

AL AMANAH COLLEGE

Success Through Knowledge

NEWSLETTER

Issue 06

Thursday 16 September 2021

Message from the Principal's Office

Dear Parents, Students, Staff and Friends of Al Amanah College,

Praise be to the Lord, Allah, the One with whom we seek protection, sustenance, and guidance, I ask Allah to raise the rank of Prophet Muhammad, peace be upon him, and protect his nation from that which he fears for it.

As we approach the end of term three it is time to reflect on the term and the achievements that have been made. While many of our plans for the term have been cancelled or postponed Al Amanah College has continued to provide opportunities for students to engage in learning and other activities online and from home. Our staff have continued to support students through online lessons, online messages; and contact home to see if there were reasons why students did not engage in learning from home. I would like to thank those parents who have assisted us in supervising their children's learning and I am sure many have a greater appreciation of the work that teachers do.

We hope that all of our students and their families are safe and well, and for those who have unfortunately contracted Covid, we ask Allah ta'aalaa to grant them a speedy recovery. We also ask our families to consider the importance of vaccinations and to consult with their doctor, to provide you with the information you need to make an informed decision.

Year Twelve

Year Twelve students and their parents have been updated regularly and will continue be provided with communications and support. They now have around eight weeks to prepare for the HSC examinations and utilise the expertise of their teachers. I encourage them all to make the best use of this time and keep the momentum and continue to communicate with their teachers regularly. The situation in relation to our end of Year Twelve celebrations continue

to be monitored however it is unlikely we will be able to have a graduation ceremony attended by parents. Further information will be provided based on the health advice at the time.

Refurbishment at Al Amanah College

In amongst the operation of the school during learning from home planning has continued to progress on the refurbishment of existing buildings and of the grounds. This included the renovation of the secondary and primary classrooms, the school library, the school administration office and the secondary school staffroom.

Thankyou

I would like to thank all of our students and their families for adjusting to learning from home. We are here to assist and support if we are made aware of issues or concerns. Lastly, I would like to thank the school admin staff, the school leaders and teaching staff for their continued commitment towards our students.

Finally, we thank the parents for completing our annual surveys reflecting on their experience during the online learning period. This feedback will greatly assist our analysis of the school operation. One of the most important components of a school's success is having a healthy and supportive communication between families and the school. This positive relationship is one of the key factors that carries students to great achievements. I kindly ask all parents to give importance to this matter and stay connected with the school.

Please note that the last day of online learning for term three for all students is Thursday 16 September, the school will re-open for online learning in term four on Tuesday, 5 October.

On behalf of management and staff members of Al Amanah College, I would like to take this opportunity to wish all of our students and their families an enjoyable holiday break and please, stay safe.

Ayman Alwan
Principal

Dates to Remember

THURSDAY 16 SEPTEMBER
Secondary School Online Assembly

FRIDAY 17 SEPTEMBER
Online Pupil Free day

MONDAY 4 OCTOBER
Public Holiday

TUESDAY 5 OCTOBER
Online Learning - Term 4 Starts



Reminder to all parents

Last Day of Term 3

Please be reminded that the last day for students is Thursday 16 September 2021. Al Amanah College wishes our students, parents and community a wonderful break! Online learning will resume on Tuesday 5 October 2021.

محمد رسول الله صلى الله عليه وسلم صاحب الخلق العظيم

الحمد لله رب العالمين له التَّعَمُّة وله الفضل وله
النَّشَاء الحسن صلواتُ الله البرِّ الرحيم والملايكة
المُقَرَّبِينَ على سَيِّدِنَا مُحَمَّدٍ أَشْرَفِ المرسلين.

أما بعد عباد الله فإن الله عزَّ وجلَّ أرسل محمداً
بالبهedy ودين الحق ليظهره على الدين كله وكفى بالله
شهيداً الذي رحمتنا ببعثة محمد وأنزل على قلب حبيبه
محمد:
**(وَلَا تَطْعَمُ الكَافِرِينَ وَالمُنْفِقِينَ وَدَعْ أَهْلَهُمْ وَتَوَكَّلْ عَلَى
اللهِ وَكفى بالله وَكِيلًا) الأحزاب/ 48.**

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى عَالِ
سَيِّدِنَا مُحَمَّدٍ الْمُنزَلِ عَلَيْهِ:

**(لَقَدْ جَاءَكُمْ رَسُولٌ مِّنْ أَنفُسِكُمْ عَزِيزٌ عَلَيْهِ مَا عَنِتُّمْ
حَرِيصٌ عَلَيْكُمْ بِالْمُؤْمِنِينَ رَءُوفٌ رَّحِيمٌ) التوبة /
128.**

إخوة الإيمان ها نحن في شهر ربيع الأول، الشهر
الذي شمع فيه نور النبي محمد عليه الصلاة والسلام،
ففي الثاني عشر من شهر ربيع الأول كان مولد خير
الكانتات محمد عليه الصلاة والسلام. والاحتفالات
تتوالى والخطب في مدح نبينا عليه الصلاة والسلام
تتكاثر، والأناشيد والأشعار في مدح خير البرية
تتعالى، تعلق بها حناجر المنشدين رغم أنوف نفاة
التوسل المشبهية، رغم أنوف المجسمة مبعضي
رسول الله صلى الله عليه وسلم، يقول الله تعالى في
القرآن الكريم: **(مَا كَانَ مُحَمَّدٌ أَبَا أَحَدٍ مِّن رِّجَالِكُمْ
وَلَكِن رَّسُولَ اللهِ وَخَاتَمَ النَّبِيِّينَ) الأحزاب / 40.**

هو محمد الذي جعل الله خلقه القرآن، هو محمد
الذي يرضى بما يرضاه القرآن ويتأدب بأدابه
ويتخلق بأخلاقه ويلتزم أوامره ولا يغضب لنفسه إلا
إذا ارتكبت محارم الله.
هو محمد الذي بعثه الله الرحمن بالآفاق أي رفقا
بهذه الأمة لكي يتم مكارم الأخلاق، هو محمد الذي
هو أشجع الناس أي أقواهم قلباً وأكثرهم جراءة
لملاقاتة العدو ، هو محمد الذي ما سئل عن شيء قط
يعني عن أي حاجة من متاع الدنيا يبإح إعطاها
فقال لا إلا إذا كان شيئاً لا يجده، هو محمد الذي كان
أصدق الناس لهجة وأوفى الناس ذمة وأحسن الناس
معاشرة. فالله تبارك وتعالى أعطى نبيه صلى الله
عليه وسلم من محاسن الأخلاق أعلى رتبة.

