary students enjoyed a range of activities organised by teachers including face painting, arts and craft, biscuit decorating, fish cup, floor target map, bean bag throw, monster munch, fishing hole and a basketball competition. Both primary and Secondary students were provided with a wide selection of delicious food available for purchase including Krispy Kreme donuts, mini pizzas, kaak and carrot juice. High school students were also able to purchase corn and ice cream sundaes served by the senior SRC members.

The students experienced this wonderful occasion while participating in a range of physical activities and rides including sumo wrestling, bungee run, arcade games and jumping castles. Students especially enjoyed the selection of farm animals that were available for them to see and hold. The Secondary students were also given opportunities to participate in team sports including football and basketball.

The day was a huge success for the entire school, with many primary students going home with fabulous prizes they won during the day!

A big congratulations to the secondary students who received a variety of gifts and monetary prizes for their efforts in the major and minor Ramadan competitions, best dressed Islamic competition and the best Ramadan decorated classrooms.

A big *thankyou* to all the primary and high school teachers who helped organise and supervise a fun filled day for all the students.





Primary Eid Fete 2021



Primary Eid Fete 2021



Secondary Eid Fete 2021



Primary Eid Fete 2021



Secondary Eid Fete 2021



Secondary Eid Fete 2021





Star Student of the Week



K - 1

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 10



Ahmed Yahya

1H



Zain Al Badri

1E



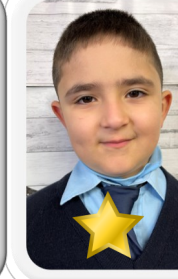
Shahad El Darwich

KH



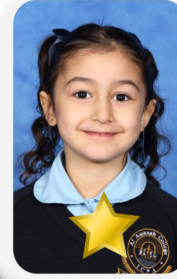
Mariam Al Talal

KS



Jamal El Sayed

KE



Israa Toameh

1E



Muhammad El Asmar

1H

2 - 6

Week 5

Week 6

Week 7

Week 8

Week 9

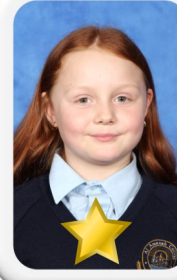
Week 10

Week 10



Ayehsa El Asmar

4K



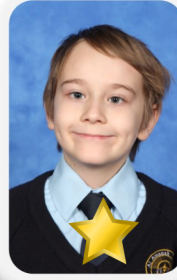
Ayehsa Baba

4B



Zahra Bajwa

4H



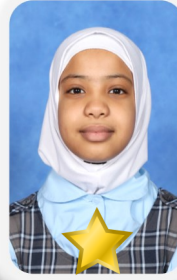
Edin Benganvic

5A



Ahmed Khogali

5C



Haya Mihimid

6A



Jannah Arnaout

6J

طلاب الروضة يودعون شهر رمضان



تشجيعاً لطلاب
الروضة لصيامهم
شهر رمضان
المبارك وُزعتْ
عليهم بعض
الهدايا.

Primary School NAPLAN Examinations

On Tuesday 11 May, Year Three and Year Five students completed their first NAPLAN assessment. The first test was sectioned in two, focusing on Language Conventions and Writing. For the writing component, students were asked to write a narrative matching based on a stimulus provided.

On Monday 17 May, students completed the Reading component of the NAPLAN examinations where students were required to read various text types and answer comprehension questions based on the texts in their reading magazine.

On Tuesday 18 May, students sat their final NAPLAN examination which focused on their numeracy skills.

We are very proud of all the Year Three and Year Five students who sat the NAPLAN examinations. Students performed well and used their allocated time wisely. Well done Year Three and Year Five, you should all be very proud of your efforts!



Year Four Mathematics

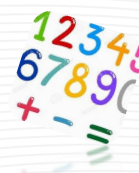


Mathematics gives students access to important mathematical ideas, knowledge and skills. During daily maths lessons, students are exposed to mathematical understanding, fluency, problem solving and reasoning.