نظرة للأرض منه أكثر إلى السماء خافضٌ إذ ينظرُ
كان نظره إلى الأرض أكثر من نظره إلى السماء،
يعني نظره إلى الأرض حال السكوت وعدم التحدث
أطول من نظره إلى السماء، أما حال التحدث يرفع
طرفه إلى السماء (أي إشارة إلى أن السماء قبلة
الدعاء ومهبط الرِّحْمَاتِ والبركات والوحي) ، وكان
لا يثبت بصره في وجه أحد لشدة حيائه، هو محمد
الذي كان أكثر الناس تواضعاً وكان أشد الناس
لأصحابه إكراماً لهم ومن ذلك أنه كان لا يمدّ رجليه
بين جلسانه احتراماً لهم، وكان أرحم الناس بكلِّ
مؤمن، ولا يختص برحمته من يعقل فقط بل تعم
رحمته حتى من لا يعقل كالوحش والطير، حتى الهزة
تأتيه فيصنعي لها الإناء (أي يميله) لتشرب (حتى
يسهل عليها أن تشرب منه) وكان يفعل ذلك غير مرة
بل كل هزة أنته يفعل بها ذلك ، هو محمد الذي كان
يمشي مع المسكين والأرملة إذا أتياه في حاجة ما.

وكان صلى الله عليه وسلم يمزح مع أصحابه مؤانسة
لهم وتأنفاً لما كانوا عليه من شدة، فكان يمزحهم
تخفيفاً عليهم لكنه لا يقول إلا حقاً لأنه معصوم عن
الكدب.

وكان صلى الله عليه وسلم يجلس في الأكل مع العبيد الأرقاء
ويتشبه بهم في الجلوس للأكل فلا يترفع عليهم ويقول:
”إنما أنا عبدٌ أأكل كما يأكل العبدُ وأجلس كما يجلس العبدُ“.

وقد دلت الآية الكريمة على أخلاقه، قال الله تعالى:
(وَأَنَّكَ لَعَلَى خُلُقٍ عَظِيمٍ) سورة القلم / 4. وعن عائشة رضي
الله عنها قالت عندما سئلت عن خلق رسول الله صلى الله
عليه وسلم: **”فإنَّ خُلُقَ رسولِ الله صلى الله عليه وسلم كان
القرآن“** رواه مسلم في الصحيح.
وعن عائشة رضي الله عنها عندما سئلت عن خلق رسول
الله صلى الله عليه وسلم قالت: **”لم يكن فاحشاً ولا متفحشاً،
ولا سخياً في الأسواق، ولا يجزي بالسينة السينة، ولكن
يعفو ويصفح أو قالت: يعفو ويغفر“**، شك أبو داود.

أما أخبار كرمه وسخائه فعبدة منها ما رواه مسلم عن أنس
رضي الله عنه أنه قال: **”ما سئل رسول الله صلى الله عليه
وسلم على الإسلام شيئاً إلا أعطاه، فاتاه رجل فسأله، فأمر له
بغتم بين جبلين، فأتى قومه فقال: أسلموا، فإن محمداً يعطي
عطاء من لا يخاف الفاق“.**

أما أخبار زهده وتواضعه واختياره الدار الآخرة فكثيرة منها
ما رواه البيهقي والترمذي وابن ماجه عن عبد الله أنه قال:
اضطجع النبي صلى الله عليه وسلم على حصير فأثر الحصير
بجلده، فجعلت أسمحه عنه وأقول بابي أنت وأمي يا رسول
الله، ألا إئنتنا قنيسط لك شيئاً يقيك منه تمام عليه، فقال: **”ما
لي وللدنيا، وما أنا والدنيا، إنما أنا والدنيا كراكب استظل
تحت شجرة ثم راح وتركها“.**

فقد كان صلى الله عليه وسلم متصفاً بصفات حسنة من
الصدق، والإماتة، والصلوة، والعفاف، والكرم، والشجاعة،
وطاعة الله في كل حال وأوان لحظة ونفس، مع الفصاحة
الباهرة والنصح التام، والرفقة والرحمة، والشفقة
والإحسان، ومواساة الفقراء والأيتام والأرامل والضعفاء،
وكان صلى الله عليه وسلم أشد الناس تواضعاً، يحب
المساكين ويشهد جنازتهم، ويعود مرضاهم، هذا كله مع
حسن السمت والصورة، والنسب العظيم، قال الله تعالى:
(الله أعلم حيث يجعل رسالته) سورة الأنعام / 124.

مُحَمَّدٌ حَٰنٌ إِلَيْهِ الْأَفئِدَةُ وتقربيه العيون وتأنس به القلوب،
فكلامه نورٌ ومدخله نورٌ ومخرجه نورٌ وعلمه نورٌ، إن
سكت علاه الوقارٌ وإن نطق أخذ بالقلوب والبصائر والأبصار.

إني عشقت محمداً قرشياً حُباً يفوق محبتي أئوبياً
ماذا أحدث عن جمال محمدٍ أرني كمثل الهاشمي ذكياً

وكيف لا أعشق محمداً، فهو الذي كان يجالس الفقراء
والمساكين والعبيد والإماء ويعودهم ويوزورهم ويتفقد حالهم
ويشهد جنازتهم، وكيف لا أعشق محمداً وكلامه بين ظاهرٍ
وفصل بين الحق والباطل، يرضى بما يرضاه القرآن،
ويتأدب بأدابه ويتخلق بأخلاقه ويلتزم أوامره، وكيف لا
أعشق محمداً وهو أكثر الناس حياةً وأدباً مع ربه ولا يقول
في حالة الرضا والغضب إلا الحق قطعاً، لعصمته، فإنه
معصوم لا ينطق إلا بالحق، وكان يعظ الناس أي يخطبهم
بالجد والاجتهاد ويذكرهم بآيات الله ويخوفهم من عقابه،
فكان إذا خطب احمرت عيناه وعلا صوته واشتد غضبه حتى
كانه منذر جيش أي قوم يصنحهم عدوهم، وكان إذا سُرَّ
استنار وجهه من السرور بداراً أي قمرًا كاملاً، وكيف لا
أعشق محمداً وهو:

حين يرحم فهو أشفق راحم أو جاد كان الأجود العربي
وإلى هرقل أتى رسول محمد برسالة دوت هناك دوي
فانظر وأخبرني بأي شجاعة بعث الرسول إلى هرقل أخي
ومحمدي قد مات
لكن لم يزل في قبره في أرض طابئة حياً

أحبابنا الكرام، إنَّ حُبنا وعشقتنا لمحمدٍ صلى الله عليه وسلم
يدفعنا في كل زمان ومكان إلى الالتزام بالشرع الحنيف وهو
القائل في حديثه الشريف: **”كل عمل ليس عليه أمرنا فهو
رد“** أي مردود. فالأعمال لا تقبل إلا أن توافق الشريعة

وموافقة الشرع وعدم موافقته لا يعرف إلا بالعلم، والعلم
لا يؤخذ إلا من أفواه العلماء، ولا تكفي مطالعة الكتب بغير
تلق من أفواه العلماء بل كثير من الناس الذين يصلون
سببه أنهم لا يتلقون علم الدين من أفواه العلماء بل
يعتمدون على المطالعة في مؤلفات العلماء فكيف الذي
يطالع في الكتب التي حشيت بالأحاديث المكذوبة والأخبار
المعلولة والغلو المذموم والكدب على الدين والتجسيم
والتشبيه أي تشبيهه الله بخلقه والعباد بالله تعالى.

ومن أشهر هذه الكتب المدسوسة الكتاب المسمى مولد
العروس الذي قيل فيه إن الله قبض قبضة من نور وجهه
فقال لها كوني محمداً فكانت محمداً، وفي هذه العبارة
نسبة الجزئية لله تعالى وهو تبارك وتعالى منزّه عن
الجزئية والاحلال. قال تعالى: **(لَمْ يَلِدْ وَلَمْ يُولَدْ)**
الإخلاص / 3 .

فهو لا يقبل التعدد والكثرة ولا التجزء والانقسام والله منزّه
عن ذلك لا يشبه شيئاً من خلقه ولا يشبهه شيء من
خلقه: **(ليس كمثله شيء وهو السميع البصير)**
الشورى / 11. وحكم من يعتقد أن محمداً أو غيره جزء
من الله أنه ليس بمسلم عند الله.

وهذا الكتاب المسمى مولد العروس ليس من تأليف ابن
الجوزي لأن ابن الجوزي من كبار علماء أهل السنة
والجماعة عقيدته أن الله ليس جسماً كثيفاً يجس باليد
كالشجر والحجر والبشر وليس جسماً لطيفاً لا يجس باليد
حتى يضبط كالأصوع والظلام والريح ولا يوصف بصفات
الأجسام كالحركة والسكون.

في هذه الأيام يحتفل المسلمون بذكرى مولد سيد العالمين
وخاتم الأنبياء والمرسلين سيدنا محمد صلى الله عليه
وسلم الذي أتانا بشرع عظيم بين فيه الحلال والحرام، بين
فيه الواجب والمنذور والمكروه والباطل والصحيح،
فطوبى لمن تعلم دين الله وطبق على نفسه وعلم والديه
وزوجته وأولاده وأحبابه وجيرانه ممن يسمعون النصح،
أليس الله تعالى يقول: **(قل هل يستوي الذين يعلمون
والذين لا يعلمون) الزمر / 9.**

فواظبوا على حضور مجالس علم الدين والزموا أحكام
دين الله تعالى تكونوا حقيقة ممن يتبعون الرسول النبي
الأمي الاتباع الصحيح الكامل، أما مجرد حفظ الأناشيد
وتوزيع الحلوى والأطعمة ونشر الزينة هنا وهناك من
غير أداء الواجبات واجتناب المحرمات فهذا لا يرضاه
رسول الله صلى الله عليه وسلم إنما الذي يحبه رسول الله
صلى الله عليه وسلم لنا أن نؤدي الواجبات ونجتنب
المحرمات التي نهى الله عنها، وإظهار هذه الشعائر مجرداً
عن أداء الواجبات واجتناب المحرمات لا يُعني، بل لا بد
من أداء الواجبات واجتناب المحرمات، فليستنا نقر الطائفة
الوهابية التي تحرم على المسلمين الاحتفال بمولد النبي
صلى الله عليه وسلم ومع ذلك لا نقر أولئك المطرئين
الذين ينشدون ويتربون الناس بأصواتهم ولا يؤدون
الواجبات ويجتنبون المحرمات فاتباع النبي صلى الله عليه
وسلم يكون بأداء الواجبات واجتناب المحرمات.



الأحاديث الأسبوعية

Hadiths of the Week

قال رسول الله صلى الله عليه وسلم:
 "مِنْ حُسْنِ إِسْلَامِ الْمَرْءِ تَرْكُهُ مَا لَا يَعْنِيهِ" رواه الترمذي

A way for the person to excel in Islam is **not to interfere** in the matters which do not **concern** one.

T3
wk7

T3
WK8

قال رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: "أَلَا يَدْخُلُ الْجَنَّةَ عَائِقٌ" رواه البخاري

Which means:
 "The one who immensely harms his parents will not be amongst the first people who enter Paradise"

قال رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
 اغْتَنِمِ شَبَابَكَ قَبْلَ هَرَمِكَ

رواه الإمام أحمد

T3
WK9

"Make the most of **your youth** before you become **old**"

T3
WK10

قال رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: "مَنْ صَبَتَ نَجًا" رواه الترمذي

Which means:

Silence leads to safety

Online Learning - Science Week in Kindergarten

Week six was the time Kindergarten celebrated 'National Science Week' as part of their online learning.

Our lovely Kindergarten students put on their safety glasses, gloves, and lab coats and got to work. Our little scientists got very inventive and began experimenting at home.

Some made butter, some made crystals, and some put different chemicals together and made exploding volcanoes. We were amazed and entertained by our little scientists' fascinating explorations.

Well done Kindergarten, we are so proud of you!

Miss Sanli, Miss Sabbagh and Mrs Hawat



الصف التمهيدي وحل وظيفة التمارين

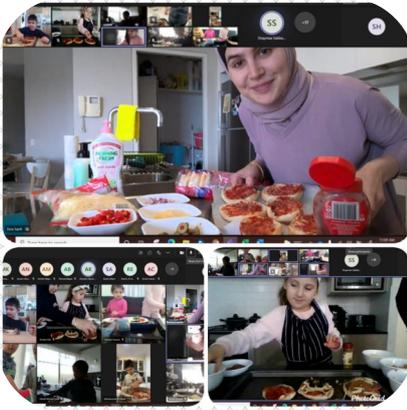


Online Learning - Kindergarten Chefs

On Thursday 2 September, our amazing little kindergarten chefs made some delicious pizzas.

KE, KS and KH all demonstrated an excellent ability to follow step by step directions, use maths ordinal language, ask questions, and share lots of laughter and ideas.