This term, Year Four students have learnt about time and money which are both lifelong skills.

Students had a great learning experience adding money and calculating change. This has helped them to develop the ability to estimate the total amount of items they can afford to buy when they go shopping with their families.

Students also made analogue clocks and practised reading time using digital and analogue clocks. They also converted time into seconds, minutes and hours.



Annual Ramadan Competition Ceremony 2021

الحمد لله رب العالمين والصلاة والسلام على سيدنا محمد وعلى آله وصحبه وبعد:

أقامت مدرسة الأمانة الإسلامية احتفالاً بمناسبة توزيع الجوائز على المتسابقين في مسابقة رمضان لهذا العام 1442 تخلله تلاوة عطرة للطلاب إبراهيم الشافعي، وكلمة لمدير المدرسة الحاج أيمن علوان حول المناسبة مشجعا للمشاركين، ومحاضرة دينية لفضيلة الشيخ محمد الحلبي.

نتقدم من طلابنا وأهاليهم الأعزاء بأحر التهاني بهذه المناسبة العظيمة راجين من الله تعالى ان يعيدها علينا وعليكم بالخير واليمن والبركات. وكل عام وأنتم بخير ومن ثم تم توزيع الجوائز على المتسابقين على النحو التالي :



الأول	الثاني	الثالث	
صف الروضة :	عيسى مظلوم	فاطمة حسين	رقية الجمال
اسماعيل كحيل	مريم خدام	عائشة مجذوب	
الصف الأول :	حمزة حلبي	عاسيا الشلح	مايا قمند
الصف الثاني :	سارة خليفة	محمد نون	دينا قمند
الصف الثالث :	طلحة أمين	مريم فنسيوولا	تيم المزين
الصف الرابع :	جبريل علوان	زهره باجوا	هبة كفوري
الصف الخامس :	ابراهيم الشافعي	هنا كمال	هدى خان
الصف السادس :	همسة رضوان	محمد قاسم	سوار منسي
	كريمة الشلح	نور كفوري	



Annual Ramadan Competition Ceremony 2021

All Praise is due to Allah, the lord of the worlds and may Allah raise the rank of our master Muhammad and protect his nation from which he fears for it.

On Thursday 20 May 2021, Al Amanah primary students celebrated the glorious month of Ramadan which commemorates fasting and practising many acts of obedience.

The celebration started with a blessed recitation from the Holy Qur'an from a talented Year five student Ibrahim Alshafie.

This was proceeded by the school principal Mr Alwan's recognition of Ramadan being a glorious month that should be dedicated to performing many acts of obedience and gaining rewards for the sake of Allah. Mr Alwan also congratulated all the participants and the winners of the annual Ramadan competition, and wished the whole school community a blessed and joyous Eid-ul Fitr.

Sheikh Mohammad Halabi then delivered an insightful Islamic lesson about the importance of displaying good manners. He emphasised that portraying good manners is essential and brings us closer to learning the Islamic knowledge. He also highlighted various stories regarding the Prophet (peace and blessings be upon him) displaying the characteristics and attributes of good manners. It was a beautiful and enlightening Islamic lesson.

On behalf of Al Amanah College School Board and Executives, we would like to extend our best wishes and Eid Mubarak to our staff members and their families.

The most anticipated event of the afternoon was the announcements of the Ramadan competition for memorisation of the Quran and the obligatory knowledge. The winners of the competition are:

	First Place	Second Place	Third Place
Kindergarten:	Issa El-Mazloun	Fatimah Hussien	Roukaya Al Jamali
	Ismail Kahil	Maryam Khaddam	Aishah Majzoub
Year One:	Hamza Halabi	Asiyah Alshelh	Maya Kamand
Year Two:	Sarah Khalifa	Mohamad Noun	Dina Kamand
Year Three:	Talha Amin	Maryam Vansiwala	Taim Almzayyen
Year Four:	Jibril Alwan	Zahra Bajwa	Hiba Kfoury
Year Five:	Ibrahim Alshafie	Hana Kamal	Huda Khan
	Karima Alshelh		Sewar Mansi
Year Six:	Hamsa Radwan	Mohammad Kassem	Noor Kfoury



STEM in Year Five!