A big *thankyou* to Miss Sanli for being an awesome chef and helping us.



Online Primary School Assembly Years Three - Six

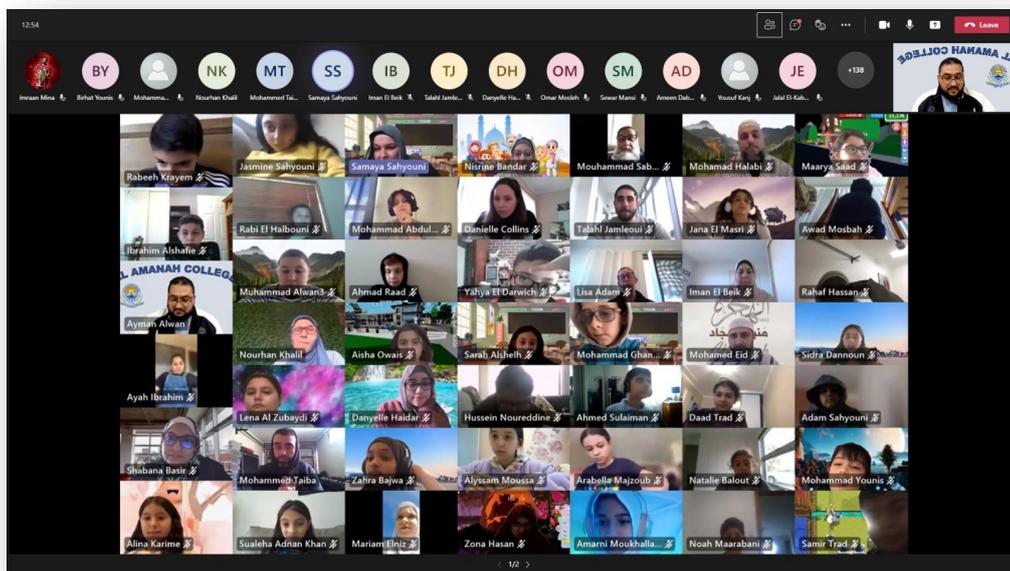
With students continuing with their Online Learning for the remainder of the term, primary school students were ecstatic when they were invited to the first online primary school assembly held on Microsoft Teams. With many students attending from Years Three - Six, it was a fantastic way for students to see their teachers live, including the Principal, Mr Alwan, and Primary Coordinator, Ms Sahyouni who organised the live event.

Sheikh Mohamad Halabi provided advice to students whilst as are completing their online learning activities and teachers presented students with their digital awards. It was great to see all students watching from home and we can not wait to see students online each week.

Student assembly times will follow each week:

K - Two Online Assembly: Tuesday 1:00pm - 1:30pm

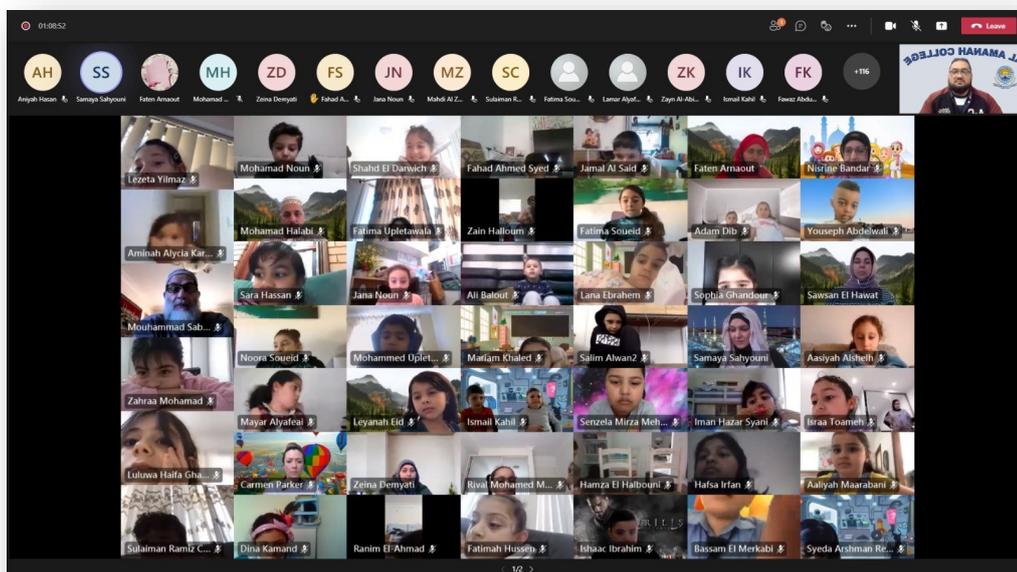
Three - Six Online Assembly: Thursday 1:00pm - 1:30pm



Online Primary School Assembly Years Kindy - Two

On Tuesday 31 August, K - Two students attended their first online primary school assembly on Microsoft Teams.

With many students attending from Years K - Two, it was a fantastic way for the students to see their English and Arabic teachers live, including the Primary School Coordinator; Ms Sahyouni who organised the live event.



Primary School Well-Being Sessions

Let's talk Well-Being!

With many of us spending a lot of time at home and behind screens, our well-being can be compromised. The effects of isolation can make us feel stressed, overwhelmed, and anxious. Therefore, it is important now more than ever to develop strategies to help tackle the challenges we face. Positive well-being can come from having good relationships, experiencing a sense of accomplishment, and taking part in healthy activities.

A big thank you to Mr Taiba who has been scheduling well-being sessions online for students across all grades. Mr Taiba showcases different exercises students can do at home to keep moving as well as explain how students can look after themselves during online learning. These sessions have had a strong response from students and is evident from the big smiles on their faces. The students were full of excitement and cannot wait for their next session!

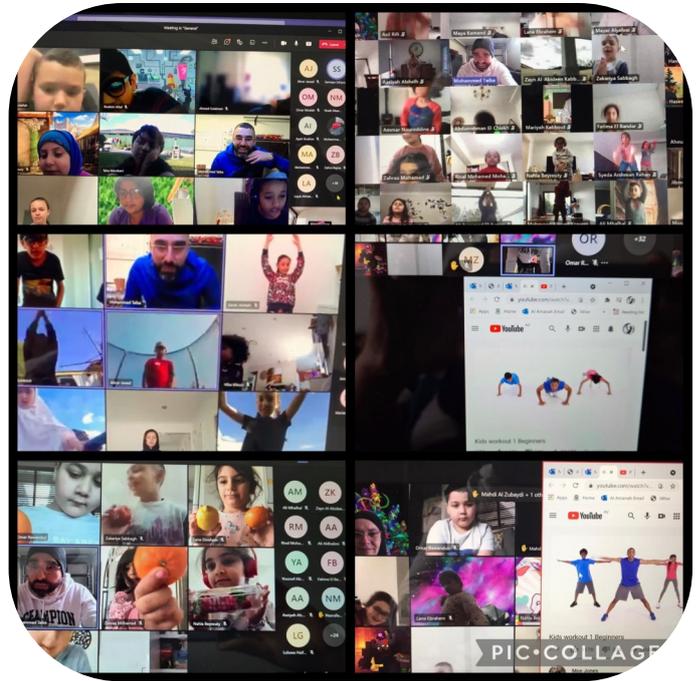
Listed down below are the many activities that you can do at home to help improve your physical, mental, and emotional well-being.

Indoor activities

- Hide and Seek
- Cooking: making healthy snacks together
- Reading
- Do a puzzle: challenge your mind with sudoku, a crossword or word search (accessible online).

Outdoor activities

- Growing: planting seeds and making notes or taking pictures to keep track of progress
- Science experiments (for example: making slime, sink or float game, making a lava lamp, etc.)
- Art projects (for example, making a nature collage, splatter painting, making a silhouette canvas, etc)
- Exercise (for example: walks, bike rides, ball games, etc.)



Online Learning - Book Week in Year One

Year One have had a lot of fun during Online Learning this term, and they read many interesting books. Some students were inspired by the book we read in our Guided Reading session and made banana pancakes at home. They looked scrumptious and appetizing!

In science, we have been learning about vibrations. The Year One students experimented with vibrations at home by making their own musical instruments.

Well done to Year One for your hard work this term!

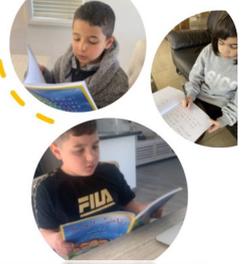


طلاب الصف الثانى واللغة العربية



بسم الله الرحمن الرحيم
والصلاة والسلام على من لا نبي بعده

حضرة الأهل الكرام
عساكن خير
هذه بعض الصور للصف الثانى.
والله الحمد قد تم تعلم اللغة العربية عبر التعلم عن
بناجح وكانوا يتفاعلون بفرح وشوق للدراسة كما وتمكنوا بنف
الله من قراءة المرس وتركيب الجمل المقيدة وغير ذلك كما و
اشكركم على جهودكم ومساعدتكم لهم سائلين الله عز وجل أ
يحفظنا ويغفب عنا البلاء.
ولكم جزيل الشكر وبارك الله فيكم وجزاكم الله خيرا.

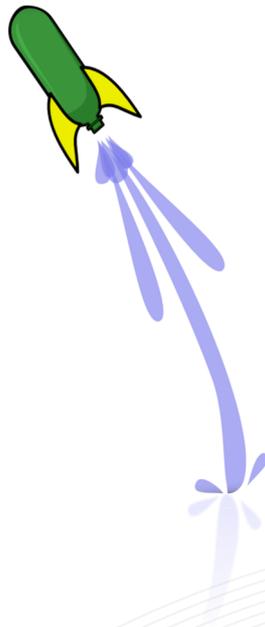


بسم الله الرحمن الرحيم
والصلاة والسلام على من لا نبي بعده

Online Learning - Science in Year Two

This term Year Two have been learning about different forces and how they allow objects to move in science. They enjoyed an exciting hands-on activity where they had to make their own parachutes at home and test them from different heights. The students were able to see how the force of air works against the parachute and how the drag effect slows the drop.

Great work Year Two! We loved seeing your amazing designs!



Year Four Virtual Picnic!

What an amazing way to begin the last week of the term! Year Four students came together from their backyard on Teams to have a virtual picnic.

Remote learning can be challenging, therefore, the motive behind this was to incite everyone's wellbeing and encourage our students to socialise with their friends and at the same time to minimise screen time. Students were encouraged to add some healthy options to their plate for recess.

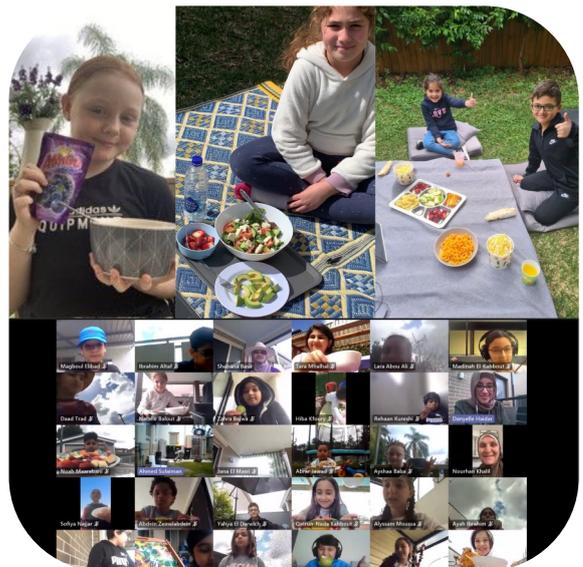
A strong welcome to the picnic idea was developed among students, parents, and teachers. The Year Four students participated enthusiastically and were excited to see and talk to their friends. It was an enjoyable time spent together as a grade. A few minutes into our picnic, it started to drizzle, but our students were adamant and continued to enjoy the picnic.

This event nurtured a common thread among our students as they felt that they were doing their part by staying home, completing work, and enjoying what they are doing. They understood that there is solidarity in communicating and taking care of each other. I was relieved to hear that overall, they felt calm and excited in sharing the same experience.

It was lovely to see many happy and excited faces. Looking forward to seeing everyone at school. To all the Year Four students, we would like to say, "You've made our day". Stay positive and stay connected.

Year Four Teachers

Mrs Khalil, Mrs Basir and Ms Haidar



Year Eleven SRC Speeches - Online

During weeks six and seven of term three, Year Eleven SRC candidates were given the opportunity to present their speeches as part of the 2022 Senior Leadership Team selection process. This year due to the lockdown the event was held virtually via Microsoft Teams for the first time in the presence of the school Principal, Mr Alwan, and all secondary school teachers and students. The event was a huge success despite being held online, it was good to see the students and teachers smiling faces and sharing positivity online through the screen.