As a school, we are focusing on including more STEM opportunities for our students. STEM stands for Science, Technology, Engineering and Maths. STEM involves using content and skills from curriculum areas to investigate real world questions and issues through project-based learning.

In Year Five, we have been learning about states of matter (solids, liquids, and gases) and the processes of changing states of matter, including reversible and irreversible change.

Our STEM project for this term has involved students working collaboratively to design their own machine to make rocky road in under an hour. Students have used technology to research fast ways of heating and cooling and incorporated these into their machine designs. We are looking forward to seeing the finished designs!



Taronga Mobile Zoo at School

Year Two had a special visit from Taronga Mobile Zoo. It was such an informative visit. We couldn't keep our eyes off all of the different animals. So many facts were learnt too. Did you know that frogs swallow using their eyeballs? The ringtail possum was hard to see though because he was too comfortable in his woollen blanket. We learnt that tortoises are not native to Australia. Due to Covid we had to only look with our eyes and weren't able to touch them.

Year Two Teachers
Mrs Spohr and Ms Parker



Primary Athletics Carnival

On Wednesday 2 June, Al Amanah College held its annual Athletics Carnival at Dwyer Oval, Warwick Farm. The terrific weather contributed to a day that was once again full of colour and athleticism. Students displayed great sportsmanship and comradery whilst showcasing their skills and talents in both track and field events. Impressive participation was displayed in a variety of events such as long jump, shot put, relay races along with the famous egg and spoon race. The carnival ended with students battling it out in the 100m finals race, scoring ribbons for a place in the top three.

Congratulations to the Frazer team for being triumphant and taking first place!

A huge *thankyou* to the staff of Al Amanah College that made the day a success. Credit to our athletes for their dedication and efforts on the day.



PRIMARY ATHLETICS CARNIVAL



PRIMARY ATHLETICS CARNIVAL



PRIMARY ATHLETICS CARNIVAL



PRIMARY ATHLETICS CARNIVAL



Year Two Warragamba Dam Excursion

This term Year Two had an action packed day visiting Warragamba Dam. We learnt all about our environment and water conservation. Not only did we get to touch the pipes that our drinking water goes through, but we also had a hands on learning experience looking at insects that are found in clean water through magnifying glasses. Year Two traded in our usual classrooms for one with a floor to ceiling view over Warragamba Dam where we sketched and labelled what we could see. We are all going to think twice before leaving a tap running or wasting water.

Mrs Spohr and Miss Parker



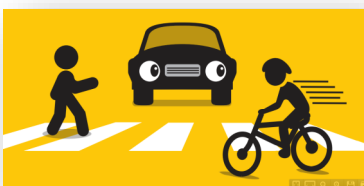
Year Six Road Safety Excursion

What a fantastic day! Year Six had a fabulous day learning about bike helmet and pedestrian safety at the Campbelltown Bike Safety Centre.

The day was full of excitement as students rode their bikes around a designated track and had an opportunity to hold license whilst they followed the road rules.

Part of the programme was to educate students about hazards and risks on the road and how rules can affect their everyday lives. Students also got an opportunity to ride during a 'double demerits' blitz as both teachers and parents ensured they were riding their bike according to the rules.

Mr Jamleoui & Mrs Alterio
Year Six Teachers



Year Three Botany Bay Excursion

On 15 June, Year Three visited Botany Bay and explored the many features in Kamay National Park. Year Three students had a fantastic experience learning about the discovery of Australia and the first Australians who lived in the area. The students had the opportunity to participate in fun activities. They explored the point of first contact between Aboriginal people and the white settlers by dressing up in colonial costumes and re-enacting the events that took place at the time. Year Three students also learnt how the Aboriginal people survived in their environment by going on a bush walk using a walking track and learning about the different types of preserved specimens of native animals that exist in the area. Students also had the fun opportunity to build gunyas (Aboriginal shelters) using natural resources in the environment. The students had an enjoyable and exciting day and left Kamay National Park with an understanding of European colonisation from both indigenous and European perspective.