The secondary school students and teachers were all supportive of the speakers, and complimented them throughout. All candidates expressed their passion and dedication to the school and what it would mean to them to become a part of the senior leadership team, they presented powerful and inspirational speeches which impressed the virtual crowd. They also drew upon their own personal experiences at Al Amanah College and expressed their gratitude towards the school.

We would like to thank the secondary school SRC coordinators Miss Zahra Al-Amiri and Miss Jessica Ech for their efforts in organising the speeches. We wish the Year Eleven candidates the best of luck and congratulate them on their commendable speech efforts!



Secondary School Girls assembly - Term Three Week Nine

On 7 September, Al Amanah College held an awards assembly for the secondary school girls to commend the students on their achievements. The College Principal Mr Ayman Alwan introduced the assembly and thanked the staff and students for their commendable efforts during online teaching and learning and congratulated them for their achievements. Sheikh Amr Alshelh delivered a short and insightful religion lesson reminding students of the value of our beloved religion Islam. Secondary School Co-Ordinator Mrs Lubaba Dabboussi then introduced the secondary teacher teachers to hand out awards, beginning with Mrs Chaza Al-Kasem who awarded students with certificates for their achievements in the science competition. Congratulations to the following students:

- First Place: Mouaad Djemana
- Second Place: Maysa El-Masri
- Third Place: Aseel Kanj

Class teachers then awarded the high school students with merit awards in their subject areas for efforts in class.

It was good to see the secondary school with its students celebrating and supporting the girls in their success. Congratulations to all the award winners, and thank you to all the teachers who helped organise the assembly, and made sure student efforts were rewarded.



Secondary School Boys Assembly - Term Three Week Nine



On 8 September, Al Amanah College held an awards assembly for the secondary school boys to commend the students on their achievements. The College Principal, Mr Alwan, introduced the assembly and thanked the staff and students for their commendable efforts during online teaching and learning and congratulated them for their achievements. Sheikh Samer Alshafie delivered a short and insightful religion lesson reminding students of the value of our beloved religion; Islam. Secondary School Co-ordinator, Mrs Dabboussi, then introduced the secondary teacher teachers to hand out awards beginning with Mrs Al-Kasem, who award students for their achievements in the Science competition. Congratulations to Mouaad Djemana from Y 8M2 who came first!

Class teachers then awarded the high school students with merit awards in their subject areas for efforts in class.

It was good to see the secondary school with its students celebrating and supporting the boys in their success.

Congratulations to all the award winners, and *thankyou* to all the teachers who helped organise the assembly, and made sure student efforts were rewarded.



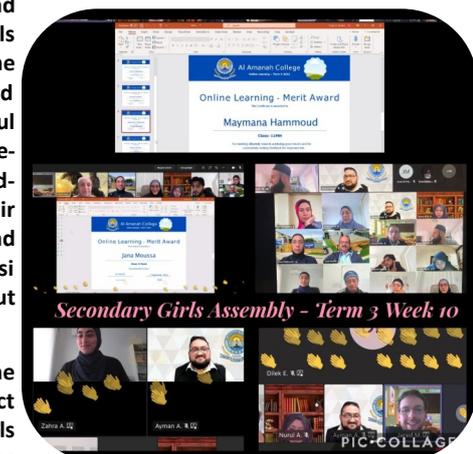
Secondary School Girls Assembly - Term Three Week Ten



On 14 September, Al Amanah College held the second awards assembly this term for the secondary school girls to commend the students on their achievements. The secondary Co-ordinator, Mrs Dabboussi, introduced Sheikh Amr Alshelhi; who delivered a short and insightful religion lesson reminding students of the value of our beloved religion Islam. The Principal, Mr Alwan, then addressed the staff and students and thanked them for their perseverance and success during online teaching and learning. Secondary school Co-Ordinator Mrs Dabboussi then introduced the secondary teachers to hand out awards and congratulated students on their efforts.

Class teachers from all subject areas then awarded the high school students with merit awards in their subject areas for efforts in class. It was good to see so many girls receiving awards and showing dedication to their studies during this difficult online learning period!

Once again, the secondary school showed its ongoing support with its students celebrating and supporting the girls in their success. Congratulations to all the award winners, and *thankyou* to all the teachers who helped organise the assembly, and made sure student efforts were recognised.

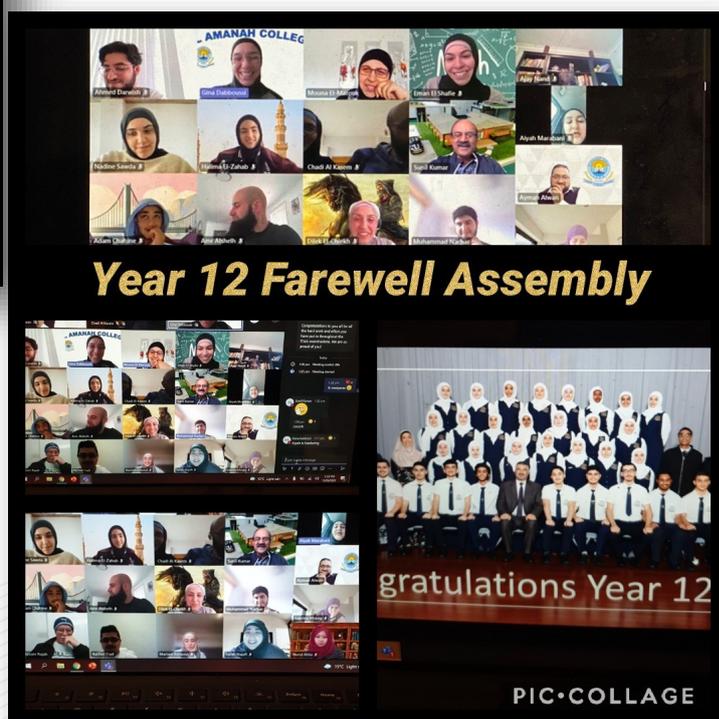


Year Twelve Farewell Assembly

On Monday 13 September, Al Amanah Secondary College held an informal online assembly for our Year Twelve 2021 cohort to congratulate them on their achievements and success during their senior studies. Although it was difficult not being able to celebrate with the students in person, our pride in their perseverance and success was expressed. Al Amanah Principal, Mr Alwan, congratulated all Year Twelve students on their outstanding efforts throughout the year, and left them with words of encouragement for the remainder of their HSC journey. The Year Twelve teachers also expressed their support for the students and their happiness in being a part of their journey at Al Amanah College, as well as the students who reciprocated their gratitude with heartfelt words towards the teachers at Al Amanah.

The 2021 Year Twelve cohort have demonstrated immense perseverance and dedication during this difficult pandemic and we are all proud of them for not allowing the online learning period disrupt their hard work. They have consistently shown leadership and academic excellence as the senior students of Al Amanah College.

We look forward to the easing of restrictions in future so that we can hopefully celebrate the Year Twelve 2021 graduation ceremony in person, and wish all the Year Twelve students good luck and success in their HSC exams.

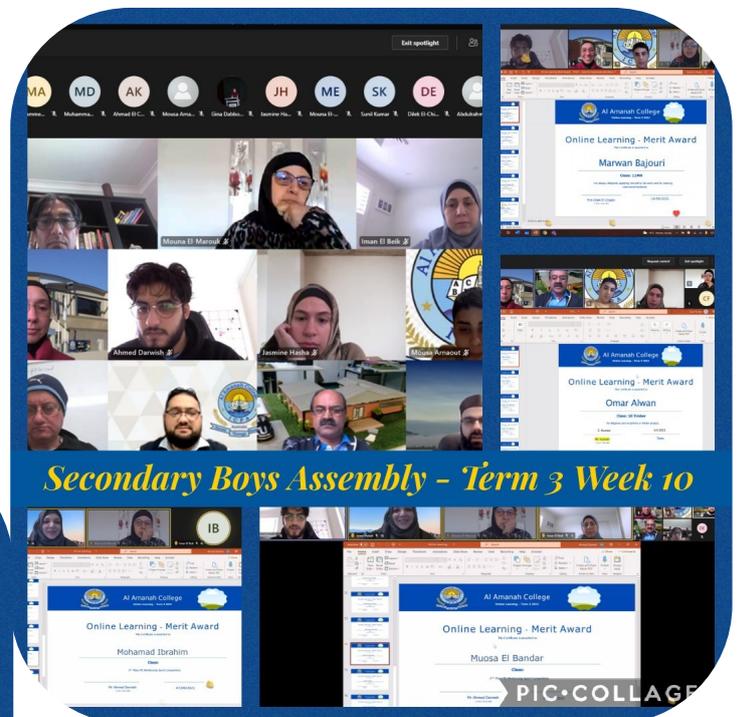


Secondary School Boys Assembly – Term 3 Week 10

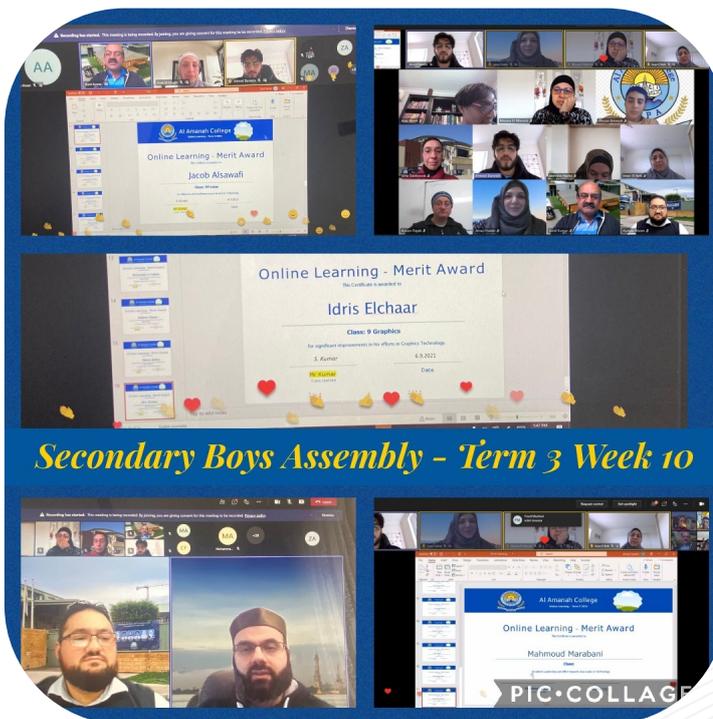
On 15 September, Al Amanah College held the second awards assembly this term for the secondary school boys to commend the students on their achievements. Principal, Mr Alwan, introduced Sheikh Samer Al Shafie; who delivered a short and insightful religion lesson reminding students of the value of our beloved religion Islam. Mr Ayman Alwan then addressed the staff and students and thanked them for their perseverance and success during online teaching and learning. Secondary school Co-ordinator, Mrs Dabboussi, then introduced the secondary teachers to hand out awards and congratulated students on their efforts.

Class teachers from all subject areas then awarded the high school students with merit awards in their subject areas for efforts in class. It was good to see so many boys receiving awards and showing dedication to their studies during this difficult online learning period!

Once again, the secondary school showed its ongoing support with its students celebrating and supporting the boys in their success. Congratulations to all the award winners, and thank you to all the teachers who helped organise the assembly, and made sure student efforts were recognised.



Secondary Boys Assembly - Term 3 Week 10



Secondary Boys Assembly - Term 3 Week 10



Backyard Tips for Parents

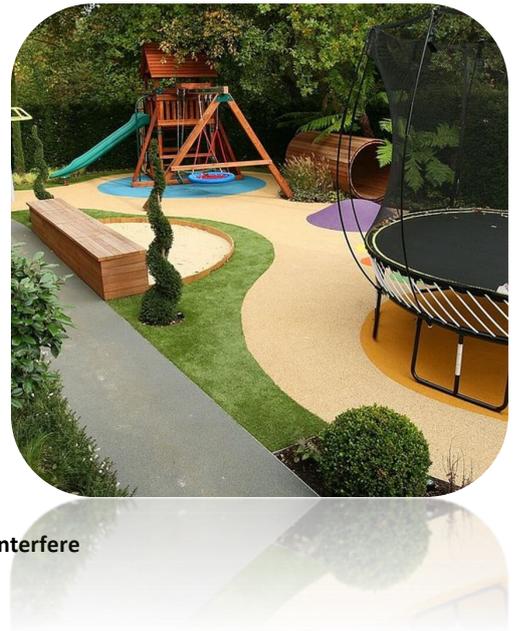
Children love to play and the backyard, courtyard or local park are great places to learn, explore, make up games and have fun. Backyard games can be inventive and encourage sustained concentration and application by kids.

Backyard games do not have to be complicated or expensive - a bit of chalk, a ball or a skipping rope can all get a game underway. Playing in the backyard also allows children to be noisy and messy, physically challenge themselves and move in ways that are not possible indoors.

Encouraging your kids to play is an important way you can support their health, coordination, self confidence and happiness.