Mathematics in Year Six

This term, Year Six have been learning about various mathematical concepts in class. Students have the opportunity daily to work in pairs and in groups during a math lesson to further enhance their knowledge and skills.

Year Six are doing a great job at showing their understanding through hands on experiences in the classroom. Group collaboration is a great opportunity for students to voice their strategies and ideas with their peers. The students are an enthusiastic group that take full advantage of any learning experiences in the classroom during math. Their skills are developing each day and we look forward to sharing more from their learning each day!

Mr Jamleoui & Mrs Alterio
Year Six Teachers



Year Kindy - Six Top Dojo Achievers Excursion

On Wednesday 23 June, students from K-6 who achieved the top five highest dojo points in their class attended an excursion to Zone Bowling. Students played two games of bowling and enjoyed chips and a drink for lunch.

This was a special reward for students who have displayed excellent behaviour in all their classes and consistently followed our school rules throughout term two. Everyone had a lot of fun at the excursion celebrating their awesome achievement.

Well done to all the top Five students! We're very proud of you all.



Annual Ramadan Competition Ceremony

To commemorate the Holy month of Ramadan the school annually holds the 'Annual Ramadan Competition Ceremony' to encourage all the teachers and students to participate in various competitions to celebrate the Blessed month of Ramadan.

During the holy month of Ramadan, the secondary students of Al Amanah College, were given an opportunity to dress up in Islamic wear every Friday. Votes were taken for each class, in order to determine who was wearing the 'best dressed abaya'. The competition allowed students to take pride in our Islamic traditions as set by our Prophet Muhammad (May blessings and peace be upon him).

We would like to congratulate the following students from each class, for their 'Best dressed Abayas'

- Moustafa Darwich - Year 7M
- Aisha Istanbuli - Year 7G
- Abdul Raheem Mohammed - 8M1
- Danya Makouk - 8M1
- Maysa El Masri - 9G
- Jana Moussa - 9G
- Omar Alwan - 10M1
- Samira Eid - 10M1
- Ahmad Sultan - 11B
- Sania Owais - 12G



This year's competition was split into minor and major categories; which involved memorisation of the beliefs and integrals of fasting and verses from the Holy Quran.

First prize was awarded \$100 cash, second prize - \$75, third - \$50, fourth - \$40 and fifth - \$35 as well as their chance to win \$20. Congratulations to the following minor award winners:

- Ayman El-Kabbout
- Khader Aweek
- Salim Alwan
- Nour Al Kasem
- Muhammad Kassar
- Mahmoud Marabani
- Fawzi Abu Swireh
- Muosa El Bandar
- Amar Khashashneh
- Mouaad Djemana



Congratulations to the following major award winners:

- First: Muhammad Alwan
- Second: Muhammad Khan
- Third: Zakaria Abdallah
- Fourth: Mohamad El Masri
- Fifth: Iyad Mohammed

The winners were awarded their prizes on stage with the College Principal Mr Alwan and the religion department: Shaykh Amr Alshelh, Shaykh Chadi Al Kasem and Shaykh Samer Al Shafie

For the 'Room Decorating Competition', the criteria for the chosen winner of the best decorated classroom is based on original, cost-effective and handmade Ramadan themed decorations that are well arranged and colour coordinated.

Congratulations to the following winners for the best decorated classroom for 2021:

- First place: 10M1 - Room 214
- Second place: 11G - Room 208
- Third place: 7G - Room 211

The winners of the Ramadan competitions received their gift hampers on stage with their year advisor and SRC representatives.

A big *thankyou* to all those who participated!

On behalf of Al Amanah College School Board and Executives, we would like to extend our best wishes and Eid Mubarak to our staff members and their families.

Parliament House Visit 2021

On 26 May, the 2021 the School Captain Muhammad Alwan and School Vice Captain Muhammad Nachar were invited to a leadership seminar hosted in the Parliament house of NSW. The two students were seated in the theatre room where they were addressed by politicians from the Labour party who spoke to them about leadership within Parliament. They were joined by other school captains and school vice captains from all over NSW. Several members of parliament greeted the students and answered their questions about the NSW government. They were then taken into the House of Representatives and the house of Senate where the students took part in role playing. After lunch, the students were taken on a walk in the beautiful and vibrant Royal Botanical Gardens and a tour of the Government House. After anxiously waiting in the Government House, the School Captains met Governor Margaret Beazley where she answered their questions in one on one conversations, and gave them the chance to take photos.

Overall, it was an enjoyable day where the students met many different students, and were enlightened by the insight from politicians at the Parliament House of NSW.



Girls Athletics Carnival 2021

On Wednesday 26 May, Al Amanah College held its annual Girls Athletics Carnival. Our students were engaged in a variety of field events including Discus, Shot Put, Javelin, Long Jump and High Jump, and relay races. The girls were dressed to represent their house colours, and wore a wide array of fun costumes.

During the events, students expressed a high level of excitement and supported their team through chants, showing good sportsmanship. It was a very enjoyable day and we would like to thank all the teachers involved, as well as the sports committee members for assisting throughout the day. We look forward to the upcoming boys carnival.

Congratulations to all of our participants!



Futsal Competition

On Thursday 27 May, selected students played in the NSW Futsal Championships.

It was a day full of friendly competition, sportsmanship and fun! The boys open team ranked third on board and Girls open team ranked fifth. Both teams played exceptionally well, putting all efforts and passion into the games.

Well done boys and girls for your efforts!