Try these popular games

- Hide and seek
- Skipping
- Hopscotch
- Throwing and catching games, like knocking down a target
- Chasing games, like tag and stuck in the mud
- Racquet games against a wall
- French cricket or backyard cricket
- Running and jumping



Tips for backyard games

- Check your backyard, courtyard or park and remove or block off unsafe areas
- Let your children explore and make up their own activities and rules - try not to interfere
- It is more fun if your child has a 'friend or two' (or you) to play with
- Focus on what your child can do, not what they can not
- Make active play fun and positive
- Be patient and provide plenty of time for your children to practise movements
- Be active with your children - have fun and be a role model

Staying safe

- Slip, Slop Slap, Seek, Slide - make sure your child wears sunscreen, sun glasses, clothing and a hat to protect him/her from the sun. Play in the shade when you can.
- Being active means children will need extra fluids, especially if it is hot and humid. Make sure they have regular drinks of water while they are playing.

Liverpool Campus

55 Speed St
Liverpool NSW 2170
P +61298228022
F +61298228011

Bankstown Campus

2 Winspear Avenue
Bankstown NSW 2200
P +61297081220
F +61297829134

- facebook.com/AIAmanah.College
- @AIAmanahCollege or @AIAmanahCollege
- admin@alamanah.nsw.edu.au
- www.alamanah.nsw.edu.au



COVID-19 VACCINATION



LET'S DO THIS

Know the facts! COVID-19 vaccines

What is the Delta variant?

The current outbreak in NSW is due to the Delta variant of the COVID-19 virus.

The Delta variant is estimated to spread more than twice as easily as the original virus, which puts your family and friends at greater risk if you are infected. The Delta variant can also cause more severe illness:

- The risk of needing hospital care for people infected with the Delta variant is around double that of those infected with the Alpha variant.
- Compared to other variants, people infected with the Delta variant are more likely to be admitted to hospital, including to intensive care.

What COVID-19 vaccines are available?

Three vaccines are currently approved for use in Australia: the Pfizer (Comirnaty) vaccine and the AstraZeneca (Vaxzevria) vaccine are available now. The Moderna (Spikevax) vaccine will be available soon.

Do COVID-19 vaccines actually work?

Yes! Australia can rely on evidence from around the world showing that vaccines are very effective against COVID-19, including the highly contagious Delta variant.

Two doses of a vaccine:

- Reduces the chance you will be infected with COVID-19 by around 60% - 80%.
- Gives you around 90% protection against hospital admission or death from COVID-19 if you are infected.
- Significantly reduces the overall spread of COVID-19 to others.

COVID-19 is very dangerous and spreads quickly. Even if you don't have symptoms or get sick, you can still pass the virus on to others. Vaccination will protect you and help reduce the spread. Getting vaccinated also helps to protect your family, your friends and your community.

Have COVID-19 vaccines been developed too quickly to be safe?

No! COVID-19 vaccines are built on decades of research, with scientists from around the world working together to ensure no scientific testing or approval steps were skipped.

All the vaccines available in Australia have been approved for use by the Therapeutic Goods Administration (TGA). The TGA checks vaccines for safety, quality, and effectiveness.

I'm young and healthy, do I still need to get vaccinated?

Yes! Over half of those with COVID-19 in NSW are under 40. Many young people have been admitted to hospital and even intensive care because of COVID-19. You should get vaccinated to protect yourself, your family and friends.

COVID-19 spreads easily, and the Delta variant spreads more than twice as easily as the original virus. It can also cause more severe illness in those that get it. Vaccination will help protect you and those you love.

➤ **Book your COVID-19 vaccination today at nsw.gov.au**

© NSW Ministry of Health 6 September 2021

Should I get vaccinated even though I could still catch or spread COVID-19?

Yes! COVID-19 can cause severe disease and death at any age but is particularly risky for older people and those with existing health conditions. Two doses of a COVID-19 vaccine gives you around 90% protection against hospital admission and death from COVID-19 if you are infected. It also helps reduce spread to others.

Severe COVID-19 can lead to a person needing care in hospital, and for some, intensive care is needed. If lots of people need hospital care at the same time it could put a lot of pressure on hospitals and the health system. Vaccination helps to limit the number of people with severe disease who need hospital care, helping to keep hospitals open for those who need them for other reasons.

Are there dangerous ingredients in COVID-19 vaccines?

No! The TGA considers the safety, quality and effectiveness of every component in a vaccine before it is registered for use in Australia. Components in the available COVID-19 vaccines are listed on the Australian Register of Therapeutic Goods. The components vary depending on the type of vaccine but may include:

- a piece of genetic code (mRNA), or
- a very small dose of a weakened virus and a piece of genetic code (DNA), or
- a protein component of the virus
- a substance to boost the immune response (an adjuvant)
- a small amount of preservative
- sterile saltwater (saline) for injections.

None of the COVID-19 vaccines approved in Australia:

- contain egg or animal products
- can affect or interact with your DNA in any way
- contain anything that can track you
- are unsuitable for people based on religious or faith requirements.

Does the risk of a serious side effect mean I shouldn't get vaccinated?

No! All the COVID-19 vaccines approved in Australia have good safety profiles and millions of doses have been given safely, protecting people from COVID-19.

All medicines have possible side effects, but the chance of a severe side effect from a COVID-19 vaccine is extremely low. Compared to the risks of getting COVID-19, the benefits of the vaccines are clear.

The protective benefits of vaccination against COVID-19 far outweigh the potential risks. It is recommended that people 12 years and over get any COVID-19 vaccine available to them as soon as possible. The Pfizer and Moderna vaccines are approved for those aged 12-17 years old, and all three vaccines are available for people aged 18+.

Can I get a COVID-19 vaccine if I am pregnant, breastfeeding, or trying to get pregnant?

Yes! You can get vaccinated if you're pregnant, breastfeeding or trying for a baby. There is no scientific evidence to suggest COVID-19 vaccines affect fertility. If you are pregnant, you should get vaccinated now.

Pregnant women are particularly vulnerable to COVID-19. Vaccination reduces the risk of severe disease and helps to keep you and your unborn baby protected. The vaccine cannot give you or your baby COVID-19.

Will I need to get a 'booster' shot?

Maybe. Studies are underway to better understand how long the vaccines will provide protection against COVID-19, as well as how well they protect against new variants of the virus. This evidence will help to inform whether a booster (or third dose) will be needed to maintain the best possible protection against COVID-19.

How do I book?

Book now online - www.nsw.gov.au

Call to book: 1800 57 11 55 / Telephone Interpreter Service (TIS): 131 450