Rana Kabbout
PDHPE Teacher



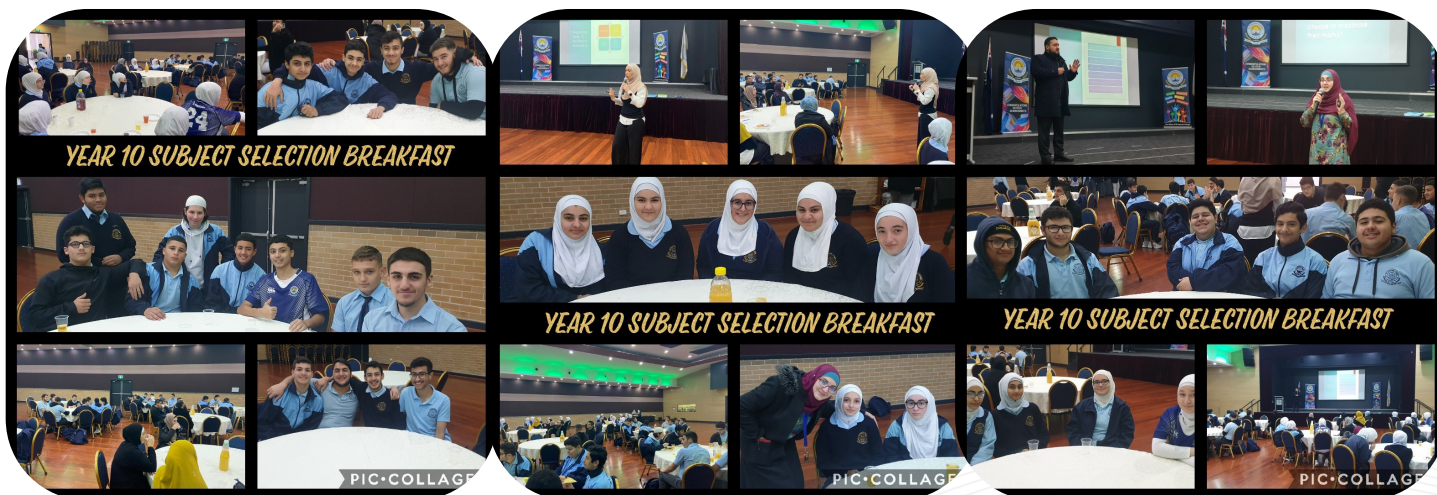
Year Ten Subject Selection Session 2021

On Tuesday 1 June a breakfast was held for the Year Ten students and their parents to provide them with information on the subject selection process for Years Eleven and Twelve. The information session provided understanding of the process to transition Year Ten students into their senior studies. The College Principal, Mr Alwan, welcomed the parents and guests and thanked them for attending the information session. He highlighted the importance of our school values with emphasis on academic achievement, as well as the support network within the school.

The High School Coordinator, Mrs Dabboussi, stressed on the importance of Year Ten students successfully completing their HSC all my work program with NESAs, as well as work experience, corp training and mock interviews program. These initiatives undertaken by the college aim to develop Year Ten communication skills necessary for not only studies in the stage six courses, but also for the workplace should students seek part-time employment while completing their senior years of schooling.

The Curriculum Coordinator, Mrs Kassem, provided attendees with elaborate information to help students and parents make wise decisions regarding course selection in Year Eleven. Students were encouraged to think about their subject strengths, and how to best ensure successful results. Assessments in the senior school and the process of grading and calculating external assessments (ATAR) was also highlighted by Mrs Kassem so that parents and students understand the importance of planning and goal setting in schooling.

The session concluded with parent teacher meeting which further strengthens communication between the college and the community. Information sessions undertaken by Al Amanah aims to facilitate effective communication with parents and students so that the college is in a position to enable the achievement of the best outcomes of students.



COVID Intensive Learning Support Programme

Al Amanah College Liverpool Campus has been selected by the NSW Department of Education to partake in the COVID Intensive Learning Support Programme. The Intensive Learning Support Programme caters for students from Kindy - Year Twelve aiming at improving their skill-set in English and Mathematics. As part of this initiative, the school has hired additional teachers to deliver small group tuition for students who need it most. Students attend extra sessions weekly to receive this support. We thank the NSW Department of Education for supporting Al Amanah College students.

The School's Principal, Mr Alwan, launched the programme and met with all ILSP targeted students on Tuesday 1 June to set the expectations. He reminded all students to be prompt to class, to commit to attending all sessions throughout the week and apply themselves to maximise the benefit of these sessions. The programme is off to a successful start. Teachers have been preparing in the lead up to the programme in meetings and training sessions. Feedback from teachers and students has been very positive and students have already started to see the benefit of these sessions. Good Luck to all!



Boys Athletics Carnival 2021

The 2021 annual boys' athletics carnival held at Dwyer Oval on Wednesday 9 June was one to remember. With an emphasis on participation and a healthy competition, high school students were eager to run onto the field and participate in a series of sports including discus, long jump, shotput, soccer, rugby league and a 100-metre race. The students showed their house colours honor by having fun while abiding by the rules and by encouraging their peers to enter the competitions. The students are congratulated for upholding the school ethics and expectations while outside school grounds.

Well done to all the students who participated in the activities, especially the all stars race. The participants for the all stars race were:

1. Adam Chahine - 11.97
2. Hadi Tabarra - 13.00
3. Omar Alwan - 13.10
4. Adnan Tebbo - 13.28
5. Yousef Hakouz - 13.31
6. Kamal Hassan - 13.49
7. Jayhad Mosleh - 13.60
8. Adam El-Kordi - 13.69

Congratulations to all the participants and a big congratulations to the winners

of the all stars race which were:

First: Adam Chahine
Second: Hadi Tabarra
Third: Omar Alwan

Overall, the day was fun and enjoyable, one of the best athletics carnivals in a while. A special thanks to all the staff who made sure the carnival was exciting and ran smoothly.

Omar Alwan
Year 10 Student



Year Twelve Elevate Article

Al Amanah Year Twelve students attended an Elevate Education workshop, which was run to equip students with effective study skills, to ensure their success in the HSC. The Year Twelve students were given excellent advice by the Elevate spokesperson, John, who advised students in an engaging and relatable manner. They were given useful advice on how to avoid errors in studying, and how to use helpful and effective study ideas to review content in all subject areas. The seminar reflected on common mistakes made by students, how to fix them, how to implement active study skills, as well as how to set SMART goals and work towards them. The Elevate spokesperson also mentored students on how to be more consistent and provided constructive feedback on how to achieve success and eliminate exam stress.

Al Amanah College appreciates the time and effort of Elevate Education and would like to thank them for helping our students along their HSC journey.

Alae Jamous
Year 12 Student



Year 12 Elevate Session



SRC Leadership Seminar



On Friday 11 June, Sheikh Amr Alshelh gave the high school SRC body as well as parents a lesson on controlling one's anger which is a key component of being a leader. Sheikh Amr Alshelh shared with us stories and examples of the destructiveness of anger as well as the virtues of patience. Some of which included the manners of Prophet Muhammad Peace be upon him. Overall, the lesson was very beneficial and gave the SRC students an insight into one of the most important attributes of a leader; patience.

Muhammad Alwan
Year 12 Student

SRC

NSW Futsal Championships



NSW FUTSAL CHAMPIONSHIP



On Wednesday 16 and Thursday 17 June students played in the NSW Futsal Championships for the Under 14s and 16s boys and girls teams.

It was a day full of friendly competition and fun!

The boys open team ranked third on board and girls open team ranked third for each event. Both teams played exceptionally well, putting in all efforts and passion into the games.

Well done boys and girls!



NSW FUTSAL CHAMPIONSHIP



"لماذا نتعلم اللغة العربية"؟

تحت عنوان "لماذا نتعلم اللغة العربية"؟ قام طلاب مدرسة الامانة الإسلامية ليفربول بالاشتراك بمسابقة أعدتها جامعة سدني لقسم اللغات وبالاخص طلاب اللغة العربية. اشترك في المسابقة طلاب من عدة مستويات حيث قدموا مواضيع تتحدث عن تاريخ اللغة العربية وعبروا عن مدى حبهم للغتنا الحبيبة لغة القرآن ولغة الرسول عليه الصلاة والسلام

تم تقديم الشهادات على الطلاب وحازت الطالبة نور مسلماني من الصف الثامن على المرتبة الثالثة كما حصلت الطالبة ميساء المصري على شهادة العمل المتميز. ومن الصف العاشر تلقت التلميذة دورا رجب شهادة تقدير لاشتراكها بهذه المسابقة

كلية الأمانة تتقدم بالتهاني لطلابها الأعزاء وأهاليهم الكرام وإلى نجاح مستمر ان شاء الله

المعلمة منى الماروق

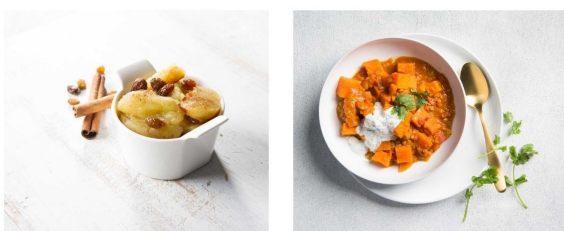
After entering the "Arabic and Me competition" organised by the University of Sydney, I, along with Noor from Year Eight, attended the award ceremony at University of Sydney on Sunday 20 June 2021 as finalists. The ceremony itself was interesting, with various cultural performances including poetry. I ended up receiving an award for high commendation while Noor secured the third place in the category of Seven - Ten. I loved participating in the competition and seeing sample of other entrees from students from different schools. We thank the school Principal, Mr Alwan, for his support and for attending the ceremony along with Ms Mona who has always been the backbone of the success of the Arabic language in the high school. A special thanks to our parents who joined us on the day and for their love, care and support.

Maysa El Masri
Year 9 Student



Nutrition Snippet

AUTUMN FRUIT AND VEG.



It's the International Year of Fruit and Veg!

Why not celebrate by trying these seasonal recipes:

- [Stewed apples and sultanas](#)
- [Pumpkin and cheese pikelets](#)
- [Vegetable pasta bake](#)
- [Sweet potato and lentil curry](#)
- [Shepherd's pie](#)

For these recipes and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Sunsmart Snippet

Create a morning checklist

Help your child remember what they need to do every morning before school



- Wash my face
- Brush my teeth
- Get dressed
- Pack my school bag
- Apply SPF30 or higher sunscreen
- Wear my sun smart hat

Download and print off the morning check list from the SunSmart website and stick on your fridge, so you don't forget!

www.sunsmartnsw.com.au



Cancer Council
Healthy Lunch Box

Healthy Lunch Box recipe

Zucchini muffins.



Ingredients

2 zucchinis, grated & liquid squeezed out
1 carrot, grated
125g tin corn kernels, drained
1 small red onion, finely diced
1 cup baby spinach leaves, chopped
1 cup wholemeal self-raising flour
6 eggs, beaten
1 cup reduced-fat tasty cheese, grated

Method

Preheat oven to 180°C. Line a 12-hole muffin tin with muffin liners.

Heat a non-stick frypan over medium heat and cook the onion until translucent. Allow to cool.

Place all ingredients into a large mixing bowl and mix until well combined.

Divide the mixture between the 12 muffin liners. Bake for 25 to 30 minutes or until muffins are golden and a skewer comes out clean.

For more recipes visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

SIMPLE SWAPS.



Store bought muesli bar -> Healthy muesli bar

Try our chewy fruit and seed bar recipe!

- ✓ Less nasties
- ✓ More goodness
- ✓ Tastier!

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Live Life Well @ School

May 2021

What's Happening

Walk Safely to School Day - 14 May 2021

This annual event encourages students to walk safely to school and supports road safety, health and the environment. It helps create regular walking habits from an early age and is a great way to add more activity into your day. Find out more at www.walk.com.au

Thinking while moving workshop, Colyton - 1 June 2021

This workshop will give you skills to integrate physical activity into classroom teaching of mathematics and literacy, whilst effectively engaging with students.

For more information click [here](#). To enrol, click [here](#).

PDHPE Network "Be Well, Teach Well" - 3 June 2021

It is important to look after our own wellbeing and to apply this back in the classroom. Dr. Darren Morton will present scientifically proven ways to lift your mood. Come prepared for some fun with strong take-aways on how to boost your own wellbeing and that of your students. Register [here](#)!

Resource of the month

Fast Start

A Fast Start activity provides an opportunity to:

- engage in moderate to vigorous physical activity (huff 'n' puff) with minimal rules within 2 minutes
- explore and practise movement skills (fundamental and specialised movement skills and concepts, tactical and creative movement) and much more!

To access Fast Start activities for Early Stage 1 to Stage 2 and onwards, click [here](#)



HEALTHYEATING
ACTIVE LIVING



FMS of the Month - Hop

The fundamental movement skill of the month is hopping. Hopping is a continuous rhythmical locomotor skill, characterised by taking off and landing on the same foot. It is a good indicator of being able to maintain balance while moving.

For a fun way to practice hopping, check out Kangaroo, an activity from the "Yulunga: Traditional Indigenous Games". It provides an opportunity to learn about, appreciate and experience aspects of Indigenous culture. Click [here](#) for more information about Kangaroo and other games.



General Health - Impact of Healthy Eating & Physical Activity on Academic Performance

A review of the literature shows:

- Regular breakfast is linked to improved concentration, memory and behaviour
- Students concentrate on tasks better immediately after physical activity
- Being more active was associated with improved exam results
- Student memory is enhanced after participating in physical activity
- Excess sugar intake increases off-task and aggressive behaviour.

Want to know more?

Contact SWSLHD-LiveLifeWell@health.nsw.gov.au for a copy of the literature review

Get in touch at SWSLHD-LiveLifeWell@health.nsw.gov.au

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